FIG COP 2022-2024 (CYCLE 15) - FLOOR (SECTION 13) - BG WTC July 2021

CONTENT OF THE EXERCISE

Maximum 8 highest difficulties including dismount are counted for DV
This consists of - Minimum 3 Dance, Minimum 3 Acro, and 2 optional elements
Maximum number of acro lines is 4. No dismount will be credited If only 1 acro line
If no dismount count only 7 elements for DV - 0.50 deduction D Panel from Final Score
Any acro element performed after last counting acro line will not be counted for DV
Acro line is min 2 directly connected flight elements one of which must be a salto
Failure to land feet first from a salto will still be considered an acro line

Short exercise D Panel deduction from Final Score

7 elements or more - 0.00 ded / 5-6 els - 4.00 ded / 3-4 els - 6.00 ded / 1-2 els - 8.00 ded / No els - 10.00 ded Duration of exercise may not exceed 90 seconds Overtime deduction - 0.10 (taken at 91 seconds or more)

13.1 BORDER MARKINGS - D PANEL (notification from Line Judge)		
- Land or step outside with 1 foot/hand (part of foot/hand)	0.10 fro	om FS
- Land or step outside with 2 feet/hands (part of feet/hands) or body part	0.30 from FS	
13.3 COMPOSITION REQUIREMENTS (CR) - D PANEL 2.00		
1. Dance passage 2 different leaps or hops (from Code), connected directly or indirectly (with running steps, small leaps, hops,	award	0.50
chassé, chainé turns), 1 with 180° split (cross/side) or straddle position		
2. Salto with LA turn (minimum 360°)	award	0.50
3. Salto with double BA	award	0.50
4. Salto backward & salto forward (no aerials) in same or different acro line	award	0.50
NOTE: CR 2, 3 and 4 must be performed within acro lines		

13.4	CONNECTION VALUE (CV) - D PANEL	Formulas for indirect and direct connections (Acro elements without hand support only)				
	INDIRECT ACRO					
	0.10	0.20				
	B/C + D	C+E / D+D				
	A + A + D	A + A + E				
	DIRECT ACRO					
	A + D	A + E				
	C + C	C + D				
	MIXED					
	D salto + B (dance)	oth must be performed in this order only				
	E salto + A (dance)	Both must be perjormed in this order only				
	CONNECTION of TURNS on ONE LEG					
	D + B Note: Turns may be performed with step into turn on opposite leg (demi-plié is not permitted					

7.4.3 Bonus of 0.20 awarded for DMT with D value and higher (must be performed without a fall)

13.5	ARTISTRY AND COMPOSITION DEDUCTIONS - E PANEL	0.10	0.30	0.50
Artis	stry of Performance			
-	Insufficient artistry of performance throughout the entire exercise			
	Poor body posture (head, shoulders, trunk)	X		
	Insufficient amplitude (maximum elongation of the movements)	X		
	Poor foot work (feet not pointed/relaxed/turned in)	X		
	Insufficient involvement of the body parts	X		
	Poor expressive engagement according to the style of the music	X	X	
-	Performance of entire exercise as a series of disconnected elements & movements (lack of fluency)	X		
Com	position			
•	Insufficient complexity or creativity of movements (a complex and creative movement is one that requires training time, co-ordination and previous preparation)			
	Throughout the routine	X		
	Poor choreography in the corners/lack of variety	Χ		
	Missing a movement touching the floor (including minimum trunk, or thigh, or knee or head)	Х		
Vlus	ic & Musicality			
	Editing of music (eg. no opening, ending or accents)			
	No structure to the music	Х		
	Musicality			
	 Lack of synchronisation between movement and musical beat at the end of the exercise 	Х		
	• Background music (exercise connected to music partly or only at the beginning and end of exercise)	X	X	
L3.6	SPECIFIC APPARATUS DEDUCTIONS - E PANEL			
	Excessive preparation			
	Adjustment (steps without choreography)	ea X		
	Excessive arm swing before dance elements	ea X		
	Pause (apply at 2 seconds)	ea X		
	Distribution of elements			
	Exercise starts immediately with an acro line/acro element	Х		
	Subsequent acro line performed after previous line along the same diagonal without choreography in	ea X		
	between (long acro line allowed)			
	More than 1 subsequent acro line	ea X		
	Exercise ends with acro element (no choreography after last acro)	Х		