

BUGS WEIGHTLIFTING AND PARA POWERLIFTING CHAMPIONSHIPS 2025-26

RESULTS

Team Results

Men's		
Rank	Team	Pts
1	Loughborough	78
2	Nottingham	48
3	Exeter	48
4	Newcastle	34
5	UCL	23
6	Leicester	22
7	Brighton	17
8	Nottingham Trent	16
9	Lancaster	16
10	Bristol	16
11	King's College	15
12	Durham	14
13	Strathclyde	13
14	Essex	12
15	Glasgow	12
16	Teesside	12
17	Liverpool	11
18	Bournemouth	11
19	Stirling	11
20	Manchester	10
21	Swansea	9
22	Wolverhampton	9
23	Bath	9
24	Cambridge	8
25	Aberdeen	8
26	Queen Mary	8
27	Gloucestershire	7
28	Oxford	6

Women's		
Rank	Team	Pts
1	Loughborough	56
2	Newcastle	39
3	Leicester	39
4	Birmingham	34
5	Nottingham	32
6	Cambridge	27
7	Liverpool	25
8	Cardiff	19
9	Nottingham Trent	18
10	Essex	17
11	Bath	16
12	East Anglia	15
13	Reading	14
14	Edinburgh	13
15	York	13
16	King's College	12
17	Manchester Met	12
18	Imperial	12
19	Brighton	8
20	Strathclyde	8
21	Stirling	6
22	Exeter	7
23	Sheffield Hallam	5
24	Lancaster	5
25	UCL	5
26	Durham	3
27	Southampton	3
28	Leeds	3

29	Glasgow Caledonian	6
30	Oxford Brookes	6
31	Birmingham	6
32	St Mary's	5
33	Brunel	4
34	Coventry	3
35	UCLan	3
36	Warwick	3
37	East Anglia	3
38	Southampton	2
39	Royal Holloway	2
40	Cardiff	2
41	Sheffield Hallam	1
42	Leeds	1
43	Manchester Met	1
44	Imperial	1
45	Derby	1
46	UWE	1
47	Birmingham City	1
48	Liverpool John Moores	1
49	Hartpury	1
50	De Montfort	1
51	Robert Gordon	1

29	Oxford	2
30	Bristol	2
31	Sheffield	2
32	St Mary's	1
33	Coventry	1
34	Royal Holloway	1
35	Derby	1
36	UWE	1
37	Portsmouth	1
38	Plymouth	1
39	Arts Bournemouth	1
40	Kent	1
41	Lincoln	1

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
1	Isabelle Goodall	F	47	95	50	122.5	267.5
1	Rufaro Chikwanda	F	52	132.5	65	170.5	368
2	Bahar Sabet	F	52	127.5	75	155	357.5
3	Mia Koll	F	52	120	82.5	135	337.5
4	Jasmine Chapman	F	52	115	55	147.5	317.5
5	Georgia Craig	F	52	115	65	137.5	317.5
6	Milly Wee	F	52	105	62.5	132.5	300
7	Sereya Mee	F	52	102.5	62.5	122.5	287.5
8	Remy Morris	F	52	105	57.5	112.5	275
9	Sarah Ooi	F	52	97.5	52.5	112.5	262.5
10	Ria Dobbins	F	52	87.5	50	100	237.5
DQ	Cat Nguyen	F	52		80	150	
1	Geneva Ponnou	F	57	132.5	77.5	170	380
2	Alisha Varia	F	57	145	77.5	155	377.5
3	Bobbie White	F	57	135	75	162.5	372.5
4	Sophie Morton	F	57	130	67.5	172.5	370
5	Abby Cooley	F	57	127.5	77.5	160	365
6	Lana Omar	F	57	127.5	70	150	347.5
7	Nisha Mistry	F	57	117.5	72.5	155	345
8	Katie Fitzhenry	F	57	127.5	75	142.5	345
9	Lamisa Rabbani	F	57	115	72.5	152.5	340
10	ellie powell	F	57	127.5	50	145	322.5
11	Alana Nicolaou	F	57	120	60	142.5	322.5
12	Beatrice Nada	F	57	117.5	65	137.5	320
13	Chloe Howe	F	57	120	65	130	315
14	Bianca Vasiliu	F	57	117.5	60	130	307.5
15	Abbie White	F	57	95	75	135	305

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
16	Victoria Liu	F	57	117.5	55	127.5	300
17	Alexandra Moore	F	57	105	50	145	300
18	Lina Gamil	F	57	92.5	70	132.5	295
19	Rachael Oulton	F	57	110	55	130	295
20	Jasmine Hartill	F	57	107.5	52.5	127.5	287.5
21	Eleanor Briars	F	57	112.5	62.5	112.5	287.5
22	Alice Aringoli	F	57	95	80	110	285
23	Ffion Grant	F	57	107.5	60	110	277.5
24	Millie Burton	F	57	92.5	57.5	120	270
1	Elena Wilson	F	63	157.5	102.5	182.5	442.5
2	Laura Holland	F	63	152.5	97.5	172.5	422.5
3	Annabelle Cox	F	63	164	87.5	162.5	414
4	Alexandra Munns	F	63	150	82.5	170	402.5
5	Aisleen Fuentes	F	63	145	95	160	400
6	Emily Gillanders	F	63	163.5	65	170	398.5
7	Isabelle Jackson	F	63	140	87.5	160	387.5
8	Katie Woods	F	63	140	85	145	370
9	Elena Rayne	F	63	127.5	70	165	362.5
10	Chiara Lissenden-Dominguez	F	63	130	75	150	355
11	Grace Czakan	F	63	120	87.5	142.5	350
12	Kanengo Diallo	F	63	120	72.5	155	347.5
13	Julia Szajnog	F	63	132.5	75	140	347.5
14	Jodie Fox	F	63	127.5	70	150	347.5
15	Julia Sopel	F	63	127.5	62.5	152.5	342.5
16	Chloe Noel	F	63	122.5	67.5	152.5	342.5
17	Katy McCulloch	F	63	120	70	152.5	342.5
18	Emily Kinzler	F	63	130	65	142.5	337.5
19	Puneet Tamber	F	63	127.5	60	142.5	330

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
20	Arienne Fuentes	F	63	117.5	65	137.5	320
1	Caitlin Mirzayantz	F	69	172.5	95	175	442.5
2	Martha Tickner	F	69	160	97.5	172.5	430
3	Ellie MacDougall	F	69	137.5	90	162.5	390
4	Paris Williams	F	69	155	62.5	172.5	390
5	Gemma Smith	F	69	135	77.5	170	382.5
6	Jenny Lin	F	69	132.5	90	160	382.5
7	Esme Piccolo	F	69	147.5	72.5	150	370
8	Sophie Fallon	F	69	132.5	75	160	367.5
9	Jessica Walker	F	69	130	77.5	157.5	365
10	Jenny Zhao	F	69	137.5	65	160	362.5
11	Violet Stones	F	69	115	92.5	155	362.5
12	Maya van Zyl	F	69	140	70	150	360
13	Aliyah Archer	F	69	122.5	77.5	152.5	352.5
14	Amy Powell	F	69	132.5	65	155	352.5
15	Carlotta Giaccherio	F	69	142.5	65	142.5	350
15	Asha Scott	F	69	125	82.5	142.5	350
16	Lottie Taylor	F	69	120	70	155	345
17	Cassandra Marillier	F	69	135	62.5	142.5	340
18	Samantha Gurumurthy	F	69	112.5	65	160	337.5
19	Alice Tremaine	F	69	135	62.5	135	332.5
20	Elena Warlow	F	69	122.5	62.5	140	325
21	Imogen Wren	F	69	115	70	130	315
22	Abby Darbyshire	F	69	112.5	70	132.5	315
DQ	Lara Oliver-Tomic	F	69		67.5	152.5	
1	Princess Kunadu	F	76	160	102.5	210.5	473
2	Khloe Curnock	F	76	182.5	90	182.5	455

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
3	Madelaine King	F	76	145	92.5	211	448.5
4	Sophia Strachan	F	76	150	77.5	185	412.5
5	dani laivins	F	76	170	82.5	157.5	410
6	Joanne Harris	F	76	155	85	165	405
7	Daisy Dumpleton	F	76	152.5	80	160	392.5
8	Ania Kieszkievicz	F	76	135	62.5	192.5	390
9	REASON DU BENION	F	76	145	80	157.5	382.5
10	Elin Boldrini	F	76	135	67.5	172.5	375
11	Philippa Balcombe	F	76	127.5	92.5	150	370
12	Elene Lomaia	F	76	137.5	77.5	155	370
13	Sahra Hortoglu	F	76	117.5	67.5	160	345
1	Abigail Marshall	F	84	190.5	102.5	200	493
2	Ruby Howard	F	84	165	97.5	182.5	445
3	Moanne Zolario	F	84	170	80	185	435
4	Gisele Walker	F	84	160	95	177.5	432.5
5	Libby Rubin	F	84	165	92.5	167.5	425
6	Wing Koon	F	84	157.5	80	175	412.5
7	Alex Hartemink	F	84	150	72.5	170	392.5
8	Katie Lovelady	F	84	142.5	72.5	175	390
9	Ivana Best-Barker	F	84	132.5	87.5	170	390
10	sarah griffin	F	84	130	82.5	157.5	370
11	Amelia Robinson	F	84	132.5	65	170	367.5
12	Sofia Alam	F	84	137.5	80	150	367.5
13	Mia Mackenzie	F	84	145	62.5	152.5	360
14	Nicole Swinnerton	F	84	115	82.5	155	352.5
15	Ethelyn Joy Placido	F	84	132.5	75	140	347.5
16	Charlotte Zammit	F	84	132.5	72.5	140	345
17	Eleanor Hoch	F	84	142.5	70	125	337.5

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
1	Naomi D'Almeida	F	84+	182.5	97.5	200.5	480.5
2	Subiksha Anand	F	84+	187.5	77.5	177.5	442.5
3	Leenah Bassiouni	F	84+	157.5	90	185	432.5
4	Theodora Lazarides	F	84+	170	82.5	162.5	415
5	Rachel Rheam	F	84+	160	90	152.5	402.5
6	Olivia Threlfall	F	84+	162.5	72.5	165	400
7	Faye Burnhill	F	84+	145	72.5	180	397.5
8	Jessica Stokes	F	84+	137.5	77.5	157.5	372.5
9	Natalia Drozd	F	84+	142.5	55	172.5	370
10	Ionela Lungu	F	84+	155	75	130	360
11	Maria Szin	F	84+	132.5	67.5	147.5	347.5
1	Kurt Alibusa	M	59	193.5	125	207.5	526
2	Gian Patel	M	59	167.5	130.5	197.5	495.5
3	Alex Chan	M	59	167.5	102.5	210	480
4	William Harris	M	59	165	97.5	207.5	470
5	Vishay Jeetoo	M	59	150	105	200	455
6	Josh Loke	M	59	152.5	90	185	427.5
1	Joshua Parker	M	66	232.5	132.5	242.5	607.5
2	Matthew Holmshaw	M	66	192.5	135	260	587.5
3	Gaston Nassief	M	66	200	140	225	565
4	Ahmad Danial Amri Bin Yaakob	M	66	192.5	117.5	245	555
5	Jack Whitaker	M	66	185	132.5	230	547.5
6	Matthew Saldanha	M	66	202.5	117.5	222.5	542.5
7	Darchie-Rio Cristobal	M	66	197.5	102.5	240	540
8	Murhad Hussain	M	66	180	115	220	515
9	Ethan Lim	M	66	185	122.5	205	512.5

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
10	Alex Chang-Evans	M	66	185	115	210	510
11	Ethan Sheppard	M	66	170	122.5	207.5	500
12	Prabhat Vishnubhatla	M	66	182.5	112.5	195	490
13	Wai Lo	M	66	172.5	105	205	482.5
14	Morgan Almazan	M	66	175	105	195	475
15	Jack Taylor	M	66	170	117.5	180	467.5
16	Matthew Dawkins	M	66	160	102.5	205	467.5
17	Kabir Hasan	M	66	160	110	190	460
18	Daanyaal Khan	M	66	150	127.5	175	452.5
1	Ping Hao Ng	M	74	250	155	305.5	710.5
2	Nathan Bennett	M	74	225	181	235	641
3	Will Hilton	M	74	222.5	157.5	250	630
4	Miyazur Tarafdar	M	74	232.5	120	270	622.5
5	Matvei Alianov	M	74	222.5	137.5	222.5	582.5
6	Henry Hebden	M	74	220	140	220	580
7	Edward Butcher	M	74	210	115	252.5	577.5
8	Jendrell Manlulu	M	74	190	122.5	255	567.5
9	Scott Upstell	M	74	192.5	140	230	562.5
10	Edgar Hatton	M	74	207.5	127.5	225	560
11	Harley Dines	M	74	195	140	225	560
12	Luca Kawahara-Musiu	M	74	185	145	225	555
13	Samuel Jones	M	74	190	130	230	550
14	Seb Edwards	M	74	182.5	132.5	235	550
15	Daniel Sendo	M	74	200	122.5	222.5	545
16	Ed Chesworth	M	74	200	120	225	545
17	Ronith Bhaumik	M	74	197.5	125	217.5	540
18	Theo Stewart	M	74	180	132.5	227.5	540
19	Peter Evans	M	74	187.5	135	215	537.5

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
20	Lucas Townend	M	74	190	110	235	535
21	Percy Major	M	74	207.5	120	207.5	535
22	Luke Bonnici	M	74	175	140	220	535
23	Abdullahi Uthman	M	74	180	137.5	215	532.5
24	Alif Ullah	M	74	185	117.5	217.5	520
25	Cameron Dickie	M	74	177.5	137.5	205	520
26	Tawana Chuma	M	74	182.5	120	212.5	515
DQ	Ethan Weaver	M	74	182.5		195	
DQ	Andrew Hudswell	M	74		130	210	
1	Yaw Parbey	M	83	250	155	315	720
2	Ayonla Oyinloye	M	83	277.5	157.5	285	720
3	Ingram Tan	M	83	265	150	285	700
4	Simon Zhu	M	83	245	175	250	670
5	Larry Zhang	M	83	247.5	140	280	667.5
6	Patrik Backor	M	83	240	170	255	665
7	Jake Cazin-Meyer	M	83	247.5	155	260	662.5
8	Miles Selelo	M	83	255	130	277.5	662.5
9	Daniel Dyszkant	M	83	250	152.5	255	657.5
10	Jack Booth	M	83	240	140	270	650
11	James Laing	M	83	225	150	270	645
12	Daniel Tamlyn	M	83	242.5	132.5	267.5	642.5
13	Benjamin Wong	M	83	232.5	150	260	642.5
14	Ryan Mycock	M	83	237.5	155	250	642.5
15	Niall Jeffreys	M	83	245	142.5	247.5	635
16	Oliver Pearson	M	83	235	145	250	630
17	Travis Cowl	M	83	217.5	142.5	265	625
18	Russell Watson	M	83	225	135	262.5	622.5
19	Sarthak Suri	M	83	220	152.5	250	622.5

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
20	Ismaeel Miah	M	83	215	135	270	620
21	Stefanos Pierides	M	83	225	152.5	240	617.5
22	Evan Jones	M	83	197.5	117.5	300	615
23	Daniel Newell	M	83	212.5	137.5	265	615
24	Angelo Simangan	M	83	210	142.5	260	612.5
25	Timothy Jobson-Mitchual	M	83	212.5	127.5	265	605
26	Laurence Gee	M	83	245	122.5	237.5	605
27	Finley Ivory	M	83	227.5	132.5	240	600
28	Brodie Weymouth	M	83	220	135	245	600
29	Teddy Lee	M	83	217.5	130	252.5	600
30	Mac Macdonald	M	83	220	132.5	245	597.5
31	Parthiv Sasapu	M	83	195	137.5	260	592.5
32	Charles Hanley	M	83	227.5	130	235	592.5
33	Otis Koch-O'Rorke	M	83	192.5	155	242.5	590
34	David Noh	M	83	225	142.5	217.5	585
35	William Bickley	M	83	192.5	140	240	572.5
36	Jake Silvester	M	83	182.5	142.5	240	565
37	Jake Rowland	M	83	197.5	137.5	207.5	542.5
38	Kane Endley	M	83	200	60	250	510
1	Ricky Zhang	M	93	275	167.5	310	752.5
2	Aaron Dixon	M	93	260	165	312.5	737.5
3	Joel Bassil	M	93	257.5	155	322.5	735
4	William Woods	M	93	277.5	172.5	282.5	732.5
5	Abdullah Miah	M	93	267.5	157.5	302.5	727.5
6	Benny Malan	M	93	265	150	300	715
7	Max Pearson	M	93	260	162.5	277.5	700
8	Nathaniel Woodbridge	M	93	252.5	160	265	677.5
9	Ethan Taylor	M	93	222.5	175	270	667.5

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
10	George Deely	M	93	242.5	145	275	662.5
11	rowan sweeney	M	93	255	152.5	250	657.5
12	Dante Carlone	M	93	260	137.5	257.5	655
13	Evan Fryer	M	93	252.5	140	262.5	655
14	Amir Ksous	M	93	247.5	147.5	255	650
15	Ben Attwood	M	93	240	140	267.5	647.5
16	Darcy George	M	93	222.5	137.5	285	645
17	Shalom Ajewole	M	93	240	155	245	640
18	Jonathon Cook	M	93	230	155	250	635
19	Minseo Kim	M	93	215	137.5	280	632.5
20	Nat Edwards	M	93	215	160	255	630
21	Levi Walker	M	93	230	150	250	630
22	Max Sheppard	M	93	217.5	162.5	245	625
23	William Frost-Naylor	M	93	237.5	135	242.5	615
24	Noah Mulvany	M	93	235	135	245	615
25	Matthew Williams	M	93	222.5	137.5	255	615
26	Alex O'Sullivan	M	93	220	142.5	250	612.5
27	Milo McLaughlin	M	93	235	135	240	610
28	Benjamin Karpal	M	93	235	122.5	252.5	610
29	Vicente Ortiz	M	93	207.5	140	255	602.5
30	Mackenzie Hughes	M	93	212.5	152.5	232.5	597.5
31	Ming Yao	M	93	217.5	155	220	592.5
32	Alex Pearson	M	93	197.5	142.5	250	590
33	James Griffin	M	93	195	127.5	250	572.5
34	Thomas Clarke	M	93	227.5	75	240	542.5
DQ	Ryle Bumagat	M	93	250	135		
1	Theo Bennett	M	105	260	210	330	800
2	Joshua Farchie	M	105	282.5	170	327.5	780

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
3	Harry Eisinger	M	105	282.5	177.5	300	760
4	Samir Sultani	M	105	270	142.5	315	727.5
5	Leo Wright	M	105	265	155	300	720
6	James Lusanta	M	105	270	147.5	297.5	715
7	William layton-watts	M	105	260	162.5	290	712.5
8	William Kruczek	M	105	255	142.5	305	702.5
9	Felix Goldsmith	M	105	257.5	162.5	270	690
10	Tom Stapley	M	105	245	182.5	260	687.5
11	Albert Holland	M	105	245	155	282.5	682.5
12	Tomas Kemp	M	105	250	140	285	675
13	Leonard Harms	M	105	232.5	192.5	247.5	672.5
14	Josh Beckett	M	105	240	127.5	305	672.5
15	Chris Spurgeon	M	105	235	150	280	665
16	Wai Tsan Lai	M	105	250	155	257.5	662.5
17	Oliver Coxon	M	105	240	150	270	660
18	Godwin Orioha	M	105	230	165	257.5	652.5
19	Alfie Cryer	M	105	210	167.5	265	642.5
20	Hussain Albayati	M	105	232.5	145	257.5	635
21	Leo Kirkland	M	105	252.5	125	252.5	630
22	Matthew Mangold	M	105	220	152.5	257.5	630
23	Tyler Heath	M	105	230	172.5	225	627.5
24	Adam Fairweather	M	105	232.5	122.5	270	625
25	Xin Tong Wang	M	105	225	150	230	605
DQ	Oliver Francis	M	105				
1	Ramesses Tchuimaleu Chieuko	M	120	300	187.5	302.5	790
2	Idris Taylor	M	120	275	196	315	786
3	Rudi Norris	M	120	280	185	295	760
4	Priestly Adejo	M	120	290	147.5	302.5	740

Place	Name	Sex	Weight Class	Best Squat (kg)	Best Bench (kg)	Best Deadlift (kg)	Total (kg)
5	Melvis Usideme	M	120	235	175	330	740
6	William James	M	120	282.5	182.5	275	740
7	Archie Seed	M	120	242.5	150	307.5	700
8	Arnav Srivastava	M	120	270	160	265	695
9	Joel Bates	M	120	245	170	270	685
10	Shaker Hamdi	M	120	260	145	272.5	677.5
11	Henry Rouse	M	120	265	152.5	260	677.5
12	Ben Harris	M	120	250	175	247.5	672.5
13	Kanye Williams	M	120	240	145	280	665
14	Jonathan Nash	M	120	237.5	150	275	662.5
15	Jarred Atkins-Clark	M	120	265	120	265	650
16	William Gledhill	M	120	255	150	242.5	647.5
17	Tyler Roberts-Hewitt	M	120	255	152.5	227.5	635
18	Eddie Preston	M	120	225	170	230	625
19	David Idemudia	M	120	235	135	245	615
DQ	Rhys Holmes	M	120	230		240	
1	Joshua Ngoka	M	120+	310	207.5	330	847.5
2	David Oyadah	M	120+	320	218.5	290	828.5
3	Gerald Bobga	M	120+	260	180	335	775
4	Sebastian Nock	M	120+	312.5	170	292.5	775
5	Kristofers Tiltņieks	M	120+	290	160	270	720
6	Michael Akpe	M	120+	235	172.5	272.5	680