FRIDAY					
18:00	SESSION 1				
HDW/HEATS	NORTH POOL (WOMEN'S)  101 Women 4x50m Freestyle Relay [Final Sat PM]  102 Women 1500m Freestyle [HDW]  104 Mixed 4x50 Medley Relay [HDW]	SOUTH POOL (MEN'S)  103 Men 4x50m Freestyle Relay [Final Sat PM] 105 Men 1500m Freestyle [HDW]			
SATURDAY					
09:30	SESSION 2				
HEATS	NORTH POOL (WOMEN'S)  Fastest 3 Heats  201 Women 200m Freestyle  203 Women 50m Backstroke  205 Women 50m Breaststroke  207 Women 100m Butterfly  Remaining Heats  201 Women 200m Freestyle  203 Women 50m Backstroke  205 Women 50m Breaststroke  207 Women 100m Butterfly	SOUTH POOL (MEN'S)  Fastest 3 Heats  202 Men 200m Freestyle 204 Men 50m Backstroke 206 Men 50m Breaststroke 208 Men 100m Butterfly  Remaining Heats  202 Men 200m Freestyle 204 Men 50m Backstroke 206 Men 50m Breaststroke 208 Men 100m Butterfly			
14:00		SESSION 3			
HEATS	Fastest 3 Heats 301 Women 200m Backstroke 303 Women 50m Freestyle 305 Women 200m Breaststroke 307 Women 400m Individual Medley [HDW] 311 Women 800m Freestyle [HDW] (2 heats)  Remaining Heats 301 Women 200m Backstroke 303 Women 50m Freestyle 305 Women 200m Breaststroke 307 Women 400m Individual Medley [HDW] 309 Women 4x50m Medley Relay [Final Sun PM]	Fastest 3 Heats 302 Men 200m Backstroke 304 Men 50m Freestyle 306 Men 200m Breaststroke 308 Men 400m Individual Medley [HDW] 312 Men 800m Freestyle [HDW] (2 heats)  Remaining Heats 302 Men 200m Backstroke 304 Men 50m Freestyle 306 Men 200m Breaststroke 308 Men 400m Individual Medley [HDW] 310 Men 4x50m Medley Relay [Final Sun PM]			
18:15 TBC		SESSION 4			

FINALS	406 Men 50m Backstroke A Final 407 Women 50m Breaststroke B Final 408 Women 50m Breaststroke A Final 409 Men 50m Breaststroke B Final 410 Men 50m Breaststroke A Final 411 Women 100m Butterfly 412 Men 100m Butterfly 413 Women 200m Backstroke 414 Men 200m Backstroke 415 Women 50m Freestyle B Final 416 Women 50m Freestyle A Final 417 Men 50m Freestyle A Final 418 Men 50m Freestyle A Final 419 Women 200m Breaststroke 420 Men 200m Breaststroke 421 Women 4x50m Freestyle Relay B Final 422 Women 4x50m Freestyle Relay A Final 423 Men 4x50m Freestyle Relay B Final 424 Men 4x50m Freestyle Relay A Final
	407 Women 50m Breaststroke B Final 408 Women 50m Breaststroke A Final 409 Men 50m Breaststroke B Final 410 Men 50m Breaststroke A Final

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09:00		SESSION 5
	NORTH POOL (WOMEN'S)	SOUTH POOL (MENS)
	Fastest 3 Heats	Fastest 3 Heats
	501 Women 200m Butterfly	502 Men 200m Butterfly
	503 Women 100m Freestyle	504 Men 100m Freestyle
	505 Women 100m Breaststroke	506 Men 100m Breaststroke
	507 Women 200m Individual Medley	508 Men 200m Individual Medley
	509 Women 50m Butterfly	510 Men 50m Butterfly
	511 Women 100m Backstroke	512 Men 100m Backstroke
	513 Women 400m Freestyle [HDW]	514 Men 400m Freestyle [HDW]
HEATS	Remaining Heats 501 Women 200m Butterfly 503 Women 100m Freestyle 505 Women 100m Breaststroke 507 Women 200m Individual Medley 509 Women 50m Butterfly 511 Women 100m Backstroke 513 Women 400m Freestyle [HDW]	Remaining Heats 502 Men 200m Butterfly 504 Men 100m Freestyle 506 Men 100m Breaststroke 508 Men 200m Individual Medley 510 Men 50m Butterfly 512 Men 100m Backstroke 514 Men 400m Freestyle [HDW]

14:00 TBC SESSION 6

601 Women 200m Butterfly 602 Men 200m Butterfly 603 Women 100m Freestyle 604 Men 100m Freestyle 605 Women 100m Breaststroke 606 Men 100m Breaststroke 607 Women 200m Individual Medley 608 Men 200m Individual Medley 609 Women 50m Butterfly B Final **FINALS** 610 Women 50m Butterfly A Final 611 Men 50m Butterfly B Final 612 Men 50m Butterfly A Final 613 Women 100m Backstroke 614 Men 100m Backstroke 615 Women 4x50m Medley Relay B Final 616 Women 4x50m Medley Relay A Final 617 Men 4x50m Medley Relay B Final 618 Men 4x50m Medley Relay A Final