

# BUCS TRAMPOLINE REGULATIONS

PUBLISHED | 27 FEBRUARY 2024

---

**TRM i** The BUCS Trampoline Championships shall be conducted in accordance with the following BUCS sport specific regulations, the BUCS general regulations, and the FIG (International Gymnastics Federation) Code of Points (2022-2024). Technical rules shall be according to the FIG Code of Points (2022-2024), except where modified by these regulations, the Entry Information, or the Competition Structure. Tie-break rules for all disciplines shall be per the FIG Code of Points. Further event specific requirements, rules, and regulations will be contained within the entry and pre-event information for each Championship.

**TRM ii** In the event that these regulations contradict the BUCS general regulations, these BUCS sport specific regulations will supersede, unless specifically stated otherwise.

**TRM iii** In the event that these regulations contradict the FIG (International Gymnastics Federation) Code of Points (2022-24), these BUCS sport specific regulations will supersede, unless specifically stated otherwise.

---

**TRM 1 Championships** BUCS will host annually a Trampoline and Double Mini Trampoline Championships. The programme shall include the events listed in Appendix 1 ('BUCS Competition Offer and Associated BUCS Points'), subject to entry numbers. The events are split under 'Trampoline' (made up of Individual, Team, Synchronised and BUCS Knockout categories) and 'Double Mini Trampoline' (comprised of only Individual categories). All competition specific event information will be available in the event entry information and pre-event information.

**TRM 2 Disputes at events** In line with REG 7.7, should a dispute not covered by TRM 3.13 occur at an event, the event appeal panel for Trampoline and Double Mini Trampoline shall comprise of a BUCS staff member and members of the Event Management Group.

---

## Trampoline

### TRM 3 Individual Trampoline

**TRM 3.1** All Individual Trampoline levels will comprise a qualification round and a final round for each level.

**TRM 3.2** There shall be nine levels of individual competition, with male and female categories for each:

**TRM 3.2.1** BUCS Disability

**TRM 3.2.2** BUCS Levels 1 – 6

**TRM 3.2.3** BUCS Performance Level

**TRM 3.2.4** BUCS FIG Level

**TRM 3.3** Competitors in Levels 2 – 6 may choose which compulsory exercise they wish to perform from the options listed. Competitors in Level 1, Performance Level and FIG Level may

perform a first exercise(s) of their own construction, which must satisfy the specified requirements. Competitors in BUCS Disability category may perform any exercise as permitted in the British Gymnastics Disability Technical Requirements 2023.

**TRM 3.4** If a competitor is found, within their exercises, to be meeting the requirements of the next level above or exceeds maximum difficulty values of their current level, an automatic disqualification shall be issued, without the right to an appeal. Any competitor/pair/team/entry may also be disqualified if BUCS forms the reasonable opinion that the gymnast(s) has/have demonstrated an ability to compete at a higher level in any way.

**TRM 3.4.1** Competitors must comply with the entry matrices in the event Entry Information. For categories with crossover between multiple categories in other structures, reference should be made to the highest difficulty attempted in competition and the difficulty levels of the corresponding categories.

**TRM 3.5** Failure to meet requirements or the minimum difficulty in an exercise shall result in a 2.0 penalty per occurrence in that exercise. For compulsory exercises, deviation shall be deemed an interruption.

**TRM 3.6** The top eight ranked competitors in each level (or less, if there are fewer than eight) from the qualification round shall qualify to the final round. The final round applies to all categories and will consist of one exercise. The final round exercise shall be of any construction within the second exercise requirements for each level (Disability, Levels 1 – 6 and Performance Level). Guests may qualify for and compete in the final round, but will not displace a student competitor (i.e. they will compete in the final in addition to the top 8 student competitors), and cannot medal.

**TRM 3.6.1** There shall be no 'reserve' places in the final round.

**TRM 3.6.2** All scores will start from zero. However, if there are eight or fewer competitors in the qualifying round, 'accumulative' scoring will take place for that category.

**TRM 3.7** Applications to downgrade to a different level need to be submitted in writing to BUCS no later than the entry closing date. Please ensure that each competitor has been entered at the appropriate level at the time of submission.

**TRM 3.8** Each exercise must fulfil the criteria of the respective level.

**TRM 3.9** Prior to the start of each group, each performer must submit their competition card to the appropriate judging panel. This applies to competitors in all levels.

**TRM 3.9.1** All competition cards should be presented in British Gymnastics/FIG notation only.

**TRM 3.10** Each institution/Playing Entity shall supply appropriately qualified coaches. Coaches are required to sign all competition cards for their competitors and indicate their level of coaching qualification.

**TRM 3.11** All competitors are required to present themselves in the correct competition attire, which follows the British Gymnastics Competition Attire at Events for Gymnasts policy in conjunction with the FIG Code of Points.

**TRM 3.11.1** Only competition attire will be allowed on the trampoline, including during warm-up.

**TRM 3.11.2** Competitors must wear foot-coverings.

**TRM 3.11.3** Underwear should not be visible.

**TRM 3.11.3.1** In the event that it is not possible to adequately cover underwear (in compliance with TRM 3.11.3), a dress penalty shall not be applied if the visible underwear does not create a large contrast with the colour of the leotard.

**TRM 3.11.4** Competitors who do not adhere to regulations TRM 3.11.1 – TRM 3.11.3 may be disqualified at the discretion of the organisers/Chair of Judges.

### **TRM 3.12 Safety policies**

**TRM 3.12.1** The Chair of Judges and competition organisers may ask a competitor to remove an element from an exercise which, in the opinion of the Chair or organisers, is deemed to be unsafe. Failure to comply will lead to 'Did Not Start (DNS)' being applied for that exercise.

**TRM 3.12.2** Coaches or other performers are not permitted to stand on the side or on the trampoline to support a performer with a skill during warm up.

### **TRM 3.13 Superior Jury**

**TRM 3.13.1** There shall be a Superior Jury, comprised of at least two of: the BUCS Event Lead, the BUCS Trampoline and Double Mini Trampoline Chair, and a senior judge representative.

**TRM 3.13.2** Appeals or inquiries should be taken to the Chair of Judges in the first instance. Further appeals may be made to the Superior Jury only once the Chair of Judges has made a decision. Appeals must be made, in a polite manner, before the end of the respective flight to which the appeal relates, and in any event, as soon as possible.

**TRM 3.13.3** Appeals may only be made in respect of the difficulty score or time of flight/synchronisation/horizontal displacement score. No inquiries may be made in respect of execution scores.

**TRM 3.13.4** The Superior Jury shall not overrule the decision of the Chair of Judges if it does not have sufficient evidence and/or information to come to an informed decision.

**TRM 3.13.5** The decision of the Superior Jury shall be final.

### **TRM 3.14 Order of performance**

**TRM 3.14.1** Qualification Round – The order of performance shall be drawn at random and published in advance of the competition.

**TRM 3.14.2** Final Round – The order of performance shall be drawn at random and published in advance of the final round.

### **TRM 3.15 Time of Flight (ToF) and Horizontal Displacement (HD)**

**TRM 3.15.1** If for any reason there is a breakdown of the electronic timing system, the ToF and HD scores will be determined through an analysis of the official video. In the event of failure of the backup system, a re-jump may be allowed. In this instance the ToF and or HD *only* will be judged. The original scores for the first attempt will be retained, regardless of the number of skills present. The score(s) obtained in the re-

jump will only be attributed to the number of skills performed in the original first attempt of that exercise.

#### **TRM 3.16 Team categories**

**TRM 3.16.1** There shall be separate Men's and Women's overall Team categories. In each category the three highest total scores from the qualification round (first exercise plus second exercise) by competitors from the same institution/Playing Entity, from all Individual Trampoline categories (TRM 3.2), will be added together to produce an overall team score. FIG Level competitors will have both qualifying round exercise attempts counted for the purpose of the overall team event, with the lowest difficulty of the two attempts discounted.

**TRM 3.16.2** Only one overall team per institution/Playing Entity per gender will be counted. By entering into the individual categories, competitors are automatically eligible to count for the overall team categories. I.e. Entry to the overall team categories is automatic for each institution/Playing Entity subject to them having enough individual competitors as per TRM 3.16.1.

**TRM 3.16.3** Overall team positions will be calculated by scores derived from the qualification round only.

**TRM 3.16.4** There shall be a combined Execution Team category. The three highest scores, made up of execution and horizontal displacement only from the qualification round (first exercise plus second exercise) by competitors from the same institution/Playing Entity, from all Individual Trampoline categories (TRM 3.2), will be added together to produce an execution team score. FIG Level competitors will have both qualifying round exercise attempts counted for the purpose of the execution team event.

**TRM 3.16.5** Only one execution team per institution/Playing Entity will be counted. By entering into the individual categories, competitors are automatically eligible to count for the execution team category. I.e. Entry to the execution team category is automatic for each institution/Playing Entity subject to them having enough individual competitors as per TRM 3.16.1.

**TRM 3.16.6** Execution team positions will be calculated by scores derived from the qualification round only.

**TRM 3.16.7** FIG Code of Points team dress requirements are not applicable to this event.

**TRM 3.16.8** Guest competitors are not eligible for either team event.

**TRM 3.16.9** No BUCS Points will be awarded for the Execution Team category.

#### **TRM 4 Synchronised Trampoline**

**TRM 4.1** There shall be three levels of mixed-gender competition:

**TRM 4.1.1** Synchronised Level 3: Pairs of competitors in BUCS Levels 4 – 6.

**TRM 4.1.2** Synchronised Level 2: Pairs of competitors in BUCS Levels 2 – 3.

**TRM 4.1.3** Synchronised Level 1: Pairs of competitors in BUCS FIG Level, BUCS Performance Level and BUCS Level 1.

**TRM 4.1.4** BUCS Disability competitors should enter the synchronised level that corresponds to the equivalent individual level requirements of their individual competition exercises.

**TRM 4.2** The qualification round will consist of two exercises. The first exercise must be a first exercise as per the Individual Trampoline structure. The second exercise must be a second exercise as per the Individual Trampoline structure, and shall include difficulty.

**TRM 4.2.1** Pairs of BUCS FIG Level competitors may perform two of the same, or two different exercises, provided that the minimum difficulty is met in each exercise. Difficulty will be awarded for the second exercise only.

**TRM 4.2.2** Difficulty shall only be awarded in the second exercise for all levels.

**TRM 4.3** A synchronised pair consists of two gymnasts.

**TRM 4.4** A gymnast may only compete in one synchronised pairing.

**TRM 4.5** Pairs may be made up of competitors of mixed levels and genders within the level ranges specified for each level.

**TRM 4.5.1** Pairs must compete the exercises (or requirements) of the level of the lowest competing member of the pair. For example, in Synchronised Level 1, a pair of a BUCS FIG Level competitor and a BUCS Performance Level competitor must perform BUCS Performance Level exercises.

**TRM 4.5.2** If an exercise other than those possible under TRM 4.5.1 is performed, the exercise will be deemed invalid or interrupted, or the appropriate penalty applied per TRM 3.5. If an exercise higher than that of the level of the lower competitor is performed, the pair will be disqualified and the appropriateness of the lower competitor's entry into the Individual Trampoline levels will be assessed (if applicable).

**TRM 4.6** Attire for competitors must adhere to the rules set for the Individual Trampoline levels and there shall be no penalty for non-matching attire.

**TRM 4.7** Prior to the start of each flight, each pair must submit their competition card to the appropriate judging panel per the requirements of TRM 3.9.

**TRM 4.8** The relevant applicable rules for the Individual Trampoline levels, including TRM 3.12 and TRM 3.13, shall apply to the Synchronised Trampoline levels.

## **TRM 5 BUCS Knockout**

**TRM 5.1** There shall be one level of competition, consisting of 4 head to head rounds (Round of 16, Quarter Final, Semi Final, Final).

**TRM 5.2** All competitors entered into any individual trampoline category will be automatically eligible to compete in BUCS Knockout.

**TRM 5.2.1** All individual trampoline competitors will be ranked by their single highest scoring exercise from the qualifying round and the top 8 male and top 8 female competitors will be invited to compete in BUCS Knockout .

**TRM 5.2.2** A limit of one male and one female competitor per institution will be applied. If a competitor has someone from the same institution and gender qualify ahead of them, or a competitor does not accept their invitation into BUCS Knockout, their position will be offered to the next competitor in the list who satisfies the criteria.

**TRM 5.2.3** Guest competitors are not eligible for BUCS Knockout.

**TRM 5.3** The 16 qualifying competitors will be seeded to compete against each other in the Round of 16 with the top ranking competitor competing against the 16th ranked competitor, 2nd ranked against 15th, 3rd ranked against 14th etc.

**TRM 5.4** The exercise requirements for each round will be as follows

**TRM 5.4.1** Round of 16: 2 elements

**TRM 5.4.2** Quarter Final: 5 elements

**TRM 5.4.3** Semi Final: 10 elements

**TRM 5.4.4** Final: 10 elements

**TRM 5.5** If an element is repeated within the same exercise, it shall be deemed an interruption. There are no restrictions on repeating elements between exercises. There is no minimum or maximum difficulty for any exercise.

**TRM 5.6** The lowest ranked competitor will compete first out of each pair.

**TRM 5.7** The score for each exercise will consist of Execution, Difficulty, Time of Flight and Horizontal Displacement.

**TRM 5.8** The competitor with the highest scoring exercise from each head to head will proceed to the next round. In the event of a tie, the highest ranked competitor will proceed to the next round, except in the final where both competitors will rejump.

**TRM 5.9** Attire rules shall follow TRM 3.11.

**TRM 5.10** Safety policies

**TRM 5.10.1** The Chair of Judges and competition organisers may ask a competitor to remove an element from an exercise which, in the opinion of the Chair or organisers, is deemed to be unsafe. Failure to comply will lead to 'Did Not Start (DNS)' being applied for that exercise.

**TRM 5.10.2** Coaches or other performers are not permitted to stand on the side or on the apparatus to support a performer with a skill during warm up.

**TRM 5.11** Superior Jury TRM 3.13 shall apply.

**TRM 5.12** No BUCS Points will be awarded for the BUCS Knockout.

---

## Double Mini-Trampoline (DMT)

### TRM 6 Individual DMT

**TRM 6.1** There shall be five levels of individual competition, with male and female categories for each:

**TRM 6.1.1** BUCS Levels 1 – 3

**TRM 6.1.2** BUCS Performance Level

**TRM 6.1.3** BUCS FIG Level

**TRM 6.2** Competitors in BUCS Levels 1 – 3 must perform the compulsory exercises specified. Competitors in BUCS Performance Level must perform the compulsory exercises specified in the qualifying round. Competitors in BUCS FIG Level, and the final round of BUCS Performance Level, may perform exercises of the gymnast's own construction within the level requirements.

**TRM 6.3** At BUCS Performance Level, if a competitor is found to be meeting the requirements of the level above within their exercises, BUCS has the right to issue an automatic disqualification without the right to an appeal. BUCS may also disqualify any competitor from any level if it forms the reasonable opinion that the gymnast has demonstrated an ability to compete at a higher level in any way.

**TRM 6.4** Failure to meet the minimum difficulty in an optional round shall result in a 2.0 penalty in the second exercise. For compulsory exercises, deviation shall be deemed an interruption.

**TRM 6.5** The top eight ranked competitors in each group (or less if there are fewer than eight) from the qualification round shall qualify to the final round. Guests may qualify for and compete in the final round, but will not displace a student competitor (i.e. they will compete in the final in addition to the top 8 student competitors), and cannot medal.

**TRM 6.5.1** There shall be no 'reserve' places in the final round.

**TRM 6.5.2** All scores will start from zero. However, if there are eight or fewer competitors in the qualifying round, 'accumulative' scoring will take place for that category.

**TRM 6.6** Applications to downgrade to a different level need to be submitted in writing to BUCS no later than the entry closing date. Please ensure that each competitor has been entered at the appropriate level at the time of submission.

**TRM 6.7** Prior to the start of each group, each performer must submit their competition card to the appropriate judging panel. This applies to competitors in all levels.

**TRM 6.7.1** All competition cards should be presented in British Gymnastics/FIG notation only.

**TRM 6.8** Each institution/Playing Entity shall supply appropriately qualified coaches. Coaches are required to sign all competition cards for their competitors and indicate their level of coaching qualification.

**TRM 6.9** Attire rules shall follow TRM 3.11.

#### **TRM 6.10 Safety policies**

**TRM 6.10.1** The Chair of Judges and competition organisers may ask a competitor to remove an element from an exercise which, in the opinion of the Chair or organisers, is deemed to be unsafe. Failure to comply will lead to 'Did Not Start (DNS)' being applied for that exercise.

**TRM 6.10.2** Coaches or other performers are not permitted to stand on the side or on the apparatus to support a performer with a skill during warm up.

**TRM 6.11 Superior Jury** TRM 3.13 shall apply.

#### **TRM 6.12 Order of performance**

**TRM 6.12.1** Qualification Round – The order of performance shall be drawn at random and published in advance of the competition.

**TRM 6.12.2** Final Round – The order of performance shall be drawn at random and published in advance of the final round.