

# BUCS ULTIMATE REGULATIONS

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**ULT i** The BUCS Ultimate Championships shall be conducted in accordance with the following BUCS sport specific regulations, the BUCS general regulations, and the WFDF (World Flying Disc Federation) Rules of Ultimate in the case of the Outdoor Championships or the UKU (UK Ultimate) Indoor Rules of Ultimate in the case of the Indoor Championships. Further event specific requirements, rules, and regulations will be contained within the entry and pre-event information for each Championship.

**ULT i.i** For both the Indoor and Outdoor Championships, the UKU Transgender Policy shall be followed.

**ULT i.ii** UKU may impose tournament specific variations (e.g. field dimensions, game lengths, number of time-outs) for practical purposes. These will be contained within the entry and pre-event information for each Championship.

**ULT ii** In the event that these regulations contradict the BUCS general regulations, these BUCS sport specific regulations will supersede, unless specifically stated otherwise.

**ULT iii** In the event that these regulations contradict those of the WFDF (World Flying Disc Federation) Rules of Ultimate in the case of the Outdoor Championships or the UKU (UK Ultimate) Indoor Rules of Ultimate in the case of the Indoor Championships, these BUCS sport specific regulations will supersede, unless specifically stated otherwise.

**ULT 1 Championships** BUCS will host annually the following Championships:

**ULT 1.1 Indoor Championships** The programme shall include the events listed in Appendix 1 ('BUCS Competition Offer and Associated BUCS Points'), subject to entry numbers.

**ULT 1.2 Outdoor Championships** The programme shall include leagues and knockout competitions as per BUCS general regulations, Appendix 1 ('BUCS Competition Offer and Associated BUCS Points') and Appendix 10 ('BUCS Promotion, Relegation and Knockout Information').

**ULT 2 Disputes at events** In line with REG 7.7, should a dispute occur at an event, the event appeal panel for Ultimate shall comprise of the Tournament Director and/or a BUCS Staff Member.

**ULT 3 Memberships** UKU Memberships are required by all competitors. Players competing in the Outdoor Championships leagues and Shield knockout competition (rounds prior to the National Finals) and the Indoor Championships Regional Rounds require "Basic" membership. Players competing at the Indoor/Outdoor National Finals events will require "Full" membership. Memberships must be obtained by the deadline stated in the BUCS Sport Specific Affiliations Document. Failure to obtain membership by the required deadline will result in sanctions being imposed as outlined in the BUCS Sport Specific Affiliations Document and the possibility of further disciplinary action.

**ULT 4 Squad sizes** The maximum squad sizes shall be 15 players for Indoor Championship fixtures and 21 players for Outdoor Championship fixtures.

**ULT 5 Minimum number of players for a fixture to start** The minimum number of players per team required for a fixture to start will be as per the WFDF (World Flying Disc Federation) Rules of Ultimate.

**ULT 6 Outdoor Championships leagues and Shield knockout competition (rounds prior to the National Finals) specific regulations**

**ULT 6.1** The entire surface of the playing field must be either grass or artificial grass (3G or 4G) and should comply with WFDF (World Flying Disc Federation) requirements. Any alterations to playing facilities (size, markings, runoff space etc.) must be agreed with UKU.

**ULT 6.2** Ultimate is a self-refereed sport and as such requires no match official. To time games captains are expected to agree on a device to time games which should be placed in a position so that all players can view or access it. If captains agree, a non-playing individual can time the game, indicating game start, and the start of the soft cap.

**ULT 6.3 Pitch bookings** Home teams should provide a pitch booking for two hours per match, allowing for a 15 minute warm up on pitch, 70 minutes of normal game time and 35 minutes for the soft cap.

**ULT 6.3.1** For central venue fixtures where multiple matches are played one after another the pitch booking can be reduced to 100 mins per match.

**ULT 6.4** The game shall be played as a first to 15 points match. After 70 minutes of play the timekeeper will indicate the start of a one point soft cap. If after the next goal:

**ULT 6.4.1** One team has scored 15 points, then that team wins.

**ULT 6.4.2** The scores are level, then a sudden death point is played.

**ULT 6.4.3** One team is ahead, then the target number of goals that need to be scored to win the game is reduced to the leading team's current score plus one.

**ULT 7 Women playing in Men's teams** Female athletes are eligible to play in either a Women's or Men's team. However, once a female player selects to play in a specific gender competition they must remain in that competition for the remainder of the season. Indoor and Outdoor competitions are treated independently for the application of this regulation. E.g. a female athlete may compete in a Women's Indoor team, and a Men's Outdoor team.

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