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| **Event** | **Qualification** | **Starting Heights/Progressions** |
| Men’s High Jump | 2.03m | 1.43m + 5cm to 1.88m then + 3cm |
| Women’s High Jump | 1.72m | 1.20m + 5cm to 1.60m then + 3cm |
| Men’s Pole Vault | B Final  A Final | 3.63m then + 10cm  4.23m then + 10cm |
| Women’s Pole Vault | B Final  A Final | 2.53m then + 10cm  3.23m then + 10cm |
| Men’s Long Jump | 7.15m |  |
| Women’s Long Jump | 5.85m |  |
| Men’s Triple Jump | 15.00m | (11m and 13m boards ONLY) |
| Women’s Triple Jump | 12.30m | (9m and 11m boards ONLY) |
| Men’s Shot | 14.00m |  |
| Women’s Shot | 12.00m |  |

BUCS Indoor athletics Championships 2023-24

Automatic Qualification standards, Starting heights and progressions