



BRITISH
WEIGHT
LIFTING

BUCS CHAMPIONSHIPS

The BUCS Weightlifting & Para Powerlifting Championships 2023 will be held at Bangor University Between 21 - 23 April.

Qualification window

The qualification window for the competition is between 20 March 2022 - 21 March 2023.

Entries

Entries open on 14 February for Students/Competitors and close on 21 March.

QUALIFICATION TOTALS 2023

Women	
Category	Total
45kg	82kg
49kg	89kg
55kg	97kg
59kg	103kg
64kg	107kg
71kg	115kg
76kg	119kg
81kg	122kg
87kg	127kg
87+kg	135kg

Men	
Category	Total
55kg	125kg
61kg	139kg
67kg	148kg
73kg	165kg
81kg	175kg
89kg	183kg
96kg	191kg
102kg	195kg
109kg	205kg
109+kg	208kg