



AWARDS

ACTIVE WELLBEING PROGRAMME AWARD

This award celebrates a programme that has actively improved the provision for their students and/or staff, to increase their levels of active wellbeing with targeted delivery activation.

CRITERIA

Nominations must:

- Be a programme that took place between 1 May 2024 and 30 April 2025

CONSIDERATION WILL BE GIVEN TO THOSE WHO CAN:

- Show evidence of the impact of the programme over the course of the academic year, linking to student experience and how the programme has supported students and/or staff physical health and mental wellbeing. (Consider both quantitative and qualitative outcomes) (40%)
- Highlight how they have targeted underrepresented student groups, and/or those with protected characteristics and how the programme has engaged an inactive population. (25%)
- Show how they have established a strong working relationship with a key partner(s) to support programme management and delivery -this could be an internal relationship (e.g. SU, Accommodation, Library, faculty leads, Counselling service) or external (e.g. charity, local or national partner). (10%)
- Evidence the insight and data used to determine why the programme was needed and how it influenced and shaped the direction of the programme. (25%)

QUESTIONS

Questions we will ask you in the nomination form:

- Please summarise the participation programme's key accomplishments and efforts over the past 12 months, and reasons why they fit the criteria (4000 characters).

WHO CAN NOMINATE?

Institutions only, one per institute .