

## **SPEEDO AND BUCS SHORT COURSE SWIMMING CHAMPIONSHIPS** 2019

## PROVISIONAL PROGRAMME OF EVENTS

FRIDAY			
6:00PM	SESSION 1		
HDW/HEATS	NORTH POOL (MENS) 101 Mixed 4x50 Medley Relay 103 Men 4x50m Freestyle Relay [Final Sat PM] 105 Men 1500m Freestyle [HDW] 106 Mixed 4x50 Medley Relay Final	SOUTH POOL (WOMENS) 102 Women 4x50m Freestyle Relay [Final Sat PM] 104 Women 1500m Freestyle [HDW]	
SATURDAY			
9:00AM	SESSION 2		
HEATS	NORTH POOL (MENS) Fastest 3 Heats 202 Men 200m Freestyle 204 Men 50m Backstroke 206 Men 50m Breaststroke 208 Men 100m Butterfly Remaining Heats 202 Men 200m Freestyle 204 Men 50m Backstroke 206 Men 50m Breaststroke 208 Men 50m Breaststroke	SOUTH POOL (WOMENS) Fastest 3 Heats 201 Women 200m Freestyle 203 Women 50m Backstroke 205 Women 50m Breaststroke 207 Women 100m Butterfly Remaining Heats 201 Women 200m Freestyle 203 Women 50m Backstroke 205 Women 50m Breaststroke 205 Women 50m Breaststroke	
1:30PM TBC	208 Men 100m Butterfly 207 Women 100m Butterfly SESSION 3		
HEATS	NORTH POOL (MENS)         Fastest 3 Heats         302 Men 200m Backstroke         304 Men 50m Freestyle         306 Men 200m Breaststroke         308 Men 400m Individual Medley [HDW]         310 Men 4x50m Medley Relay [Final Sun PM]         312 Men 800m Freestyle [HDW] (2 heats)         Remaining Heats         302 Men 200m Backstroke         304 Men 50m Freestyle         305 Men 200m Backstroke         306 Men 200m Breaststroke         308 Men 400m Individual Medley [HDW]         310 Men 4x50m Medley Relay [Final Sun PM]	SOUTH POOL (WOMENS) Fastest 3 Heats 301 Women 200m Backstroke 303 Women 50m Freestyle 305 Women 200m Breaststroke 307 Women 400m Individual Medley [HDW] 309 Women 4x50m Medley Relay [Final Sun PM] 311 Women 800m Freestyle [HDW] (2 heats) Remaining Heats 301 Women 200m Backstroke 303 Women 50m Freestyle 305 Women 200m Breaststroke 307 Women 400m Individual Medley [HDW] 309 Women 4x50m Medley Relay [Final Sun PM]	
6:00PM	SESSION 4		
FINALS	<ul> <li>401 Women 200m Freestyle</li> <li>402 Men 200m Freestyle</li> <li>403 Women 50m Backstroke B Final</li> <li>404 Women 50m Backstroke A Final</li> <li>405 Men 50m Backstroke B Final</li> <li>406 Men 50m Backstroke A Final</li> <li>407 Women 50m Breaststroke B Final</li> <li>408 Women 50m Breaststroke A Final</li> <li>409 Men 50m Breaststroke B Final</li> <li>410 Men 50m Breaststroke A Final</li> <li>411 Women 100m Butterfly</li> </ul>		





	412 Men 100m Butterfly 413 Women 200m Backstroke 414 Men 200m Backstroke 415 Women 50m Freestyle B Final 416 Women 50m Freestyle A Final 417 Men 50m Freestyle B Final 418 Men 50m Freestyle A Final 419 Women 200m Breaststroke 420 Men 200m Breaststroke 421 Women 4x50m Freestyle Relay B Final 422 Women 4x50m Freestyle Relay A Final 423 Men 4x50m Freestyle Relay B Final 424 Men 4x50m Freestyle Relay A Final 424 Men 4x50m Freestyle Relay A Final	
9:00AM	SESSION 5	
	NORTH POOL (MENS) Fastest 3 Heats	SOUTH POOL (WOMENS) Fastest 3 Heats
HEATS	502 Men 200m Butterfly 504 Men 100m Freestyle 506 Men 100m Breaststroke 508 Men 200m Individual Medley 510 Men 50m Butterfly 512 Men 100m Backstroke 514 Men 400m Freestyle [HDW] <b>Remaining Heats</b> 502 Men 200m Butterfly 504 Men 100m Freestyle 506 Men 100m Breaststroke 508 Men 200m Individual Medley 510 Men 50m Butterfly 512 Men 100m Backstroke 514 Men 400m Freestyle [HDW]	501 Women 200m Butterfly 503 Women 100m Freestyle 505 Women 100m Breaststroke 507 Women 200m Individual Medley 509 Women 50m Butterfly 511 Women 100m Backstroke 513 Women 400m Freestyle [HDW] <b>Remaining Heats</b> 501 Women 200m Butterfly 503 Women 100m Breaststroke 507 Women 200m Individual Medley 509 Women 50m Butterfly 511 Women 100m Backstroke 513 Women 400m Freestyle [HDW]
2:00PM TBC	SESSION 6	
FINALS	601 Women 200m Butterfly 602 Men 200m Butterfly 603 Women 100m Freestyle 604 Men 100m Freestyle 605 Women 100m Breaststroke 606 Men 100m Breaststroke 607 Women 200m Individual Medley 608 Men 200m Individual Medley 609 Women 50m Butterfly B Final 610 Women 50m Butterfly A Final 611 Men 50m Butterfly A Final 612 Men 50m Butterfly A Final 613 Women 100m Backstroke 614 Men 100m Backstroke 615 Women 4x50m Medley Relay B Final 616 Women 4x50m Medley Relay B Final 617 Men 4x50m Medley Relay B Final 618 Men 4x50m Medley Relay A Final	

