

BUCS SHORT COURSE SWIMMING CHAMPIONSHIPS 2022-23

PROGRAMME OF EVENTS

	FRIDAY		
18:00	SESSION 1		
HDW/HEATS	NORTH POOL (WOMENS) 101 Mixed 4x50 Medley Relay [HDW] 102 Women 4x50m Freestyle Relay [Final Sat PM] 104 Women 1500m Freestyle [HDW] 106 Women 100m Individual Medley	**No Swimming During 101** 103 Men 4x50m Freestyle Relay [Final Sat PM] 105 Men 1500m Freestyle [HDW] 107 Men 100m Individual Medley	
	SATURDAY		
08:00	SESSION 2 A		
HEATS	NORTH POOL (WOMENS) Fastest 4 Heats 201 Women 200m Freestyle 203 Women 50m Backstroke 205 Women 50m Breaststroke 207 Women 100m Butterfly	SOUTH POOL (MENS) Fastest 4 Heats 202 Men 200m Freestyle 204 Men 50m Backstroke 206 Men 50m Breaststroke 208 Men 100m Butterfly	
10:15	SESSION 2B		
HEATS	NORTH POOL (WOMENS) Remaining Heats 201 Women 200m Freestyle 203 Women 50m Backstroke 205 Women 50m Breaststroke 207 Women 100m Butterfly	SOUTH POOL (MENS) Remaining Heats 202 Men 200m Freestyle 204 Men 50m Backstroke 206 Men 50m Breaststroke 208 Men 100m Butterfly	
13:00	SESSION 3A		
HEATS	NORTH POOL (WOMENS) Fastest 4 Heats 301 Women 800m Freestyle [HDW] (2 heats) 303 Women 200m Backstroke 305 Women 50m Freestyle 307 Women 200m Breaststroke 309 Women 400m Individual Medley [HDW]	SOUTH POOL (MENS) Fastest 4 Heats 302 Men 800m Freestyle [HDW] (2 heats) 304 Men 200m Backstroke 306 Men 50m Freestyle 308 Men 200m Breaststroke 310 Men 400m Individual Medley [HDW]	
16:00	SESSION 3B		
HEATS	NORTH POOL (WOMENS) Remaining Heats* 303 Women 200m Backstroke 305 Women 50m Freestyle 307 Women 200m Breaststroke 309 Women 400m Individual Medley [HDW] 311 Women 4x50m Medley Relay* (*All Heats) [Final Sun PM]	SOUTH POOL (MENS) Remaining Heats* 304 Men 200m Backstroke 306 Men 50m Freestyle 308 Men 200m Breaststroke 310 Men 400m Individual Medley [HDW] 312 Men 4x50m Medley Relay* (*All Heats) [Final Sun PM]	



18:45	SESS	SION 4
FINALS	401 Women 100m Individual Medley B Final 402 Women 100m Individual Medley A Final 403 Men 100m Individual Medley B Final 404 Men 100m Individual Medley A Final 405 Women 200m Freestyle 406 Men 200m Freestyle 407 Women 50m Backstroke B Final 408 Women 50m Backstroke A Final 409 Men 50m Backstroke A Final 410 Men 50m Breaststroke B Final 411 Women 50m Breaststroke B Final 412 Women 50m Breaststroke A Final 413 Men 50m Breaststroke B Final 414 Men 50m Breaststroke A Final 415 Women 100m Butterfly B Final 416 Women 100m Butterfly A Final 417 Men 100m Butterfly A Final 418 Men 100m Butterfly A Final 419 Women 200m Backstroke 420 Men 200m Backstroke 421 Women 50m Freestyle B Final 422 Women 50m Freestyle B Final 423 Men 50m Freestyle A Final 424 Men 50m Freestyle Relay B Final 425 Women 4x50m Freestyle Relay B Final 428 Women 4x50m Freestyle Relay B Final 429 Men 4x50m Freestyle Relay B Final	
	SUNDAY	
08:00	SESSION 5A	
HEATS	NORTH POOL (WOMENS) Fastest 4 Heats* 501 Women 200m Butterfly (*All Heats) 503 Women 100m Freestyle 505 Women 100m Breaststroke 507 Women 200m Individual Medley 509 Women 50m Butterfly 511 Women 100m Backstroke 513 Women 400m Freestyle [HDW]	SOUTH POOL (MENS) Fastest 4 Heats* 502 Men 200m Butterfly (*All Heats) 504 Men 100m Freestyle 506 Men 100m Breaststroke 508 Men 200m Individual Medley 510 Men 50m Butterfly 512 Men 100m Backstroke 514 Men 400m Freestyle [HDW]
11:15	SESSION 5B	
HEATS	Remaining Heats 503 Women 100m Freestyle 505 Women 100m Breaststroke 507 Women 200m Individual Medley 509 Women 50m Butterfly 511 Women 100m Backstroke 513 Women 400m Freestyle [HDW]	SOUTH POOL (MENS) Remaining Heats 504 Men 100m Freestyle 506 Men 100m Breaststroke 508 Men 200m Individual Medley 510 Men 50m Butterfly 512 Men 100m Backstroke 514 Men 400m Freestyle [HDW]



15:00	SESSION 6
FINALS	601 Women 200m Butterfly 602 Men 200m Butterfly 603 Women 100m Freestyle B Final 604 Women 100m Freestyle A Final 605 Men 100m Freestyle A Final 606 Men 100m Freestyle A Final 607 Women 100m Breaststroke B Final 608 Women 100m Breaststroke A Final 609 Men 100m Breaststroke A Final 610 Men 100m Breaststroke A Final 611 Women 200m Individual Medley 612 Men 200m Individual Medley 613 Women 50m Butterfly B Final 614 Women 50m Butterfly A Final 615 Men 50m Butterfly A Final 616 Men 50m Butterfly A Final 617 Women 100m Backstroke B Final 618 Women 100m Backstroke A Final 619 Men 100m Backstroke B Final 620 Men 100m Backstroke A Final 621 Women 4x50m Medley Relay B Final 622 Women 4x50m Medley Relay B Final 623 Men 4x50m Medley Relay B Final