

Saturday BUCS Racing Timetable

| Time  |       |                |                     |                  |      |  |
|---|-------|----------------|---------------------|------------------|------|--|
| 9.00 Lake opens for warm up (please do not paddle on the lake before this time) |       |                |                     |                  |      |  |
| 9.00 Safety briefing for All team leaders on the deck of Whittingham Adventure  |       |                |                     |                  |      |  |
| Men's K1 500m Heat 1  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 1   | 10.30 | 21             | Patrick Fillingham  | Bucks New        | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 29             | Benji Cabrera       | Nottingham Trent | 2    |  |
|   |       | 8              | Matthew Collinge    | Nottingham       | 3    |  |
|   |       | 2              | Toby Booth          | East Anglia      | 4    |  |
|   |       | 35             | Jonathan Falls      | Loughborough     | 5    |  |
| Men's K1 500m Heat 2  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 2   | 10.35 | 34             | Rowan Copland       | Loughborough     | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 7              | Ed Nightingale      | Nottingham       | 2    |  |
|   |       | 10             | Xav Hinves          | Solent           | 3    |  |
|   |       | 5              | Finn Cadell         | Nottingham       | 4    |  |
| Men's K1 500m Heat 3  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 3   | 10.40 | 4              | Oliver Flaks        | Nottingham       | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 44             | William McCracken   | Manchester       | 2    |  |
|   |       | 11             | Timothy Dowden      | Sheffield        | 3    |  |
|   |       | 20             | George Brooks       | Reading          | 4    |  |
| Men's K1 500m Heat 4  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 4   | 10.45 | 33             | Alex Rea            | Stirling         | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 47             | Rory Dowling-Clarke | Edinburgh        | 2    |  |
|   |       | 6              | Luke Shaw           | Nottingham       | 3    |  |
|   |       | 1              | Finbarr O'Brien     | East Anglia      | 4    |  |
| Women's K1 500m Heat 1  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 5   | 10.50 | 18             | Lucy Guest          | Nottingham       | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 28             | Alexandra Armstrong | Edinburgh        | 2    |  |
|   |       | 23             | Lucy Lee-Smith      | Nottingham Trent | 3    |  |
|   |       | 16             | Kate Hipkins        | Nottingham       | 4    |  |
|   |       | 17             | Katie Pocklington   | Nottingham       | 5    |  |
| Women's K1 500m Heat 2  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 6   | 10.55 | 40             | Ellie Burgess       | Loughborough     | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 46             | Becky Pemble        | Canterbury CC    | 2    |  |
|   |       | 13             | Zoe Clark           | Nottingham       | 3    |  |
|   |       | 43             | Katie Brookes       | Exeter           | 4    |  |
|   |       | 15             | Elise Montagna      | Nottingham       | 5    |  |
| Women's K1 500m Heat 3  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 7   | 11.00 | 42             | Catrin Schröder     | Loughborough     | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 25             | Jessica Urquhart    | Nottingham Trent | 2    |  |
|   |       | 19             | Emma Russell        | Nottingham       | 3    |  |
|   |       | 12             | Bea Clark           | Nottingham       | 4    |  |
|   |       | 27             | Emma Christie       | Nottingham Trent | 5    |  |
| Women's K1 500m Heat 4  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 8   | 11.05 | 41             | Makayla Bourne      | Loughborough     | 1    | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats              |
|   |       | 14             | Amy Green           | Nottingham       | 2    |  |
|   |       | 22             | Emily Lewis         | Nottingham Trent | 3    |  |
|   |       | 26             | Kerry Christie      | Nottingham Trent | 4    |  |
|   |       | 24             | katie shattock      | Nottingham Trent | 5    |  |
| Racing Break  |       |                |                     |                  |      |  |
| Men's K1 500m Semi Final 1  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 9   | 11.50 |                |                     |                  | 1    | Positions 1-2 from semi-finals 1 and 2 to final, plus 1 best time from semi-finals 1 and 2 |
|   |       |                |                     |                  | 2    |  |
|   |       |                |                     |                  | 3    |  |
|   |       |                |                     |                  | 4    |  |
|   |       |                |                     |                  | 5    |  |
| Men's K1 500m Semi Final 2  |       |                |                     |                  |      |  |
| Race No   | Time  | Competitor No. | Paddler             | Institution      | Lane |  |
| 10  | 11.55 |                |                     |                  | 1    | Positions 1-2 from semi-finals 1 and 2 to final, plus 1 best time from semi-finals 1       |
|   |       |                |                     |                  | 2    |  |
|   |       |                |                     |                  | 3    |  |

|                                |       |   |                   |                  | 4    | and 2  |  |
|--------------------------------|-------|---|-------------------|------------------|------|--|--|
|                                |       |   |                   |                  | 5    |  |  |
| Women's K1 500m Semi Final 1   |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 11                             | 12.00 |   |                   |                  | 1    | Positions 1-2 from semi-finals 1 and 2 to final, plus 1 best time from semi-finals 1 and 2 |  |
|                                |       |   |                   |                  | 2    |  |  |
|                                |       |   |                   |                  | 3    |  |  |
|                                |       |   |                   |                  | 4    |  |  |
|                                |       |   |                   |                  | 5    |  |  |
| Women's K1 500m Semi Final 2   |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 12                             | 12.05 |   |                   |                  | 1    | Positions 1-2 from semi-finals 1 and 2 to final, plus 1 best time from semi-finals 1 and 2 |  |
|                                |       |   |                   |                  | 2    |  |  |
|                                |       |   |                   |                  | 3    |  |  |
|                                |       |   |                   |                  | 4    |  |  |
|                                |       |   |                   |                  | 5    |  |  |
| Women's Open 200m Final        |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 13                             | 12.10 | 41  | Makayla Bourne    | Loughborough     | 2    |  |  |
|                                |       | 42  | Catrin Schröder   | Loughborough     | 3    |  |  |
| Men's Open 200m Final          |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Institution       | Institution      | Lane |  |  |
| 14                             | 12.15 | 35  | Jonathan Falls    | Loughborough     | 1    |  |  |
|                                |       | 39  | James Jackson     | Loughborough     | 2    |  |  |
| Men's C1 200m Final            |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 15                             | 12.20 | 3   | Thomas Lambert    | Nottingham       | 2    |  |  |
|                                |       | 4   | Oliver Flaks      | Nottingham       | 3    |  |  |
| Lunch                          |       |   |                   |                  |      |  |  |
| Women's K1 500m Final          |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 16                             | 13.00 |   |                   |                  | 1    |  |  |
|                                |       |   |                   |                  | 2    |  |  |
|                                |       |   |                   |                  | 3    |  |  |
|                                |       |   |                   |                  | 4    |  |  |
|                                |       |   |                   |                  | 5    |  |  |
| Men's K1 500m Final            |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 17                             | 13.05 |   |                   |                  | 1    |  |  |
|                                |       |   |                   |                  | 2    |  |  |
|                                |       |   |                   |                  | 3    |  |  |
|                                |       |   |                   |                  | 4    |  |  |
|                                |       |   |                   |                  | 5    |  |  |
| Medal Presentations            | 13.20 | Men's K1 500m Winners<br>Men's Open 200m Winners<br>Women's Open 200m Winners<br>Women's K1 500m Winners<br>Men's C1 200m Winners |                   |                  |      |  |  |
| Men's K1 2x200m Relay Final    |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 18                             | 13.40 | 5   | Finn Cadell       | Nottingham       | 2    |  |  |
|                                |       | 7   | Ed Nightingale    | Nottingham       | 2    |  |  |
|                                |       | 6   | Luke Shaw         | Nottingham       | 3    |  |  |
|                                |       | 8   | Matthew Collinge  | Nottingham       | 3    |  |  |
| Women's K1 2x200m Relay Heat 1 |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 19                             | 13.45 | 14  | Amy Green         | Nottingham       | 1    | Positions 1 and 2 from heat 1 and 2 to Final, plus 1 best time                             |  |
|                                |       | 17  | Katie Pocklington | Nottingham       | 1    |  |  |
|                                |       | 12  | Bea Clark         | Nottingham       | 2    |  |  |
|                                |       | 16  | Kate Hipkins      | Nottingham       | 2    |  |  |
|                                |       | 22  | Emily Lewis       | Nottingham Trent | 3    |  |  |
|                                |       | 23  | Lucy Lee-Smith    | Nottingham Trent | 3    |  |  |
| Women's K1 2x200m Relay Heat 2 |       |   |                   |                  |      |  |  |
| Race No                        | Time  | Competitor No.  | Paddler           | Institution      | Lane |  |  |
| 20                             | 13.50 | 15  | Elise Montagna    | Nottingham       | 1    | Positions 1 and 2 from heat 1 and 2 to Final, plus 1 best time                             |  |
|                                |       | 18  | Lucy Guest        | Nottingham       | 1    |  |  |
|                                |       | 25  | Jessica Urquhart  | Nottingham Trent | 2    |  |  |
|                                |       | 26  | Kerry Christie    | Nottingham Trent | 2    |  |  |

|                               |             |                       |                     |                    |             |  |
|-------------------------------|-------------|-----------------------|---------------------|--------------------|-------------|--|
|                               |             | 13                    | Zoe Clark           | Nottingham         | 3           |  |
|                               |             | 19                    | Emma Russell        | Nottingham         | 3           |  |
| Men's C1 5,000m Final         |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 21                            | 14.00       | 3                     | Thomas Lambert      | Nottingham         | 1           |  |
|                               |             | 4                     | Oliver Flaks        | Nottingham         | 2           |  |
| Women's K1 2x200m Relay Final |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 22                            | 14.50       |                       |                     |                    | 1           |  |
|                               |             |                       |                     |                    | 2           |  |
| Men's K1 200m Heat 1          |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 23                            | 15.00       | 31                    | James Mitchell      | Nottingham Trent   | 1           |  |
|                               |             | 11                    | Timothy Dowden      | Sheffield          | 2           |  |
|                               |             | 8                     | Matthew Collinge    | Nottingham         | 3           | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats    |
|                               |             | 2                     | Toby Booth          | East Anglia        | 4           |  |
|                               |             | 21                    | Patrick Fillingham  | Bucks New          | 5           |  |
|                               |             |                       |                     |                    |             |  |
| Men's K1 200m Heat 2          |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 24                            | 15.05       | 30                    | Michael Dacombe     | Nottingham Trent   | 1           |  |
|                               |             | 5                     | Finn Cadell         | Nottingham         | 2           |  |
|                               |             | 10                    | Xav Hinves          | Solent             | 3           | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats    |
|                               |             | 1                     | Finbarr O'Brien     | East Anglia        | 4           |  |
|                               |             | 9                     | Thom Haynes         | Cambridge          | 5           |  |
| Men's K1 200m Heat 3          |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 25                            | 15.10       | 4                     | Oliver Flaks        | Nottingham         | 1           |  |
|                               |             | 44                    | William McCracken   | Manchester         | 2           |  |
|                               |             | 6                     | Luke Shaw           | Nottingham         | 3           | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats    |
|                               |             | 47                    | Rory Dowling-Clarke | Edinburgh          | 4           |  |
|                               |             | 34                    | Rowan Copland       | Loughborough       | 5           |  |
| Men's K1 200m Heat 4          |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 26                            | 15.15       | 33                    | Alex Rea            | Stirling           | 1           |  |
|                               |             | 7                     | Ed Nightingale      | Nottingham         | 2           |  |
|                               |             | 29                    | Benji Cabrera       | Nottingham Trent   | 3           | Positions 1-2 from heats 1-4 to semi-final plus 2 best times from the 4 heats    |
|                               |             | 32                    | Liam Turner         | Nottingham Trent   | 4           |  |
|                               |             | 35                    | Jonathan Falls      | Loughborough       | 5           |  |
| Women's K1 200m Heat 1        |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 27                            | 15.20       | 15                    | Elise Montagna      | Nottingham         | 1           |  |
|                               |             | 43                    | Katie Brookes       | Exeter             | 2           | Positions 1-2 from heats 1 to 5 to semi-final plus 5 best times from heats 1 - 5 |
|                               |             | 37                    | Grace Anderson      | East Anglia        | 3           |  |
|                               |             | 26                    | Kerry Christie      | Nottingham Trent   | 4           |  |
|                               |             | 45                    | Kate Bradley        | Cardiff            | 5           |  |
| Women's K1 200m Heat 2        |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 28                            | 15.25       | 24                    | katie shattock      | Nottingham Trent   | 1           |  |
|                               |             | 25                    | Jessica Urquhart    | Nottingham Trent   | 2           | Positions 1-2 from heats 1 to 5 to semi-final plus 5 best times from heats 1 - 5 |
|                               |             | 13                    | Zoe Clark           | Nottingham         | 3           |  |
|                               |             | 40                    | Ellie Burgess       | Loughborough       | 4           |  |
|                               |             | 38                    | Charlotte Le-May    | East Anglia        | 5           |  |
| Women's K1 200m Heat 3        |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 29                            | 30          |                       |                     |                    | 1           |  |
|                               |             | 27                    | Emma Christie       | Nottingham Trent   | 2           | Positions 1-2 from heats 1 to 5 to semi-final plus 5 best times from heats 1 - 5 |
|                               |             | 23                    | Lucy Lee-Smith      | Nottingham Trent   | 3           |  |
|                               |             | 14                    | Amy Green           | Nottingham         | 4           |  |
|                               |             | 18                    | Lucy Guest          | Nottingham         | 5           |  |
| Women's K1 200m Heat 4        |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 30                            | 15.35       |                       |                     |                    | 1           |  |
|                               |             | 46                    | Becky Pemble        | Canterbury CC      | 2           | Positions 1-2 from heats 1 to 5 to semi-final plus 5 best times from heats 1 - 5 |
|                               |             | 22                    | Emily Lewis         | Nottingham Trent   | 3           |  |
|                               |             | 17                    | Katie Pocklington   | Nottingham         | 4           |  |
|                               |             | 42                    | Catrin Schröder     | Loughborough       | 5           |  |
| Women's K1 200m Heat 5        |             |                       |                     |                    |             |  |
| <b>Race No</b>                | <b>Time</b> | <b>Competitor No.</b> | <b>Paddler</b>      | <b>Institution</b> | <b>Lane</b> |  |
| 31                            | 15.40       |                       |                     |                    | 1           |  |
|                               |             | 12                    | Bea Clark           | Nottingham         | 2           | Positions 1-2 from heats 1 to 5 to semi-final plus 5 best times from heats 1 - 5 |
|                               |             | 28                    | Alexandra Armstrong | Edinburgh          | 3           |  |
|                               |             | 16                    | Kate Hipkins        | Nottingham         |             |  |
|                               |             | 41                    | Makayla Bourne      | Loughborough       | 5           |  |

| Men's K1 5000m Final       |             |   |                   |                  |  |
|----------------------------|-------------|---|-------------------|------------------|--|
| Race No                    | Time        | Competitor No.  | Paddler           | Institution      | No lanes or starting order   |
| 32                         | 16.00       | 9   | Thom Haynes       | Cambridge        | Held start. Competitors start backed up to Whitlingham adventure decking |
|                            |             | 1   | Finbarr O'Brien   | East Anglia      |  |
|                            |             | 34  | Rowan Copland     | Loughborough     |  |
|                            |             | 44  | William McCracken | Manchester       |  |
|                            |             | 6   | Luke Shaw         | Nottingham       |  |
|                            |             | 8   | Matthew Collinge  | Nottingham       |  |
|                            |             | 5   | Finn Cadell       | Nottingham       |  |
|                            |             | 29  | Benji Cabrera     | Nottingham Trent |  |
|                            |             | 20  | George Brooks     | Reading          |  |
|                            |             | 11  | Timothy Dowden    | Sheffield        |  |
|                            |             | 10  | Xav Hinves        | Solent           |  |
| Women's K1 5000m Final     |             |   |                   |                  |  |
| Race No                    | Time        | Competitor No.  | Paddler           | Institution      | No lanes or starting order   |
| 33                         | 16.40       | 46  | Becky Pemble      | Canterbury CC    | Held start. Competitors start backed up to Whitlingham adventure decking |
|                            |             | 43  | Katie Brookes     | Exeter           |  |
|                            |             | 19  | Emma Russell      | Nottingham       |  |
|                            |             | 18  | Lucy Guest        | Nottingham       |  |
|                            |             | 16  | Kate Hipkins      | Nottingham       |  |
|                            |             | 13  | Zoe Clark         | Nottingham       |  |
|                            |             | 15  | Elise Montagna    | Nottingham       |  |
|                            |             | 12  | Bea Clark         | Nottingham       |  |
|                            |             | 17  | Katie Pocklington | Nottingham       |  |
|                            |             | 22  | Emily Lewis       | Nottingham Trent |  |
|                            |             | 23  | Lucy Lee-Smith    | Nottingham Trent |  |
|                            |             | 25  | Jessica Urquhart  | Nottingham Trent |  |
|                            |             | 26  | Kerry Christie    | Nottingham Trent |  |
|                            |             | 27  | Emma Christie     | Nottingham Trent |  |
|                            |             | 24  | katie shattock    | Nottingham Trent |  |
|                            | <b>Time</b> |   |                   |                  |  |
|                            | 17.30       | padding on the lake after this time (you can paddle on the river - this is at your own risk - there is                                |                   |                  |  |
| <b>Medal Presentations</b> | 17.30       | Men's K1 2x200m Relay Final<br>Men's C1 5,000m Final<br>Women's K1 2x200m Relay Final<br>Men's K1 5000m Final<br>Men's K1 5000m Final |                   |                  |  |