



BUCS LONG COURSE SWIMMING CHAMPIONSHIPS 2023

**PROGRAMME OF EVENTS**

| FRIDAY                       |  |
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| <b>18:00</b>                 | <b>SESSION 1</b>   |
| <b>HDW/HEATS/<br/>FINALS</b> | 101 Women 4x100 Freestyle Relay [Final Sat PM]<br>102 Men 4x100 Freestyle Relay [Final Sat PM]<br>103 Women 1500m Freestyle [HDW]<br>104 Men 1500m Freestyle [HDW]<br>105 Mixed 4x100 Medley Relay [HDW]   |
| SATURDAY                     |  |
| <b>09:00</b>                 | <b>SESSION 2</b>   |
| <b>HEATS</b>                 | 201 Women 200m Freestyle (Fastest 3 heats)<br>202 Men 200m Freestyle (Fastest 3 heats)<br>203 Women 50m Backstroke (Fastest 3 heats)<br>204 Men 50m Backstroke (Fastest 3 heats)<br>205 Women 50m Breaststroke (Fastest 3 heats)<br>206 Men 50m Breaststroke (Fastest 3 heats)<br>207 Women 100m Butterfly (Fastest 3 heats)<br>208 Men 100m Butterfly (Fastest 3 heats)<br>209 Women 400m Individual Medley [HDW] (All heats)<br>210 Men 400m Individual Medley [HDW] (All heats)<br>211 Women 800m Freestyle [HDW]<br>212 Men 800m Freestyle [HDW]<br><br>201 Women 200m Freestyle (Remaining heats)<br>202 Men 200m Freestyle (Remaining heats)<br>203 Women 50m Backstroke (Remaining heats)<br>204 Men 50m Backstroke (Remaining heats)<br>205 Women 50m Breaststroke (Remaining heats)<br>206 Men 50m Breaststroke (Remaining heats)<br>207 Women 100m Butterfly (Remaining heats)<br>208 Men 100m Butterfly (Remaining heats) |
| <b>14:00 TBC</b>             | <b>SESSION 3</b>   |
| <b>HEATS</b>                 | 301 Women 200m Backstroke (Fastest 3 heats)<br>302 Men 200m Backstroke (Fastest 3 heats)<br>303 Women 50m Freestyle (Fastest 3 heats)<br>304 Men 50m Freestyle (Fastest 3 heats)<br>305 Women 200m Breaststroke (Fastest 3 heats)<br>306 Men 200m Breaststroke (Fastest 3 heats)<br>307 Women 4x100m Medley Relay [Final Sun PM] (Fastest 3 heats)<br>308 Men 4x100m Medley Relay [Final Sun PM] (Fastest 3 heats)<br><br>301 Women 200m Backstroke (Remaining heats)<br>302 Men 200m Backstroke (Remaining heats)<br>303 Women 50m Freestyle (Remaining heats)<br>304 Men 50m Freestyle (Remaining heats)<br>305 Women 200m Breaststroke (Remaining heats)<br>306 Men 200m Breaststroke (Remaining heats)<br>307 Women 4x100m Medley Relay [Final Sun PM] (Remaining heats)<br>308 Men 4x100m Medley Relay [Final Sun PM] (Remaining heats)   |



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| <b>18:00 TBC</b> | <b>SESSION 4</b> |
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|  | <p>401 Women 50m Backstroke B Final<br/>           402 Women 50m Backstroke A Final<br/>           403 Men 50m Backstroke B Final<br/>           404 Men 50m Backstroke A Final<br/>           405 Women 200m Freestyle B Final<br/>           406 Women 200m Freestyle A Final<br/>           407 Men 200m Freestyle B Final<br/>           408 Men 200m Freestyle A Final<br/>           409 Women 50m Breaststroke B Final<br/>           410 Women 50m Breaststroke A Final<br/>           411 Men 50m Breaststroke B Final<br/>           412 Men 50m Breaststroke A Final<br/>           413 Women 100m Butterfly B Final<br/>           414 Women 100m Butterfly A Final<br/>           415 Men 100m Butterfly B Final<br/>           416 Men 100m Butterfly A Final<br/>           417 Women 200m Backstroke Final<br/>           418 Men 200m Backstroke Final<br/>           419 Women 50m Freestyle B Final<br/>           420 Women 50m Freestyle A Final<br/>           421 Men 50m Freestyle B Final<br/>           422 Men 50m Freestyle A Final<br/>           423 Women 200m Breaststroke Final<br/>           424 Men 200m Breaststroke Final<br/>           425 Women 4x100m Freestyle Relay B Final<br/>           426 Women 4x100m Freestyle Relay A Final<br/>           427 Men 4x100m Freestyle Relay B Final<br/>           428 Men 4x100m Freestyle Relay A Final</p> |
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| <b>SUNDAY</b> |
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| <b>09:00</b> | <b>SESSION 5</b> |
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| <b>HEATS/HDW</b> | <p>501 Women 200m Butterfly (Fastest 3 heats)<br/>           502 Men 200m Butterfly (Fastest 3 heats)<br/>           503 Women 100m Freestyle (Fastest 3 heats)<br/>           504 Men 100m Freestyle (Fastest 3 heats)<br/>           505 Women 100m Breaststroke (Fastest 3 heats)<br/>           506 Men 100m Breaststroke (Fastest 3 heats)<br/>           507 Women 200m Individual Medley (Fastest 3 heats)<br/>           508 Men 200m Individual Medley (Fastest 3 heats)<br/>           509 Women 50m Butterfly (Fastest 3 heats)<br/>           510 Men 50m Butterfly (Fastest 3 heats)<br/>           511 Women 100m Backstroke (Fastest 3 heats)<br/>           512 Men 100m Backstroke (Fastest 3 heats)<br/>           513 Women 400m Freestyle [HDW] (All heats)<br/>           514 Men 400m Freestyle [HDW] (All heats)</p> <p>501 Women 200m Butterfly (Remaining heats)<br/>           502 Men 200m Butterfly (Remaining heats)<br/>           503 Women 100m Freestyle (Remaining heats)<br/>           504 Men 100m Freestyle (Remaining heats)<br/>           505 Women 100m Breaststroke (Remaining heats)<br/>           506 Men 100m Breaststroke (Remaining heats)<br/>           507 Women 200m Individual Medley (Remaining heats)<br/>           508 Men 200m Individual Medley (Remaining heats)<br/>           509 Women 50m Butterfly (Remaining heats)<br/>           510 Men 50m Butterfly (Remaining heats)<br/>           511 Women 100m Backstroke (Remaining heats)<br/>           512 Men 100m Backstroke (Remaining heats)</p> |
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**14:30 TBC**

**SESSION 6**

**FINALS**

- 601 Women 200m Butterfly
- 602 Men 200m Butterfly
- 603 Women 100m Freestyle B Final
- 604 Women 100m Freestyle A Final
- 605 Men 100m Freestyle B Final
- 606 Men 100m Freestyle A Final
- 607 Women 100m Breaststroke B Final
- 608 Women 100m Breaststroke A Final
- 609 Men 100m Breaststroke B Final
- 610 Men 100m Breaststroke A Final
- 611 Women 200m Individual Medley B Final
- 612 Women 200m Individual Medley A Final
- 613 Men 200m Individual Medley B Final
- 614 Men 200m Individual Medley A Final
- 615 Women 50m Butterfly B Final
- 616 Women 50m Butterfly A Final
- 617 Men 50m Butterfly B Final
- 618 Men 50m Butterfly A Final
- 619 Women 100m Backstroke B Final
- 620 Women 100m Backstroke A Final
- 621 Men 100m Backstroke B Final
- 622 Men 100m Backstroke A Final
- 623 Women 4x100m Medley Relay B Final
- 624 Women 4x100m Medley Relay A Final
- 625 Men 4x100m Medley Relay B Final
- 626 Men 4x100m Medley Relay A Final