

BUCS SWIMMING TEAM CHAMPIONSHIPS 2024

INFORMATION AND SCHEDULE

SWIMMER RESTRICTION

Note that a swimmer may compete in a maximum of three individual events. There is no restriction on relays.

ORDER OF EVENTS:

- 1) 4 x 50m Medley Relay
- 2) 4 x 1 Length Individual Medley
- 3) 100m Freestyle
- 4) 100m Butterfly
- 5) 100m Backstroke
- 6) 100m Breaststroke

*****COMFORT BREAK – 20 Mins for Officials*****

(Both pools available for further warm up during this time)

- 7) 200m Freestyle
- 8) 50m Butterfly
- 9) 50m Backstroke
- 10) 50m Breaststroke
- 11) 50m Freestyle
- 12) 4 x 50m Freestyle Relay

WARM UP & COOL DOWN

Warm-ups in the competition pool are allocated to teams as per the schedules published. The second pool is available for warm-up and swim-down throughout the competition.

QUALIFICATION

- 07:30-08:45 Registration (BUCS Help Desk in Omega Suite)
- 07:50-08:15 Warm Up 1 in Competition Pool (Teams in Heat 1)
- 08:15-08:40 Warm-up 2 in Competition Pool (Teams in Heat 2)
- 08:40-09:05 Warm-up 3 in Competition Pool (Teams in Heat 3)
- 09:15 COMPETITION STARTS
- 12:15 ESTIMATED FINISH TIME
- 12:45 (Approx) FINAL QUALIFIERS PUBLISHED

RUNNING ORDER OF RACES – QUALIFIERS

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Heat 1
- 2) Female Heat 2

- 3) Female Heat 3
- 4) Open/Male Heat 1
- 5) Open/Male Heat 2
- 6) Open/Male Heat 3

WARM UP LANE ALLOCATION - QUALIFIERS

Teams should warm up in the warm up appropriate to their allocated heat and lane as follows:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
Heat 1		Surrey	Birmingham 3	Edge Hill	Birmingham 2	Lancaster	Southampton 1	Southampton 2		
Heat 2		Glasgow	Stirling 3	Swansea 3	Stirling 2	Leeds Beckett	Sheffield Hallam 2	Sheffield Hallam 3		
Heat 3	Birmingham 1	Sheffield Hallam 1	Oxford	Loughborough 2	Stirling 1	Loughborough 1	Loughborough 3	Leeds	Swansea 1	Swansea 2

FINALS

- 13:00-14:00 Registration (BUCS Help Desk in Omega Suite)
- 13:05-13:30 Shield Warm Up in Competition Pool
- 13:30-13:55 Trophy Warm Up in Competition Pool
- 13:55-14:20 Championship Warm-up in Competition Pool
- 14:30 COMPETITION STARTS
- 17:30 ESTIMATED FINISH TIME
- 17:45 RESULTS & PRESENTATIONS

WARM UP LANE ALLOCATION - FINALS

Teams should warm up in the allocated warm up for their final in the lane that their team has qualified in.

The following will be published following the qualifying heats:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
Shield				Southampton 2	Edge Hill	Glasgow	Birmingham 3			
Trophy	Swansea 3	Sheffield Hallam 2	Stirling 3	Stirling 2	Loughborough 2	Loughborough 3	Swansea 2	Birmingham 2	Sheffield Hallam 3	Southampton 1
Championship	Oxford	Leeds Beckett	Birmingham 1	Loughborough 1	Swansea 1	Stirling 1	Sheffield Hallam 1	Surrey	Leeds	Lancaster

RUNNING ORDER OF RACES - FINALS

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Shield
- 2) Female Trophy
- 3) Female Championship
- 4) Open/Male Shield
- 5) Open/Male Trophy

6) Open/Male Championship