

# BUCS SWIMMING TEAM CHAMPIONSHIPS 2025

## INFORMATION AND SCHEDULE

### SWIMMER RESTRICTION

Note that a swimmer may compete in a maximum of three individual events. There is no restriction on relays.

### ORDER OF EVENTS:

- 1) 4 x 100m Medley Relay
- 2) 4 x 1 Length Individual Medley (200IM)
- 3) 100m Freestyle
- 4) 100m Butterfly
- 5) 100m Backstroke
- 6) 100m Breaststroke

**\*\*\*COMFORT BREAK – 20 Mins for Officials\*\*\***

*(Both pools available for further warm up during this time)*

- 7) 200m Freestyle
- 8) 50m Butterfly
- 9) 50m Backstroke
- 10) 50m Breaststroke
- 11) 50m Freestyle
- 12) 4 x 100m Freestyle Relay

### WARM UP & COOL DOWN

Warm-ups in the competition pool are allocated to teams as per the schedules published. The second pool is available for warm-up and swim-down throughout the competition.

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### QUALIFICATION

- |             |                                                 |
|-------------|-------------------------------------------------|
| 07:30-08:45 | Registration (BUCS Help Desk in Omega Suite)    |
| 07:50-08:15 | Warm Up 1 in Competition Pool (Teams in Heat 1) |
| 08:15-08:40 | Warm-up 2 in Competition Pool (Teams in Heat 2) |
| 08:40-09:05 | Warm-up 3 in Competition Pool (Teams in Heat 3) |
| 08:45       | Timekeepers Briefing                            |
| 09:15       | COMPETITION STARTS                              |

12:15 ESTIMATED FINISH TIME

12:45 (Approx) FINAL QUALIFIERS PUBLISHED

### RUNNING ORDER OF RACES – QUALIFIERS

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Heat 1
- 2) Female Heat 2
- 3) Female Heat 3
- 4) Open/Male Heat 1
- 5) Open/Male Heat 2
- 6) Open/Male Heat 3

### WARM UP LANE ALLOCATION - QUALIFIERS

Teams should warm up in the warm up appropriate to their allocated heat and lane. This will be uploaded in the week leading up to the event.

Heat/ Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
Heat 1	Glasgow	Southampton 1	Sheffield Hallam	Birmingham 1	Edinburgh 1	Southampton 2	Nottingham 2
Heat 2	Loughborough 2	Leeds Beckett	Stirling 2	Birmingham 2	Stirling 1	Swansea 1	Northumbria
Heat 3	Portsmouth	Stirling 3	Leeds	Birmingham 3	Nottingham 1	Loughborough 1	Swansea 2

### FINALS

13:00-14:00 Registration (BUCS Help Desk in Omega Suite)

13:05-13:30 Shield Warm Up in Competition Pool

13:30-13:55 Trophy Warm Up in Competition Pool

13:55-14:20 Championship Warm-up in Competition Pool

14:30 COMPETITION STARTS

17:30 ESTIMATED FINISH TIME

17:45 RESULTS & PRESENTATIONS

### WARM UP LANE ALLOCATION – FINALS

Teams should warm up in the allocated warm up for their final in the lane that their team has qualified in.

The following will be published following the qualifying heats:

Heat/Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Shield		Stirling 3	Nottingham 2	Southampton 2	Loughborough 2	Glasgow		
Trophy	Swansea 2	Sheffield Hallam	Birmingham 3	Birmingham 2	Stirling 2	Portsmouth	Swansea 1	Southampton 1
Champ	Leeds Beckett	Leeds	Edinburgh	Birmingham 1	Stirling 1	Nottingham 1	Loughborough 1	Northumbria

#### **RUNNING ORDER OF RACES - FINALS**

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Shield
- 2) Female Trophy
- 3) Female Championship
- 4) Open/Male Shield
- 5) Open/Male Trophy
- 6) Open/Male Championship