

COMPETITION CARD INDIVIDUAL TRAMPOLINE

Name:					Institution:			
Category:					Panel: Number:			
	Exercise 1					Exercise 2		
	Element	Difficulty			Elemei	nt	Difficulty	
1			1					
2			2					
3			3					
4			4					
5			5					
6			6					
7			7					
8			8					
9			9					
10			10					
Total						Total		
	Exercise 3 (Fina	al)		260	complete in [IC notation	, only	
	Element Difficulty			Please complete in FIG notation only .				
1				Required elements (where applicable) must be marked by an asterisk (*).				
2				TINC	a by arrasteris	Κ ().		
3			Co	mpe	etitor's Signatı	ıre:		
4				1	- J			
5			Co.	ach	Name:			
6							_	
7			Qu	alifid	cation Level: _			
8								
9			C-	a ch	Cianatura			
10			- CO	aCN	oignature:			
	Total		1					



COMPETITION CARD

SYNCHRONISED TRAMPOLINE

Names:			Institution:			
Category:			Panel: Number:			
Exercise 1			Exercise	2		
Elemer	nt		Element	Difficulty		
1		1				
2		2				
3		3				
4		4				
5		5				
6		6				
7		7				
8		8				
9		9				
10		10				
		,	Tota	al		
Please complete in FIG nota Required elements (where a		ed by an	asterisk (*).			
Competitors' Signatures:						
Coach Name:				<u> </u>		
Qualification Level:						
Coach Signature:						



COMPETITION CARD DOUBLE MINI-TRAMPOLINE

Name:					Institution:		
Category: Panel:					Panel:	Number:	
	Мо	unt	Spotter		Dism	Total	
	Element	Difficulty	Element	Difficulty	Element	Difficulty	
1							
2							
Round Difficulty							
						,	
3							
4							
Round Difficulty							
nound Bintedity							
Ple	ease complete t	the white (non-s	shaded) areas in	FIG notation o	only.		
		(···· y ·		
Competitor's Signature:							
Coach Name:							
Coacii Naiile.							
Qualification Level:							
Coach Signature:							