

**BUCS Indoor Championships 2020**  
**English Institute of Sport, Sheffield**  
**Results - Sunday, 16 February 2020 Track**

**Women 400 Meter Dash**

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1 Isabelle Boffey	Birmingham	55.87	53.79Q	2
2 Zoe Pollock	Loughborough	56.29	55.08Q	3
3 Esther Adikpe	Cardiff	56.06	56.57Q	1
4 Louise Evans	Brunel	57.49	55.28q	2
5 Nessa Millet	Loughborough	57.58	55.66q	2
6 Linnea Killander	Brunel	57.18	56.38q	3
7 Charlotte Stamp	Leeds Beckett	57.48	56.81	1
8 Ffion Mair Roberts	Cardiff Met	57.84	57.40	2
9 Hannah Kelly	Birmingham	59.42	57.66	3
10 Teresa Iannetelli	Cardiff	57.54	57.82	3
11 Ciara Deely	Cardiff Met	57.61	57.91	3
12 Lana Culliford	Bath	57.90	58.04	1
13 Erin Minton-Branfoot	Hull	58.31	58.24	2
14 Megan Ashelby	Sheffield Hallam	57.74	58.34	1
15 Heather Carson	Sheffield	59.29	58.52	1
16 Hannah Brown	East Anglia	58.98	58.96	1
17 Bronwen Reed	Manchester	59.85	59.37	3
18 Emily Craig	Strathclyde	58.65	59.93	2

**Women 400 Meter Dash**

Name	Year Team	Semis	Finals	Points
Finals				
1 Isabelle Boffey	Birmingham	53.79	53.65	
2 Zoe Pollock	Loughborough	55.08	54.38	
3 Esther Adikpe	Cardiff	56.57	56.11	
4 Linnea Killander	Brunel	56.38	56.53	
5 Nessa Millet	Loughborough	55.66	56.64	
6 Louise Evans	Brunel	55.28	56.96	

**Men 400 Meter Dash**

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1 Alex Haydock-Wilson	Loughborough	50.18	47.79Q	4
2 Aidan Leeson	Loughborough	50.30	47.93Q	1
3 Ollie Biddle	Gloucestershire	50.02	48.47Q	2
4 Jack Hocking	Birmingham	50.12	48.51Q	3
5 Kevin Metzger	Manchester Met	49.15	48.32q	1
6 David Ryan	Brunel	49.95	48.62q	3
7 Lewis Thorn	Sheffield Hallam	50.89	49.06	4
8 Khalil Bruney	Brunel	50.09	49.11	2
9 Matt Overall	Chichester	49.75	49.15	4
10 Emmanuel Sosanya	East London	50.64	49.24	1
11 Matthew Newton	Oxford	50.47	49.37	2
12 Billy Matthews	Cambridge	50.41	49.79	2
13 Jason Nicholson	Northumbria	50.73	50.07	3
14 Callum Letham	Stirling	50.36	50.23	3
15 Mark Holliman	Strathclyde	50.96	50.34	1
16 William Seed	Newcastle	51.21	50.38	3

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17	Thomas Baines	Bristol	50.52	50.44	2
18	Kieran Eland	Cardiff Met	51.11	50.56	4
19	Josh Allen	Birmingham	51.04	50.74	4
20	Adrian Lloyd-Davies	Cardiff Met	51.24	50.98	4
21	Sam Day	Cambridge	51.08	51.14	1
22	Tom Wood	Leeds Beckett	51.06	51.24	3
23	James Mcclafferty	Strathclyde	53.73	51.32	2

**Men 400 Meter Dash**

Name	Year Team	Semis	Finals	Points
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## Finals

1	Alex Haydock-Wilson	Loughborough	47.79	47.50
2	Ollie Biddle	Gloucestershire	48.47	47.86
3	Aidan Leeson	Loughborough	47.93	47.96
4	Jack Hocking	Birmingham	48.51	48.37
5	David Ryan	Brunel	48.62	49.27