

# BUCS BOXING REGULATIONS

PUBLISHED | 12 OCTOBER 2025

**BOX i** The BUCS Boxing Championships shall be conducted in accordance with the following BUCS sport specific regulations, the BUCS general regulations, the [England Boxing \(EB\) Rule Book](#). Further event specific requirements, rules, and regulations will be contained within the entry and pre-event information for each Championship.

**BOX ii** In the event that these regulations contradict the BUCS general regulations, these BUCS sport specific regulations will supersede them, unless specifically stated otherwise.

**BOX iii** In the event that these regulations contradict the [England Boxing \(EB\) Rule Book](#), these BUCS sport specific regulations will supersede them, unless specifically stated otherwise.

**BOX iv** The gender eligibility criteria for the BUCS Boxing Championships will be determined as per [REG 4.3](#).

**BOX 1 Championships** BUCS will host annually a Boxing Championships. The programme shall include the events listed in Appendix 1 ('BUCS Competition Offer and Associated BUCS Points'), subject to entry numbers. All competition specific event information will be available in the event entry information and pre-event information.

**BOX 2 Age eligibility** All competitors must have been born between 1/1/1986 and 31/12/2007.

**BOX 3** All competitors must be registered with and have a valid licence with Boxing Scotland, England Boxing, Welsh Boxing or the Ulster Boxing Council (a provincial unit of the Irish Athletic Boxing Association), as well as a Boxer Competition Record book with the same body which details their competitive experience, to include any previous competitive experience from other combat sports, and a current medical card. Individuals without a valid licence, and unable to produce a valid Boxer Competition Record Book and a current medical card at weigh-in, will not be permitted to compete and disqualified from the competition.

**BOX 4** All coaches must be registered with and have a valid qualification with Boxing Scotland, England Boxing, Welsh Boxing or the Ulster Boxing Council (a provincial unit of the Irish Athletic Boxing Association). All Coaches must hold current qualifications and have in their possession the relevant NGB lanyard to prove they are in-date.

**BOX 5** Competitors who do not make weight in the category they have entered will be allowed to move category if there is space to do so up to the maximum limit of the competition. Priority will remain with competitors who have entered the specific category and make weight. Competitors who fail to make weight are not guaranteed a bout.

**BOX 6 Boxers' dress/equipment** Requirements shall be as per the England Boxing (EB) Rule Book and all competitors are responsible for ensuring that they are appropriately dressed/equipped, however BUCS shall provide competition gloves for all competitors.

## **BOX 7 Bout Lengths**

**BOX 7.1 Male 0-5 bouts** 3 rounds x 2 minutes

**BOX 7.2 Male 6-13 bouts** 3 rounds x 2 minutes

**BOX 7.3 Male 14+ bouts** 3 rounds x 3 minutes

**BOX 7.4 Female 0-4 bouts** 3 rounds x 2 minutes

**BOX 7.5 Female 5-9 bouts** 3 rounds x 2 minutes

**BOX 7.6 Female 10+ bouts** 3 rounds x 3 minutes

**BOX 8 Disputes at events** In line with REG 7.7, should a dispute occur at an event, the event appeal panel for Boxing shall comprise of the Event Supervisor/Tournament Director and a BUCS Staff Member. In accordance with the England Boxing (EB) Rule Book, no protest of a result will be permitted. If the Supervisor believes there to have been a technical error by the Referee, then the Supervisor must complete a Bout Review Request Form and subsequently inform all concerned parties of their decision. The Event Supervisor will have the final decision in all Boxing competition matters.