



BUCS LONG COURSE RECORDS

CHAMPIONSHIP RECORDS - MEN

FREESTYLE

50	Benjamin Proud	St Mark & St John	2016	21.73
100	Benjamin Proud	St Mark & St John	2016	49.10
200	Thomas Dean	Bath	2019	1:47.38
400	Max Litchfield	Sheffield Hallam	2017	3:51.05
800	Daniel Wiffen	Loughborough	2022	8:05.35
1500	Tim Shuttleworth	Loughborough	2017	15:08.88

BACKSTROKE

50	Liam Tancock	Loughborough	2010	25.01
100	Liam Tancock	Loughborough	2010	54.42
200	Luke Greenbank	Loughborough	2018	1:59.61

BREASTSTROKE

50	James Wilby	Loughborough	2018	27.54
100	James Wilby	Loughborough	2019	59.42
200	James Wilby	Loughborough	2019	2:09.71

BUTTERFLY

50	Benjamin Proud	St Mark & St John	2015	23.63
100	Antony James	Plymouth	2016	52.77
200	Cameron Brodie	Stirling	2015	1:57.93

INDIVIDUAL MEDLEY

200	Thomas Dean	Bath	2019	2:00.25
400	Max Litchfield	Sheffield Hallam	2017	4:17.44

RELAYS

4 x 100 Freestyle		Stirling	2019	3:20.87
4 x 100 Medley		Loughborough	2018	3:38.35

CHAMPIONSHIP RECORDS - WOMEN

FREESTYLE

50	Anna Hopkin	Bath	2016	25.17
100	Marie Wattel	Loughborough	2019	54.22
200	Caitlin McClatchey	Loughborough	2008	1:57.64
400	Caitlin McClatchey	Loughborough	2010	4:10.20
800	Aimee Willmott	East London	2016	8:36.00
1500	Sophie Casson	Loughborough	2009	16:47.59

BACKSTROKE

50	Medi Harris	Swansea	2022	27.69
100	Medi Harris	Swansea	2022	59.30
200	Rachel Lefley	Loughborough	2012	2:11.94

BREASTSTROKE

50	Imogen Clark	Loughborough	2019	30.68
100	Kara Hanlon	Edinburgh	2022	1:07.64
200	Jocelyn Ulyett	Loughborough	2018	2:26.26

BUTTERFLY

50	Marie Wattel	Loughborough	2018	26.36
100	Louise Hansson	Loughborough	2022	57.64
200	Charlotte Atkinson	Loughborough	2018	2:09.21

INDIVIDUAL MEDLEY

200	Abbie Wood	Loughborough	2018	2:13.84
400	Aimee Willmott	East London	2016	4:36.21

RELAYS

4 x 100 Freestyle		Loughborough	2012	3:38.49
4 x 100 Medley		Loughborough	2012	4:04.00

CHAMPIONSHIP RECORDS – MIXED

4 x 100 Medley		Loughborough	2019	3:50.19
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