

## **BUCS SWIMMING TEAM CHAMPIONSHIPS 2024**

# **INFORMATION AND SCHEDULE**

## SWIMMER RESTRICTION

Note that a swimmer may compete in a maximum of three individual events. There is no restriction on relays.

## ORDER OF EVENTS:

- 1) 4 x 50m Medley Relay
- 2) 4 x 1 Length Individual Medley
- 3) 100m Freestyle
- 4) 100m Butterfly
- 5) 100m Backstroke
- 6) 100m Breaststroke

\*\*\*COMFORT BREAK – 20 Mins for Officials\*\*\* (Both pools available for further warm up during this time)

- 7) 200m Freestyle
- 8) 50m Butterfly
- 9) 50m Backstroke
- **10)** 50m Breaststroke
- **11)** 50m Freestyle
- **12)** 4 x 50m Freestyle Relay

## WARM UP & COOL DOWN

Warm-ups in the competition pool are allocated to teams as per the schedules published. The second pool is available for warm-up and swim-down throughout the competition.

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#### QUALIFICATION

07:30-08:45	Registration (BUCS Help Desk in Omega Suite)
07:50-08:15	Warm Up 1 in Competition Pool (Teams in Heat 1)
08:15-08:40	Warm-up 2 in Competition Pool (Teams in Heat 2)
08:40-09:05	Warm-up 3 in Competition Pool (Teams in Heat 3)
09:15	COMPETITION STARTS
12:15	ESTIMATED FINISH TIME



#### 12:45 (Approx) FINAL QUALIFIERS PUBLISHED

#### **RUNNING ORDER OF RACES – QUALIFIERS**

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Heat 1
- 2) Female Heat 2
- 3) Female Heat 3
- 4) Open/Male Heat 1
- 5) Open/Male Heat 2
- 6) Open/Male Heat 3

#### WARM UP LANE ALLOCATION - QUALIFIERS

Teams should warm up in the warm up appropriate to their allocated heat and lane as follows:

	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
Heat		Surrev	Birmingham	Edge Hill	Birmingham	Lancaster	Southampton	Southampton		
1		Juney	3		2		1	2		
Heat		Glasgow	Stirling 3	Swansea 3	Stirling 2	Leeds Beckett	Sheffield	Sheffield		
2		Clasgow	Stiring S	Swansea S	Juning 2		Hallam 2	Hallam 3		
Heat	Birmingham	Sheffield	Oxford	Loughborough	Ctivling 1	Loughborough	Loughborough	Laada	Swansea	Swansea
3	1	1 Hallam 1 Oxford	2	Stirling 1	1	3	Leeds	1	2	

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#### FINALS

- 13:00-14:00 Registration (BUCS Help Desk in Omega Suite)
- 13:05-13:30 Shield Warm Up in Competition Pool
- 13:30-13:55 Trophy Warm Up in Competition Pool
- 13:55-14:20 Championship Warm-up in Competition Pool
- 14:30 COMPETITION STARTS
- 17:30 ESTIMATED FINISH TIME
- 17:45 RESULTS & PRESENTATIONS

#### WARM UP LANE ALLOCATION - FINALS

Teams should warm up in the allocated warm up for their final in the lane that their team has qualified in.

The following will be published following the qualifying heats:

Ht/Lne	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
Shield										



Trophy										
Champ										

#### **RUNNING ORDER OF RACES – FINALS**

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Shield
- 2) Female Trophy
- **3)** Female Championship
- 4) Open/Male Shield
- 5) Open/Male Trophy
- 6) Open/Male Championship