



# BUCS ROAD RACE CHAMPIONSHIPS 2022

Hosted by

Loughborough Cycling Academy  
&  
Loughborough Students Cycling Club

22<sup>nd</sup> May 2022 National B  
Wyndham

09:00 Women's Championship  
13:00 Men's Championship



## WELCOME

Loughborough University is a name synonymous with sport, with an illustrious history for its contribution around the world. This global recognition for exceptional athletes, facilities, coaching, research, enterprise and partnerships was highlighted with the award of 'Best University for Sport in the World' in the 2022 QS Higher Education league tables for the 6<sup>th</sup> year running. It is this sporting heritage and our commitment to ongoing excellence that sets us apart as we continue to strive for success for everyone involved in sports across all levels.

After a gap of 2 years, we look forward to welcoming the UK's best student cyclists for the BUCS road race championships around the exposed and rolling Wymondham circuit. There will be many staff and current student's alike from within the cycling club and beyond, helping to make this day possible, so please do come over for a chat at the HQ, and ask any questions you might have about the university and cycling programmes.

**Dr Dave Nichols**  
**Race Director**  
**Cycling Programme Manager**

## RACE REGULATIONS

The race will be run under the Technical Regulations of British Cycling and the specific regulations set out in the 2022 Handbook.

## SCHEDULE

HQ Opens: 07:30

Women's Championship Start 09:00

Men's Championship Start 13:00

## RACE OFFICIALS

Commissaire 1: Lee Wild

Commissaire 2: Simon Cocker

Events Medical Services

NEG East Midlands

Race Director: Dave Nichols

D.Nichols@Lboro.ac.uk

07876345167



## HQ & PARKING



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HQ is located at Sewstern Village Hall, Main Street, Sewstern, Grantham, NG335RQ



Toilets are available in the HQ. Food / drinks for competitors are not available, you will need to bring anything you need with you.

Parking is only permitted in the designated car park behind the village hall, accessed via a gate to a grass field which will operate under a first-come-first-served basis. Should this become full, there are large grass verges on 'the drift' road heading towards the circuit.

You must **not** park on any of the village roads, as this will block access for local residents, who have been extremely supportive of the event. Anyone found parking on the village roads will be disqualified from the event.

## SIGN-ON & BRIEFING

The HQ will open from 7.30am. Sign-on for the women's race will open from 07:30 and close at 08:30. Sign on for the men's race will open at 10:30 and close at 12.30.

You must present a valid student card and British Cycling race licence showing E123 category licence at sign-on to compete. No 4<sup>th</sup> category, or day licences are permitted for national B road races.

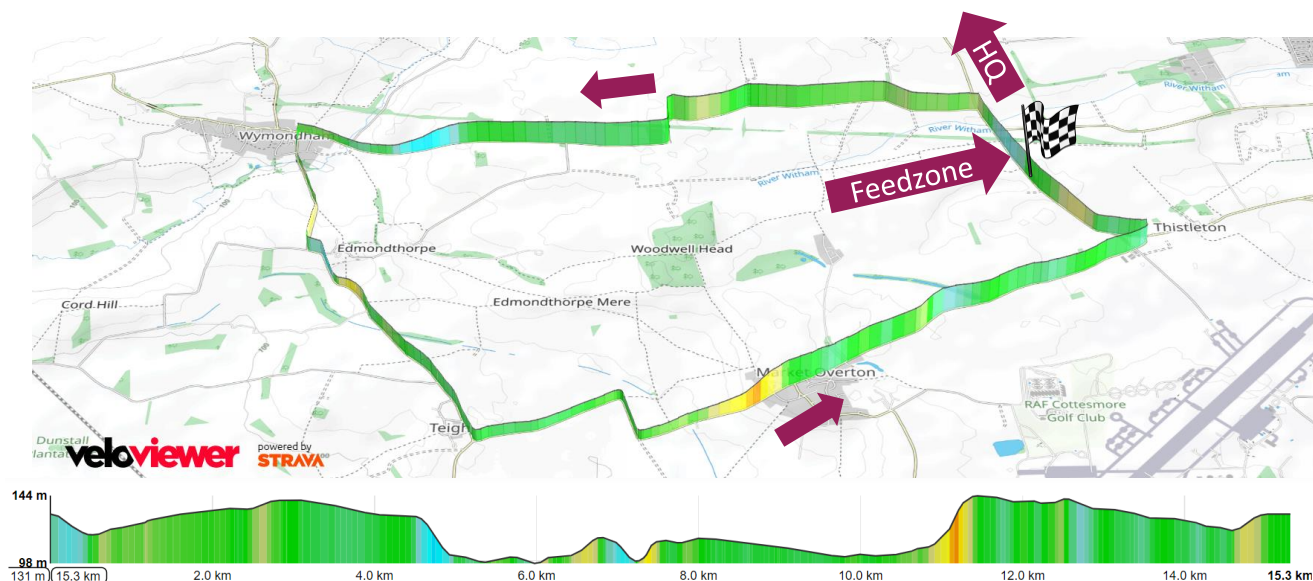
A race briefing will take place at the HQ 10minutes prior to each race (women's 08:50, men's 12:50). The race will be neutralised to the circuit (~3km), and started after the RIGHT hand turn onto the course.





## COURSE

The race takes place on the rolling Wymondham circuit, with exposed sections, and short punchy climbs. The course last hosted the East-midlands regional road race championships in 2019.



Strava link: [strava.com/routes/2945989633512915578](https://strava.com/routes/2945989633512915578)

Women's Championship: 6 Laps / 91.8km

Men's Championship: 8 Laps / 122.4km

## FEEDZONE

The feedzone is located after the finish line with a grass verge for parking. Any riders taking on food must return empty packages to their pockets and not litter the course. Bottles should not be discarded.

## NEUTRAL SERVICE

2 neutral service cars will be provided on the day, equipped with 4 bikes and 4 wheels. If you wish to make use of neutral service please bring additional spares labelled with your race number to the HQ prior to your race.

## PODIUM & PRESENTATION

Podium presentations will follow the conclusion of each race at the event HQ.

BUCS medals will be awarded to the first 3 finishers in each event.

## RESULTS

Provisional results will be available at the HQ following each event and posted to the Loughborough Cycling Academy social channels. Final results will be available via BUCSplay and British Cycling after the event.



# WOMEN'S CHAMPIONSHIP START SHEET

Number	Name	University	Cat
1	Lydia Watts	Aston	2
2	Polly Burge	Birmingham	2
3	Gabriella Homer	Birmingham	1
4	Nicola Greenwood	Birmingham	2
5	Lucy Havard	Cambridge	TBC
6	Corinne Side	Derby	1
7	Olivia French	Durham	2
8	Imogen Chastell	Durham	2
9	Elizabeth Sanders	Exeter	2
10	Amber Harding	Exeter	3
11	Sasha Halsey	Imperial	3
12	Olivia Bent	Loughborough	2
13	Chloe Vickers	Loughborough	2
14	Eva Callinan	Loughborough	2
15	Lauren Higham	Loughborough	2
16	Xan Crees	Loughborough	2
17	Francesca Hall	Loughborough	1
18	Flora Knight	Loughborough	2
19	Beth Morrow	Loughborough	1
20	Róisín Lally	Loughborough	3





## WOMEN'S CHAMPIONSHIP START SHEET

Number	Name	University	Cat
21	Emily Tillett	Loughborough	2
22	Morgan Newberry	Loughborough	2
23	Lucy Hart	Loughborough	3
24	Zoe Langham	Nottingham	3
25	Maisy Vasic	Oxford	3
26	Floren Scrafton	Oxford	3
27	Kaitlyn Dennis	Oxford	3
28	Lucy Gadd	Southampton	1
29	Natasha Reddy	Warwick	2





## MEN'S CHAMPIONSHIP START SHEET

Number	Name	University	Cat
1	Alexander Lane	Aston	TBC
2	Dylan Griffiths	Bath	3
3	Renzo Casale	Bath	3
4	Fergus Phelan	Bath	3
5	Curtis Maltby	Birmingham	3
6	Jamieson Blain	Birmingham	1
7	Tom Price	Birmingham City	2
8	Will Jewitt	Bristol	2
9	Junda Niu	Bristol	3
10	Craig Rogers	Cambridge	2
11	Joe Adlam-Cook	Cambridge	3
12	George Spooner	Cambridge	2
13	George Kimber	Cardiff	1
14	Dan Pearson	Cardiff	1
15	Dexter Mansel-Thomas	Cardiff	2
16	Sam Beckett	Cardiff	1
17	Ben Singer	Chester	2
18	Daniel Goodwin	Chichester	3
19	Tristan Pilling	Derby	3
20	Christopher Lockwood	Durham	2



# MEN'S CHAMPIONSHIP START SHEET

Number	Name	University	Cat
21	Matthew Sutton	Durham	2
22	Marcus Halson	Durham	2
23	Aydin Rezazadeh	Durham	3
24	Oliver Wollaston	East Anglia	3
25	Joshua Backhouse	East Anglia	3
26	Sean Purser	East Anglia	3
27	Charlie Aldridge	Edinburgh	3
28	Louis Moore	Edinburgh	2
29	Sam Shepherd	Exeter	2
30	Adam Lightfoot	Exeter	3
31	Charlie Mactear	Exeter	3
32	Rob Harrison	Falmouth & Exeter	3
33	Patrick Fotheringham	Gloucestershire	2
34	Josh Diesel	Gloucestershire	2
35	Tim Shoreman	Heriot-Watt	1
36	Lucas Rowley	Imperial	2
37	Paul Sandmann	Imperial	3
38	Ralph Hope	Imperial	3
39	Rowan Baker	King's College	2
40	Peter Merritt	Lancaster	2





# MEN'S CHAMPIONSHIP START SHEET

Number	Name	University	Cat
41	Stefan Freeson	Lancaster	3
42	James Wordsworth	Leeds	2
43	Charlie Baker	Leeds	TBC
44	Tom Hartwell	Leeds	2
45	Sam Kettlewell	Leeds Beckett	2
46	Lewis Muncaster	Leicester	3
47	Haydon Davis	Liverpool John Moores	3
48	Alexander Smith	Liverpool John Moores	3
49	Nathan Gray	Liverpool John Moores	TBC
50	Marinus Petersen	Loughborough	1
51	Thomas Briers	Loughborough	2
52	Ben Bright	Loughborough	2
53	Matthew Ellis	Loughborough	2
54	Kieran Riley	Loughborough	2
55	Adam Mitchell	Loughborough	1
56	Oliver Hurdle	Loughborough	2
57	George Pittock	Loughborough	2
58	Ben Dijkstra	Loughborough	3
59	Corrin Leeming	Loughborough	2
60	Joe Shillabeer	Loughborough	2





## MEN'S CHAMPIONSHIP START SHEET

Number	Name	University	Cat
61	Travis Bramley	Loughborough	1
62	Joshua Price	Loughborough	2
63	Joshua Knowles	Loughborough	2
64	James Meakin	Manchester	2
65	Frank Moore	Newcastle	3
66	James Corfield	Newcastle	3
67	Luke Halls	Nottingham	3
68	Max Krasinski	Nottingham	2
69	Euan Backus	Oxford Brookes	2
70	Ben Williams	Oxford Brookes	2
71	Inigo Hawkings	Reading	2
72	Tom Quinlan	Reading	3
73	Jake Gillett	Southampton	3
74	Gabe dellar	Southampton	3
75	Oliver Winwood Bratchell	Swansea	2
76	William Harding	Swansea	2
77	Edward Morgan	Swansea	1
78	Olly Wise	Warwick	2





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## LOUGHBOROUGH CYCLING FESTIVAL

Join us on Saturday 4<sup>th</sup> June for a spectacular day of criterium racing around the world-famous Loughborough University campus.

The day will host a 3/4 support race, a round of the national youth U14 and U16 circuit series, the women's Jose Gilbert memorial cup (E123), and a men's elite race (E123).



Entries via British Cycling:

[britishcycling.org.uk/events/details/262658/Loughborough-Cycling-Festival-incorporating-National-Youth-Series](https://britishcycling.org.uk/events/details/262658/Loughborough-Cycling-Festival-incorporating-National-Youth-Series)

Rider and spectator information can be found on the event website:

[lboro.ac.uk/sport/sports/cycling/loughborough-cycling-festival/](https://lboro.ac.uk/sport/sports/cycling/loughborough-cycling-festival/)

If you are interested in volunteering at the event, please sign up here:

[lboro.ac.uk/sport/sports/cycling/loughborough-cycling-festival/lcf-volunteers/](https://lboro.ac.uk/sport/sports/cycling/loughborough-cycling-festival/lcf-volunteers/)





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## LOUGHBOROUGH CYCLING ACADEMY

Loughborough Cycling Academy (LCA) is the performance cycling programme at Loughborough University. We offer a leading cycling programme specifically catering to the complex needs of student-athletes at undergraduate, post-graduate and PhD level, allowing them to combine the demands of elite racing and training while completing a prestigious degree. There are also opportunities for students studying at Loughborough College on accredited courses to join the academy. We believe that elite cycling and education should not be a choice.

Our performance support encompasses an interdisciplinary team providing individualised coaching, S&C, nutrition, physiology testing and sport science support in our laboratory, physiotherapy, bike fitting and aerodynamics, and performance lifestyle. Our support is provided under one-roof as one team, and aligned to the specific needs of each rider, while providing significant academic flexibility to match the training and racing demands around their studies.

[lboro.ac.uk/sport/sports/cycling/cycling-academy/](http://lboro.ac.uk/sport/sports/cycling/cycling-academy/)

## PROGRAMME MANAGER

Dr Dave Nichols has previously raced at international level, and has enjoyed success as a coach within the WorldTour. He has a PhD in environmental exercise physiology, specialising in the use of heat and altitude to enhance cycling performance.

E: [D.Nichols@Lboro.ac.uk](mailto:D.Nichols@Lboro.ac.uk)

## SCHOLARSHIPS

For our most exceptional performance cyclists, we offer sport scholarships in addition to the academy support to help with the costs of training and competition.

## LOUGHBOROUGH LIGHTNING

Loughborough Lightning is the performance women's road cycling team of Loughborough University. Our 8-rider strong roster enjoys the un-paralleled performance support available through our academy and compete as a UK Elite Development Team. We have comprehensive race day support, and our calendar includes the national road and circuit series, tour series, and international racing opportunities.

[lboro.ac.uk/sport/performance/lightning/Cycling](http://lboro.ac.uk/sport/performance/lightning/Cycling)

## PROSPECTIVE STUDENTS

We welcome prospective students at undergraduate, post-graduate, or PhD level, across a range of cycling disciplines. If you are interested in studying at Loughborough and want more information around our courses and academic requirements, speak to our staff at the event.






For the latest news from our academy, follow us on social channels

## LOUGHBOROUGH CYCLING ACADEMY

-  /lborocycling
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-  Loughborough University Cycling

## LOUGHBOROUGH LIGHTNING

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-  /lightning\_cycling
-  /LightningCycle