



**University of
Nottingham Sport
Cycling**

&



PRESENT

THE BUCS 10 MILE TT CHAMPIONSHIPS 2023-23

30TH APRIL 2023

START SHEET & RACE MANUAL



The Old School Hall,
Cropwell Bishop, NG12 3BU

Championship BUCS Points

	Individual	Team (3 Men, 2 Women)
1 st 	12	20
2 nd 	8	14
3 rd 	6	10
4 th	4	7
5 th		5
6 th		3
7 th		2
8 th		1



21-22 Champions

Women's Individual: Francesca Hall (Loughborough)

Men's Individual: Cameron Richardson (Stirling)

Women's Team: Loughborough

Men's Team: Loughborough

Route



The race uses the A10/28 course just outside Nottingham. The course has been used for over 15 years by Nottingham Clarion CC. The course records are currently held by University of Nottingham Alumni, Micheal Gill, with a time of 18:51 and Francesca Hall, from Loughborough University, with a time of 22:12! The route GPX can be downloaded [here](#) or use the QR code above.

Course Description: Start on the Cotgrave to Harby Road (Colston Road) adjacent to a triangular area of grass verge immediately southeast of the cross roads at the Small People Nursery, Cropwell Bishop. Proceed via Colston Bassett to Harby 5.003 miles (T junction, Give Way). Turn left and proceed through the village and onward to Langar where bear first left into Cropwell Road, 7.54 miles. Forward and continue to the Finish adjacent to the Cropwell Bishop Village sign, 150 yards before a pair of 30mph Speed Restriction signs prior to the descent into the village, 10 miles.

Notes to Riders

1. In the interest of safety all riders must have a white front light and red rear light, as well as wear a hard-shell helmet that meets CTT Regulations.

NO LIGHTS = NO RIDE

NO HELMET = NO RIDE

2. A rider who is observed to be riding dangerously or with their head down will be disqualified and reported the CTT District Committee for further action.
3. After finishing riders should continue straight though Cropwell Bishop, and sign-out at HQ. Riders should not distract the timekeepers, as times will be listed at HQ.
4. Riders should not queue more than 3 deep at the start due to the crossroads.
5. At 1.46 miles riders should be aware that the road narrows over a bridge into Colston Bassett, where riders do not have priority.
6. Riders must use the numbers provided by the race organisers only. They must be clearly visible from the rear when in a normal riding position.
7. Riders must sign in before & out after the race or their time will be recorded as a DNS/DNF.



HQ and Car Parks

The HQ will be located at the Old School Hall, Fern Rd, Cropwell Bishop, Nottingham NG12 3BU. Parking is a 2 minute cycle down the road at the Memorial Hall, Nottingham Rd, Cropwell Bishop, Nottingham NG12 3BA. Both are approximately a 40min bike ride from Nottingham Train Station and 25mins from the M1.

There are 2 car parks on either side of the hall and overflow parking in the field behind (if dry). Any vehicles parked in the car parks or on the field are parked at the owner's risk. There is ample parking for cars in the car parks, but please let us know if you're bringing a box van/mini-bus so that we can reserve some space.

Food and drink will be available CASH ONLY from the Memorial Hall (Car Park), including bacon/sausage/veggie cobs, tea, coffee & cakes. Please buy some food/drink and say thanks to the volunteers from the village who are putting this on. Toilets, and drinking water will be available from the Old School Hall (HQ).

Sign on will open at 8:30am. The presentation of medals will take place shortly after all riders have finished at the Old School Hall (HQ).

The routes to and from the start/finish/HQ/car park will be signposted and are not more than 5 minutes cycle from each other. If you arrive at the start head of your time, please do not warm up on the course.



Photography

Any photos and videos from the event will be posted to the album [here](#); please add to them by uploading your own.



Good luck from all of us at UoNCC!

We hope you have an amazing day, please keep an eye on @uon_cycling on Instagram for any updates on the day, and if you have any questions or issues, just drop us a DM.

Start Times

First Rider Start Time:

Total Start Slots:

Rider Intevals:

10:01:00	162	00:01:00
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Number	Name	Club	Start Time	Notes
1	Ishani Ummat	Oxford	10:01:00	
2	Charlotte Halpin	York	10:02:00	
3	Laura John	Oxford	10:03:00	
4	Josephine Brett	Nottingham	10:04:00	
5	Ailish Gray	Nottingham	10:05:00	
6	Philippa Draper	Loughborough	10:06:00	
7	Naomi Insole	Nottingham	10:07:00	
8	Lois Lee	Liverpool	10:08:00	
9	Philippa Scammell	York	10:09:00	
10	Imogen Edwards	Liverpool	10:10:00	
11	Maddie Angwin	Cambridge	10:11:00	
12	Olivia Kelly	Oxford	10:12:00	
13	Clarissa Burwood	Nottingham	10:13:00	
14	Georgia Acton	Oxford	10:14:00	
15	Ffyna Booker	Nottingham	10:15:00	
16	Elizabeth Broughton	Nottingham	10:16:00	
17	Phoebe Barker	Cambridge	10:17:00	
18	Adela Martinkova	Loughborough	10:18:00	
19	Izzy Leitch	Oxford	10:19:00	
20	Lucy Havard	Cambridge	10:20:00	
21	Josie Harcourt	Bristol	10:21:00	
22	Kaitlyn Dennis	Oxford	10:22:00	
23	Amelie Wayte	Loughborough	10:23:00	
24	Jo matthews	Cambridge	10:24:00	
25	Nicola Greenwood	Birmingham	10:25:00	
26	Aoibh Clarke	Cardiff Met	10:26:00	
27	Miranda Clements	Cambridge	10:27:00	
28	Matilda Gurney	Nottingham	10:28:00	
29	Maisy Vasic	Oxford	10:29:00	
30	Natasha Reddy	Warwick	10:30:00	
31	Rosie Simmons	Southampton	10:31:00	
32	Isabel Ellis	Nottingham	10:32:00	
33	Grace Reynolds	Southampton	10:33:00	
34	Gabriella Homer	Nottingham	10:34:00	
35	Harriet Moxey	Exeter	10:35:00	
36	Miriam Jessett	De Montfort	10:36:00	
37	Eva Callinan	Loughborough	10:37:00	
38	Amber Harding	Exeter	10:38:00	
39	Georgie Little	Brighton	10:39:00	
40	Francesca Hall	Loughborough	10:40:00	

			10:41:00	
			10:42:00	
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			10:49:00	
			10:50:00	
51	Matthew Brown	Nottingham	10:51:00	
52	Joseph Gyde	East Anglia	10:52:00	
53	Joseph Yee	Leeds Beckett	10:53:00	
54	Chun Yin Choi	Plymouth	10:54:00	
55	Yifan Yao	Imperial	10:55:00	
56	Matthew Kaminer	Bristol	10:56:00	
57	Jamie Martin	Leicester	10:57:00	
58	Thomas Notman	Northumbria	10:58:00	
59	Jack Lockwood	Nottingham Trent	10:59:00	
60	Pierce Brennan	Nottingham	11:00:00	
61	Sherif Attia	Southampton	11:01:00	
62	Edward Howard	East Anglia	11:02:00	
63	Harry Saunders	Nottingham	11:03:00	
64	Finlay Woodward	Nottingham Trent	11:04:00	
65	Ling Yam Hung	Nottingham	11:05:00	
66	Lewis Day	Warwick	11:06:00	
67	Adrian Lam	Nottingham	11:07:00	
68	Muhammad Amir Ikhwan Bin Saifulliz	Sheffield	11:08:00	
69	Matthew Pagdin	Nottingham	11:09:00	
70	Ben Wilkinson	Nottingham	11:10:00	
71	Jack Gibson	York	11:11:00	
72	Henry Hayward	Nottingham	11:12:00	
73	Taylor Dart	Liverpool	11:13:00	
74	Matthew Prince	Birmingham	11:14:00	
75	Ed Wilton Wilton	Liverpool	11:15:00	
76	Matthew Mullier	East Anglia	11:16:00	
77	Joseph Bullock	Nottingham	11:17:00	
78	Jack Watson	Warwick	11:18:00	
79	Lewis O'Shaughnessy	Nottingham	11:19:00	
80	Jabez TszTsun Cheung	York	11:20:00	
81	Cameron Archibald	Nottingham Trent	11:21:00	
82	Luke Senechal	Liverpool	11:22:00	
83	Tom Edwards	Birmingham	11:23:00	
84	Robert Philipson	Liverpool	11:24:00	
85	Alexander Saunders	Birmingham	11:25:00	
86	Lucas Beghein	Cambridge	11:26:00	
87	Harrison Kemp	York	11:27:00	
88	Louis Stuart	Cambridge	11:28:00	

89	charlie stanton-stock	Loughborough	11:29:00
90	Ethan Tebbutt	Leeds	11:30:00
91	William Slater	Keele	11:31:00
92	Joe Turner	East Anglia	11:32:00
93	Joshua Goolden	Liverpool	11:33:00
94	Matt Rizzo-Naudi	Cambridge	11:34:00
95	Alban Wales	Cambridge	11:35:00
96	Ziyu Zheng	Imperial	11:36:00
97	Ben Proctor	Cambridge	11:37:00
98	Tom Lund	Birmingham	11:38:00
99	Jude Rainsborough	Southampton	11:39:00
100	Matt Davison	Cambridge	11:40:00
101	Josh Hoad	Nottingham	11:41:00
102	Ed Salt	Liverpool	11:42:00
103	Bryce Jersing	Bath	11:43:00
104	Josh Small	Warwick	11:44:00
105	Henry Urand	Loughborough	11:45:00
106	Colin Krawchuk	Cambridge	11:46:00
107	Alexander berman	Nottingham	11:47:00
108	Cameron Ross	Nottingham	11:48:00
109	Renzo Casale	Bath	11:49:00
110	Scott Gilmour	UCLan	11:50:00
111	Matthew Dennis	Nottingham	11:51:00
112	Barnabas Tedder	Queen Mary	11:52:00
113	Timothy Lane	Nottingham	11:53:00
114	Luke Higginbottom	Leicester	11:54:00
115	Will Barham	Nottingham	11:55:00
116	Harry Nickells	Southampton	11:56:00
117	Isaac Allport	Birmingham	11:57:00
118	Louis Genin	Warwick	11:58:00
119	Christopher Bedlington	Leicester	11:59:00
120	James Allen	Oxford	12:00:00
121	Francis Schofield	York	12:01:00
122	Charlie Godfrey	Oxford	12:02:00
123	Dylan Theedam Parry	Nottingham	12:03:00
124	Jake Gillett	Southampton	12:04:00
125	Fergus Phelan	Bath	12:05:00
126	Lewis Muncaster	Leicester	12:06:00
127	Ethan Rowell	Bath	12:07:00
128	Jonathan Allen	Birmingham	12:08:00
129	Joe Adlam-Cook	Cambridge	12:09:00
130	Nathan Wilson	Nottingham Trent	12:10:00
131	Luke Andrews	Cambridge	12:11:00
132	Daniel Lord	Warwick	12:12:00
133	Tom Wade	Cambridge	12:13:00
134	Joseph Smith	Loughborough	12:14:00
135	Gabriel Taylor	Nottingham	12:15:00
136	Joseph Wynn-Jones	Leicester	12:16:00

