



Scottish UWIR 2021-22 Information Pack

We look forward to seeing you at Scottish Women's Indoor Regionals 2021. We hope you will have an enjoyable and competitive weekend, and we believe the information contained in this pack will facilitate this. Contact details for the organisers are included if you do have further questions.

Contacts

Tournament director: William Luty william.luty@aol.co.uk 07984640924

UK Ultimate Events Coordinator: Meg Price events@ukultimate.com

IMPORTANT!!

Please make sure that you read the Indoor Event Plan ahead of the event **in full**.

<https://bit.ly/UKUIndoorEventPlan2021>

It includes key information about what you need to do before and during the event, including details on COVID restrictions and requirements. There is no excuse for not reading through this so please share it with all of your team members.

Please also ensure that all of your players have **up to date UKU Membership** and that everyone is rostered to the relevant team on GoMembership.

Random roster checks will be carried out over the weekend so **please ensure that EVERYONE has their student ID cards** with them. Full details on requirements for roster/eligibility checks can be found in the [University Event Specific Rule Appendix](#) of the [UKU Tournament Rules](#).

Venue

Address: Heriot Watt University, Edinburgh Campus, Edinburgh, EH14 4AS (3G venue)

Directions: Searching for "Oriam" on google maps and selecting the one on Heriot Watt campus in Edinburgh should give you clear directions to the facility, but if you have any issues please get in touch with the TD (William Luty)

Parking: Being a University campus, the roads and car parks are bound to be busy. Please do remain aware of cars and your surroundings, especially when walking through the car parks and crossing roads.



The venue has toilet and shower facilities available in the changing rooms.

Arrival: Please report to the TD desk on arrival to receive any new instructions or any changes to this information. There will not be a separate captain's meeting, but every team should make sure that a representative checks in on arrival. If you don't, don't blame us when you don't know what's going on!

Gear: Don't take all your stuff into the playing area, and certainly don't leave it on the edges of the pitch. Bags on the sidelines are dangerous.

Times: Games will run from 12pm to 7pm on Saturday, and from 9am to 4pm on Sunday.

Paper and Printing

We DO NOT intend to print out schedules and copies of this pack. Everything will be available online ONLY. If you want a paper copy, please print out your own.

The QR codes for the schedule and the spirit form will be available at the TD desk and around the venue for when you need the link.

Safety

Please remember that it is never worth endangering yourself or others to get the disc. Walls and floors are hard, and your body will not react well to crashing into them at speed. Please do remain aware of other players and your surroundings. Also, be aware that the floors around Oriam when not on the pitches can be slippery when wearing cleats, so please be careful, especially when on the balcony.

Also, it is required that everybody wears a mask when not playing. This is a legal requirement in Scotland, and hence members of staff at Oriam will be checking and are very strict on the matter.

There are to be no discs thrown outside of the sports hall. If you are caught throwing outside of the hall you will be given one warning. If you are caught a second time you will not be permitted to play for the rest of the tournament. If you are caught repeatedly you will be asked to leave the venue.

Food and Drink

The café on site will be shut on both days, however, at the main entrance there will be food and drinks available to buy (not full meals, mainly snacks such as crisps, cereal, cereal bars, etc.) It is not recommended that you rely on this for your meals for the day, bringing a packed lunch is instead encouraged.

There is only one shop located within walking distance, the Student Union Shop. The shop is located within the Hugh Nisbit building a short walk from Oriam, however, it is not recommended that you rely on this for your food. Instead, come prepared with a packed lunch.

You can find vending machines placed around the venue but once again, you are strongly encouraged to **bring a sensible packed lunch**.

Water will be available from water fountains outside of the sports hall.

Do NOT take food or drink into the hall itself, other than water in a properly sealed container.

Bags are to be kept in the spectator stalls and not on the artificial grass or anywhere near the pitches.

Accommodation

As previously stated, due to COVID-19 all teams will be responsible for sourcing their own accommodation for the Regional events and we cannot guarantee any accommodation help.

However, it's possible that teams may be able to liaise directly with the local university team to work out some cheaper accommodation solutions, particularly if your team is struggling. This will be completely at the discretion of the local university though and any such agreement for accommodation help will be directly between your own teams. Similarly, if your team is planning on going out for a meal/drinks/clubbing, this is to be organized and supervised by your own team.

Spirit of the game

Spirit scores will be entered through an online form, which can be found here:

<https://bit.ly/UWIRSpiritForm>

You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities may be available at the TD desk to input your scores if you can't get it to work.

Make sure that you enter your scores **before midnight on Sunday 28th November** otherwise they WILL NOT be counted. This is following [changes to the Spirit of the Game at UKU Events](#) by the SotG Committee. Please also note the other changes as outlined by the committee in the announcement linked above.

Although please note that **the SOTG award may be given out at the end of play on the Sunday** so ideally please enter your scores ASAP as otherwise the winner on the Monday may not be the team that was given the award!

It may not be possible to award a spirit prize on the day, as there's lots of adding up to do!

Medical

First aid will be provided by venue staff, and ice will be available from reception. For serious incidents, the nearest hospital is:
122 Corstorphine road, EH12 6UD, 0131 334 0363

Or call 999 for an ambulance.

Schedule

The schedule will be released when ready - sorry! Keep an eye out on the Regional Facebook group and the [UKU Event Page](#) for updates.

The tournament will be played under the [UKU Indoor version of the 2021 WFDF rules](#). All other game rules, game lengths and formats are explained on the schedule itself.

We wish you the best of luck for the weekend and hope you have a great time.