

BUCS TRAMPOLINE REGULATIONS

PUBLISHED | 6 DECEMBER 2019 (UPDATED 16 DECEMBER 2019)



TRM i The BUCS Trampoline Championships shall be conducted in accordance with the following BUCS sport specific regulations, the BUCS general regulations, and the British Gymnastics Code of Points (Technical rules shall be according to the British Gymnastics Code of Points (2017-2020) and difficulty values, except where modified by these rules. Tie-break rules for all disciplines shall be per the British Gymnastics Code of Points). Further event specific requirements, rules, and regulations will be contained within the entry and pre-event information for each Championship.

TRM ii In the event that these regulations contradict the BUCS general regulations, these BUCS sport specific regulations will supersede, unless specifically stated otherwise.

TRM iii In the event that these regulations contradict those of the British Gymnastics Code of Points, these BUCS sport specific regulations will supersede, unless specifically stated otherwise.

TRM 1 Championships BUCS will host annually a Trampoline and Double Mini Trampoline Championships. The programme shall include the events listed in Appendix 1 ('BUCS Competition Offer and Associated BUCS Points'), subject to entry numbers. The events are split under 'Trampoline' (Which is made up of Individual Team and Synchronised categories) and 'Double Mini-Trampoline' (which is comprised of only Individual categories). All competition specific event information will be available in the event entry information and pre-event information.

TRM 2 Disputes at events In line with REG 7.7, should a dispute not covered by TRM 3.13 occur at an event, the event appeal panel for Trampoline and Double Mini Trampoline shall comprise of a BUCS staff member and members of the Event Management Group.

Trampoline

TRM 3 Individual Trampoline

TRM 3.1 All Individual Trampoline levels will comprise a qualification round and a final round for each level.

TRM 3.2 There shall be nine levels of individual competition, with male and female categories for each:

TRM 3.2.1 Disability

TRM 3.2.2 Development Levels 1 – 5

TRM 3.2.3 Performance Levels 1 – 2

TRM 3.2.4 FIG Level

TRM 3.3 Competitors in Development levels may choose which compulsory routine they wish to perform from the options listed. Competitors in Performance and FIG levels may perform a first routine of their own construction, which must satisfy the specified requirements. Disability routine requirements are per the published BUCS Structure.

TRM 3.4 Within Development and Performance levels, if a competitor is found, within their routines, to be meeting the requirements of the next level above or exceeds maximum difficulty values of their current level, an automatic disqualification shall be issued, without the right to an appeal. Any competitor/pair/team/entry may also be disqualified if BUCS forms the reasonable opinion that the gymnast(s) has/have demonstrated an ability to compete at a higher level in any way.

TRM 3.4.1 Competitors must comply with the entry matrices in the event Entry Information. For categories with crossover between multiple categories in other structures, reference should be made to the highest difficulty attempted in competition and the difficulty levels of the corresponding categories.

TRM 3.5 There shall be a no penalty if a competitor fails to meet the minimum requirements (including difficulty) within their second/final routine, but they will be ineligible to medal or earn BUCS Points ('DNQ' – Did Not Qualify). At Development levels, deviation from the required first routines will be deemed an interruption. At Performance and FIG levels, failure to meet the requirements (including difficulty) of the first routine shall result in a 2.0 penalty per occurrence from the difficulty judges.

TRM 3.6 The top eight ranked competitors in each level (or less, if there are fewer than eight) from the qualification round shall qualify to the final round. The final round applies to all categories and will consist of one routine. The final round routine shall be of any construction within the second routine requirements for each level.

TRM 3.6.1 There shall be no 'reserve' places in the final round.

TRM 3.7 Applications to upgrade/downgrade to a different level need to be submitted in writing to BUCS no later than the entry closing date. Please ensure that each competitor has been entered at the appropriate level at the time of submission.

TRM 3.8 Each competitor shall perform a first routine and a second routine in the qualification round. Each routine must fulfil the criteria of the respective level.

TRM 3.9 Prior to the start of each group, each performer must submit their competition card to the appropriate judging panel. This applies to competitors in all levels.

TRM 3.9.1 All competition cards should be presented in British Gymnastics/FIG notation only.

TRM 3.10 Each institution/Playing Entity shall supply appropriately qualified coaches. Coaches are required to sign all competition cards for their competitors and indicate their level of coaching qualification.

TRM 3.11 All competitors are required to present themselves in the correct competition attire, which follows the British Gymnastics Code of Points, unless otherwise modified below:

TRM 3.11.1 Disability and Development Level 5: As per the current British Gymnastics Code of Points. Alternatively, at these levels only, gymnasts may wear a T-shirt (tucked in) and shorts.

TRM 3.11.2 Development Levels 4 – 1, Performance Levels, and FIG Level: As per the current British Gymnastics Code of Points.

TRM 3.11.3 Only competition attire will be allowed on the trampoline, including during warm-up.

TRM 3.11.4 Competitors must wear foot-coverings according to the Code of Points.

TRM 3.11.5 Performers are not permitted to wear ANY body piercings or other jewellery whilst warming up or competing. If a piercing or jewellery item cannot be removed, it must be sufficiently taped. It is at the absolute discretion of the Chairs of Judges and competition organisers to disqualify any competitor who is not deemed to be safe by virtue of piercings or jewellery, whether taped or not.

TRM 3.11.6 Dark coloured trampoline trousers are not permitted. The wearing of dark coloured trousers may result in disqualification.

TRM 3.11.7 Competitors in all male and female categories may wear gymnastics shorts of any variety (per the British Gymnastics Code of Points).

TRM 3.11.8 Underwear should not be visible.

TRM 3.11.8.1 In the event that it is not possible to adequately cover underwear (in compliance with TRM 3.11.8), a dress penalty shall not be applied if the visible underwear does not create a large contrast with the colour of the leotard.

TRM 3.11.9 Bandages or support pieces must not create a large contrast with the skin colour.

TRM 3.11.10 Competitors who do not adhere to regulations TRM 3.11.1 – TRM 3.11.9 may be disqualified at the discretion of the organisers/Chair of Judges.

TRM 3.12 Safety policies

TRM 3.12.1 The Chair of Judges and competition organisers may ask a competitor to remove an element from a routine which, in the opinion of the Chair or organisers, is deemed to be unsafe. Failure to comply will lead to 'Did Not Start (DNS)' being applied for that routine.

TRM 3.12.4 Coaches or other performers are not permitted to stand on the side or on the trampoline to support a performer with a skill during warm up.

TRM 3.13 Superior Jury

TRM 3.13.1 There shall be a Superior Jury, comprised of at least two of: the BUCS Event Lead, the BUCS Trampoline and Double Mini Trampoline Chair, and a senior judge representative.

TRM 3.13.2 Appeals or inquiries should be taken to the Chair of Judges in the first instance. Further appeals may be made to the Superior Jury only once the Chair of Judges has made a decision. Appeals must be made, in a polite manner, before the end of the respective flight to which the appeal relates, and in any event, as soon as possible.

TRM 3.13.3 Appeals may only be made in respect of the difficulty score, time of flight/synchronisation score, penalties, or other decisions made by the Chair of Judges. No inquiries may be made in respect of execution or horizontal displacement scores.

TRM 3.13.4 The Superior Jury shall not overrule the decision of the Chair of Judges if it does not have sufficient evidence and/or information to come to an informed decision.

TRM 3.13.5 The decision of the Superior Jury shall be final.

TRM 3.14 Order of performance

TRM 3.14.1 Qualification Round – The order of performance shall be drawn at random and published in advance of the competition.

TRM 3.14.2 Final Round – Competitors shall compete in reverse order (e.g. the person sitting in eighth place competing first).

TRM 3.15 Time of Flight (ToF) and Horizontal Displacement (HD)

TRM 3.15.1 If for any reason there is a breakdown of the electronic timing system, the ToF and HD scores will be determined through an analysis of the official video. In the event of failure of the backup system, a re-jump may be allowed. In this instance the ToF and or HD *only* will be judged. The original scores for the first attempt will be retained, regardless of the number of skills present. The score(s) obtained in the re-jump will only be attributed to the number of skills performed in the original first attempt of that routine.

TRM 3.16 DNQ

TRM 3.16.1 In the event that a competitor receives a DNQ (ineligible to medal or earn BUCS Points as per TRM 3.5) for failing to meet the requirements in their second routine, they are still eligible for qualification to the final round but will not be eligible to medal or, where applicable, earn BUCS Points.

TRM 3.16.2 In the event that a competitor receives a DNQ in the final round, they will not be eligible to medal or, where applicable, earn BUCS Points.

TRM 3.16.3 In the event of one or more competitors receiving a DNQ, these competitors shall not receive a ranking in the final round; the rankings will adjust for qualifying competitors accordingly. By way of example, if a competitor with the highest round score receives a DNQ in one or more of their routines from either round, the competitor sitting in second place (without a DNQ) would receive a first place ranking, the gold medal and, where applicable, the relevant BUCS Points.

TRM 3.17 Team categories

TRM 3.17.1 There shall be separate Men's and Women's Team categories. In each category the three highest total scores from the qualification round (first routine plus second

routine) by competitors from the same institution/Playing Entity, from all individual categories, will be added together to produce an overall team score.

TRM 3.17.2 Only one team per institution/Playing Entity per gender will be counted. By entering into the individual categories, competitors are automatically eligible to count for the team categories. I.e. Entry to the team categories is automatic for each institution/Playing Entity subject to them having enough individual competitors as per TRM 3.17.1.

TRM 3.17.3 Team positions will be calculated by scores derived from the qualification round only.

TRM 3.17.4 British Gymnastics Code of Points team dress requirements are not applicable to this event.

TRM 4 Synchronised Trampoline

TRM 4.1 There shall be three levels of mixed-gender competition:

- Synchronised Level 3: Pairs of competitors in Development Levels 3 – 5 and Disability.
- Synchronised Level 2: Pairs of competitors in Development Levels 1 – 2.
- Synchronised Level 1: Pairs of competitors in FIG and Performance Levels.

TRM 4.2 The qualification round will consist of two routines. The first routine must be a first routine as per the Individual Trampoline structure. The second routine must be a second routine as per the Individual Trampoline structure, and shall include difficulty.

TRM 4.2.1 In Synchronised Level 1, first routine difficulty in FIG Level and Performance Level 1 shall not be awarded, but the requirements for each level must be satisfied.

TRM 4.2.2 Difficulty shall only be awarded in the second routine for all levels.

TRM 4.3 A synchronised pair consists of two gymnasts.

TRM 4.4 A gymnast may only compete in one synchronised pairing.

TRM 4.5 Pairs may be made up of competitors of mixed levels and genders within the level ranges specified for each level.

TRM 4.5.1 Pairs must compete the routines (or requirements) of the level of the lowest competing member of the pair. For example, in Synchronised Level 1, a pair of a FIG Level competitor and a Performance Level 2 competitor must perform Performance Level 2 routines.

TRM 4.5.2 If a routine other than those possible under TRM 4.5.1 is performed, the routine will be deemed invalid or interrupted, or the appropriate penalty applied per TRM 3.5. If a routine higher than that of the level of the lower competitor is performed, the pair will be disqualified and the appropriateness of the lower competitor's entry into the individual levels will be assessed (if applicable).

TRM 4.6 Attire for competitors must adhere to the rules set for the individual levels and must be matching for same-gender pairs. Failure to adhere to this rule shall result in a 0.2 penalty.

TRM 4.7 Prior to the start of each flight, each pair must submit their competition card to the appropriate judging panel per the requirements of TRM 3.9.

TRM 4.8 The relevant applicable rules for the individual levels, including TRM 3.12 and TRM 3.13, shall apply to the synchronised categories.

TRM 4.9 The DNQ rules for Individual Trampoline shall not apply to Synchronised Trampoline.

Double Mini-Trampoline (DMT)

TRM 5 Individual DMT

TRM 5.1 There shall be five levels of individual competition, with male and female categories for each:

- Development Levels 1 – 3
- Performance Level

- FIG Level

TRM 5.2 Competitors in Development levels must perform the compulsory passes specified. Competitors in Performance Level must perform the compulsory passes specified in the qualifying round. Competitors in FIG Level, and the final round of Performance Level, may perform passes of the gymnast's own construction within the level requirements.

TRM 5.3 At Performance Level, if a competitor is found to be meeting the requirements of the level above within their passes, BUCS has the right to issue an automatic disqualification without the right to an appeal. BUCS may also disqualify any competitor from any level if it forms the reasonable opinion that the gymnast has demonstrated an ability to compete at a higher level in any way.

TRM 5.4 For optional rounds at Performance and FIG levels, there shall be a no penalty if a competitor fails to meet the minimum difficulty within their round, but they will be ineligible to medal or earn BUCS Points ('DNQ' – Did Not Qualify). At Development and Performance levels, deviation from compulsory passes will be deemed an interruption.

TRM 5.5 The top eight ranked competitors in each group (or less if there are fewer than eight) from the qualification round shall qualify to the final round.

TRM 5.5.1 There shall be no 'reserve' places in the final round.

TRM 5.6 Applications to upgrade/downgrade to a different level need to be submitted in writing to BUCS no later than the entry closing date. Please ensure that each competitor has been entered at the appropriate level at the time of submission.

TRM 5.7 Prior to the start of each group, each performer must submit their competition card to the appropriate judging panel. This applies to competitors in all levels.

TRM 5.7.1 All competition cards should be presented in British Gymnastics/FIG notation only.

TRM 5.8 Each institution/Playing Entity shall supply appropriately qualified coaches. Coaches are required to sign all competition cards for their competitors and indicate their level of coaching qualification.

TRM 5.9 All competitors are required to present themselves in the correct competition attire, which follows British Gymnastics Code of Points, unless otherwise modified below:

TRM 5.9.1 Development Level 3: As per the current British Gymnastics Code of Points. Alternatively, at this level only, gymnasts may wear a T-shirt (tucked in) and shorts.

TRM 5.9.2 Development Levels 2 – 1, Performance Level, and FIG Level: As per the current British Gymnastics Code of Points.

TRM 5.9.3 Only competition attire will be allowed on the apparatus, including during warm-up.

TRM 5.9.4 Competitors must wear foot-coverings according to the Code of Points.

TRM 5.9.5 Performers are not permitted to wear ANY body piercings or other jewellery whilst warming up or competing. If a piercing or jewellery item cannot be removed, it must be sufficiently taped. It is at the absolute discretion of the Chairs of Judges and competition organisers to disqualify any competitor who is not deemed to be safe by virtue of piercings or jewellery, whether taped or not.

TRM 5.9.6 Underwear should not be visible.

TRM 5.9.6.1 In the event that it is not possible to adequately cover underwear (in compliance with TRM 5.9.6), a dress penalty shall not be applied if the visible underwear does not create a large contrast with the colour of the leotard.

TRM 5.9.7 Bandages or support pieces must not create a large contrast with the skin colour.

TRM 5.9.8 Competitors who do not adhere to regulations TRM 5.9.1 – TRM 5.9.7 may be disqualified at the discretion of the organisers/Chair of Judges.

TRM 5.10 Safety policies

TRM 5.10.1 The Chair of Judges and competition organisers may ask a competitor to remove an element from a pass which, in the opinion of the Chair or organisers, is deemed to be unsafe. Failure to comply will lead to 'Did Not Start (DNS)' being applied for that pass.

TRM 5.10.2 Coaches or other performers are not permitted to stand on the side or on the apparatus to support a performer with a skill during warm up.

TRM 5.11 Superior Jury TRM 3.13 shall apply.

TRM 5.12 Order of performance

TRM 5.12.1 Qualification Round – The order of performance shall be drawn at random and published in advance of the competition.

TRM 5.12.2 Final Round – Competitors shall compete in reverse order (e.g. the person sitting in eighth place competing first).

TRM 5.13 DNQ

TRM 5.13.1 In the event that a competitor receives a DNQ (ineligible to medal or earn BUCS Points as per TRM 5.4) for failing to meet the requirements (including difficulty) in an optional qualification round, they are still eligible for qualification to the final round but will not be eligible to medal or, where applicable, earn BUCS Points.

TRM 5.13.2 In the event that a competitor receives a DNQ in an optional final round, they will not be eligible to medal or, where applicable, earn BUCS Points.

TRM 5.13.3 In the event of one or more competitors receiving a DNQ, these competitors shall not receive a ranking in the final round; the rankings will adjust for qualifying competitors accordingly. By way of example, if a competitor with the highest round score receives a DNQ in one or more of their routines from either round, the competitor sitting in second place (without a DNQ) would receive a first place ranking, the gold medal and, where applicable, the relevant BUCS Points.