

BUCS LONG COURSE RECORDS

CHAMPIONSHIP RECORDS - MEN

FREESTYLE

50	Benjamin Proud	St Mark & St John	2016	21.73
100	Benjamin Proud	St Mark & St John	2016	49.10
200	Thomas Dean	Bath	2019	1:47.38
400	Daniel Wiffin	Loughborough	2025	3:49.35
800	Daniel Wiffin	Loughborough	2024	7:43.03
1500	Daniel Wiffin	Loughborough	2024	14:42.05

BACKSTROKE

50	Conor Ferguson	Loughborough	2024	24.72
100	Oliver Morgan	Birmingham	2025	52.71
200	Oliver Morgan	Birmingham	2025	1:57.38

BREASTSTROKE

50	Archie Goodburn	Edinburgh	2026	27.12
100	James Wilby	Loughborough	2019	59.42
200	James Wilby	Loughborough	2019	2:09.71

BUTTERFLY

50	Benjamin Proud	St Mark & St John	2015	23.63
100	Edward Mildred	Manchester Met	2026	52.13
200	Cameron Brodie	Stirling	2015	1:57.93

INDIVIDUAL MEDLEY

200	Thomas Dean	Bath	2019	2:00.25
400	Max Litchfield	Sheffield Hallam	2017	4:17.44

RELAYS

4 x 100 Freestyle		Loughborough	2026	3:18.71
4 x 100 Medley		Loughborough	2024	3:37.51

CHAMPIONSHIP RECORDS - WOMEN

FREESTYLE

50	Catherine DeLoof	Loughborough	2023	24.74
	Komelia Fiedkiewicz	Loughborough	2024	24.74
100	Catherine DeLoof	Loughborough	2023	54.17
200	Freya Colbert	Loughborough	2026	1:57.08
400	Caitlin McClatchey	Loughborough	2010	4:10.20
800	Aimee Willmott	East London	2016	8:36.00
1500	Fleur Lewis	Loughborough	2024	16:22.88

BACKSTROKE

50	Lauren Cox	Loughborough	2025	27.60
100	Medi Harris	Swansea	2022	59.30
200	Katie Shanahan	Stirling	2023	2:08.08

BREASTSTROKE

50	Tatiana Belongoff	Loughborough	2023	30.33
100	Angharad Evans	Stirling	2025	1:06.02
200	Angharad Evans	Stirling	2025	2:22.64

BUTTERFLY

50	Marie Wattel	Loughborough	2018	26.36
100	Louise Hansson	Loughborough	2022	57.64
200	Ciara Schlosshan	Edinburgh	2026	2:08.60

INDIVIDUAL MEDLEY

200	Katie Shanahan	Stirling	2025	2:10.88
400	Aimee Willmott	East London	2016	4:36.21

RELAYS

4 x 100 Freestyle		Loughborough	2012	3:38.49
4 x 100 Medley		Stirling	2025	3:58.66

CHAMPIONSHIP RECORDS - MIXED

4 x 100 Medley		Loughborough	2023	3:48.72
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