



University
of Exeter

Race Manual

BUCS Road Race

HQ: The Pump & Pedal,
Sourton Cross

Race Contact:
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HQ & Parking:

Parking will be spread across a handful of locations as listed below:

Coaches / Minibuses / Large Vehicles: A30 Sourton Services ([///seasonal.correctly.distracts](http://seasonal.correctly.distracts))

Competitor Parking 1: The Pump & Pedal (approx. 40 spaces)

Competitor Parking 2: A30 Sourton Services (100+ spaces)

Competitor Parking 3: Prewley Moor Car Park (approx. 20 spaces) [///royal.escorting.living](http://royal.escorting.living)

Please park considerately, particularly at the Pump & Pedal – space is limited here!

If you wish to set up gazebos, we recommend you do so at the A30 Sourton Services rest stop.

Strava route showing how to get from the services rest stop to Pump & Pedal (1KM):

<https://www.strava.com/routes/3356742816971781928>

We must keep the access road leading to the Pump & Pedal clear for the convoy to exit from the adjacent caravan park. Failure to do so will result in a delay to the race starts.

Okehampton railway station is a short, traffic-free cycle away via the Granite Way, with hourly services from Exeter St Davids.

Address & what3words locations below:

HQ: The Pump & Pedal, Prewley Hub, Okehampton EX20 4HT

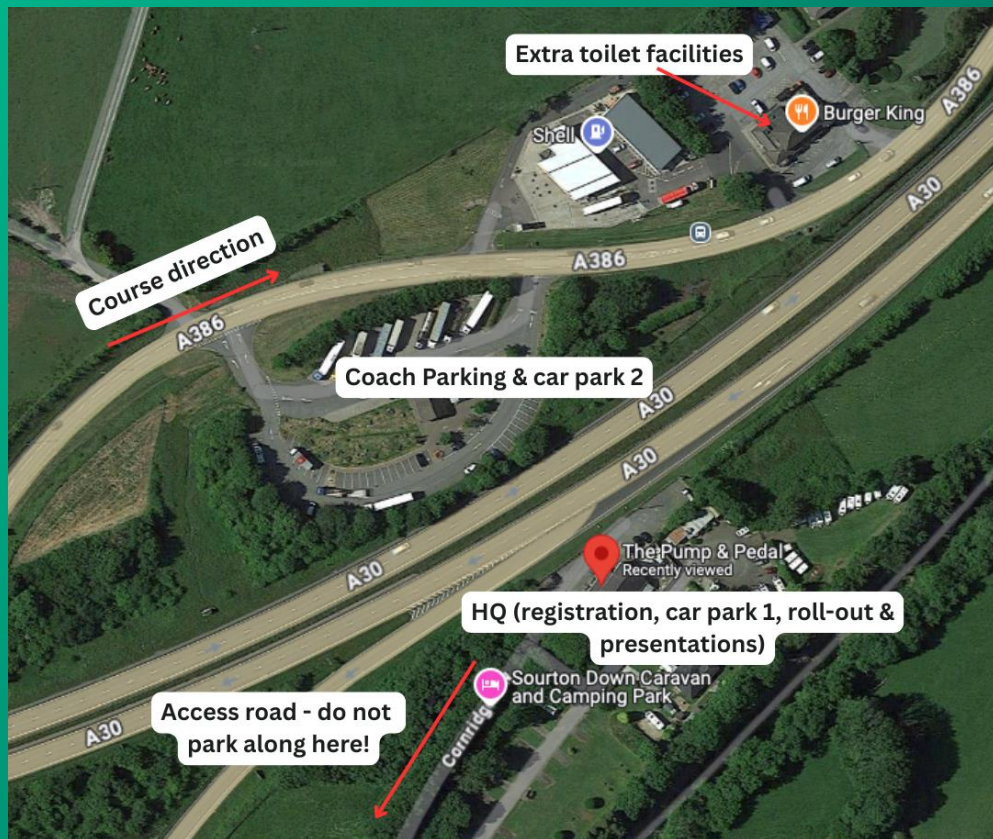
[///breached.edits.grit](http://breached.edits.grit)

The Pump & Pedal will be open until 5pm on Saturday should you need any last-minute spares & is a Shimano service centre. They will be serving coffee & hot drinks on race morning and have a hot food menu running throughout the day. There will also be an outside bar, which we will be making use of after the race for presentations.





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Schedule:

- 10:00 Registration opens @HQ
- 11:15 Marshal Briefing @HQ Garden
- 11:30 Convoy to assemble inside Sourton Down Caravan Park (if not already parked here)
- 11:45 Briefing for all riders @HQ
- 12:00 Open Road Race Championships – roll out from HQ
- 12:05 Women's Road Race Championships Presentations @HQ
- 14:30-14:45 Open Road Race Championships expected finish
- 14:45-15:00 Women's Road Race Championships expected finish
- ~15:45 Presentations @HQ





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The Bridestowe circuit

Distance: ~95km (for both races)

Welcome to Devon. The course is a pretty good representation of what it's like to race and train in the county & is a worthy championship course. It will be attritional and suits a strong breakaway. The course has been used in previous editions of the Totnes Vire Stage Race & National Masters Championships.

The race will roll out from our Pump & Pedal HQ & is likely to be de-neutralized once the convoy passes Okehampton services along Bowerland Rd, but this will be communicated by the commissaires on the day.

Primes: There will be small prime prize awarded to the first rider to pass the finish line after the first lap of both races.

Feed Zone: We strongly recommend using Bridestowe Garage as the feed location (///spite.blissful.whizzed). There will be just one passing of the feed zone for both races. There is to be no feeding on the second passing, since this will be very close to the finish line.

We are racing on the border of Dartmoor national park. Please do not discard litter outside the feed zone. Anyone seen to be doing so intentionally will face an immediate DSQ. Ideally, keep it in your pockets for the race's duration.

Course Link: <https://www.strava.com/routes/3356269749485055694>

First Aid: This race will be covered by Peninsula Medical Services in the convoy.

Convoy: There will be neutral service and a broom wagon at the back of the women's convoy. Please bring any spare wheels you wish to hand to neutral service. Any changes will be communicated on the day.

Cut-Off: Due to the length of the circuit, there will be a cut-off of five minutes behind the convoy. If you cross the finish line after five minutes once the convoy has passed, you will be pulled but still receive a finishing position.





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British Cycling Licenses:

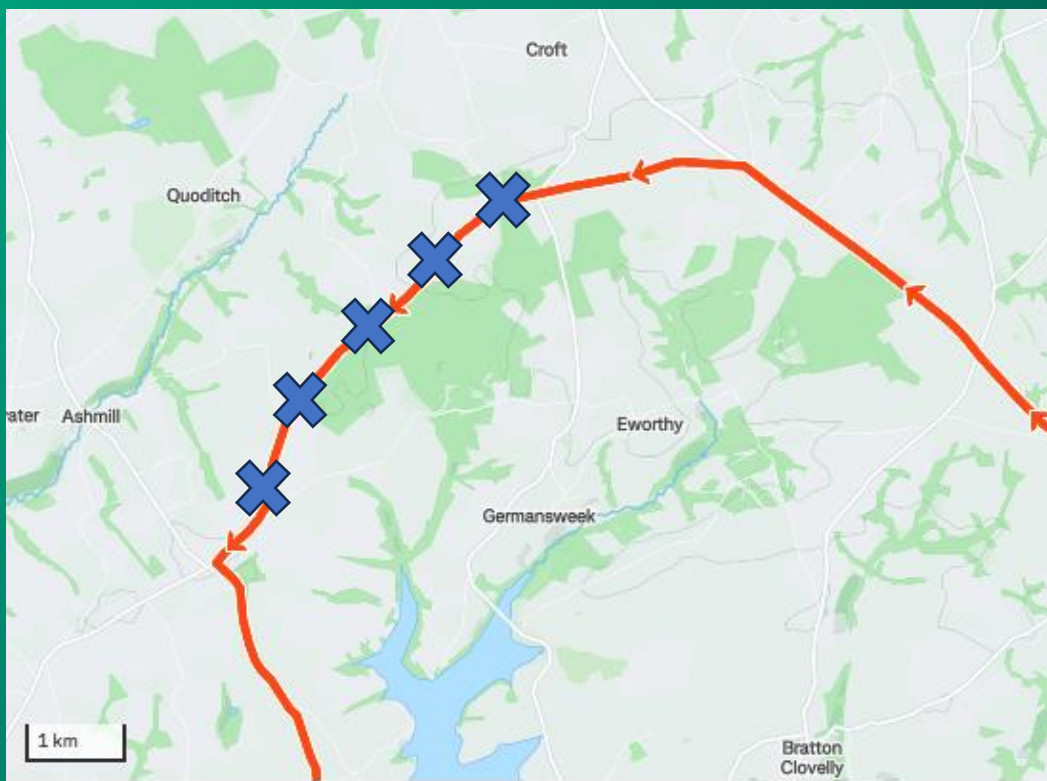
Please remember your race license. **We will be forced to list you as a DNS if you cannot prove that you are a BC member and 3rd category rider & above**, as this is a requirement for the event insurance.

There is no entry on the day.

Road surface:

Most of the course takes in rolling, wide roads which are kept relatively well surfaced. The section of the course highlighted below is a single-track lane with extremely poor road surface in places, with several shaded areas hiding bad patches.

Please give each other extra space along this section and shout/point out holes in this area, in particular; although this goes for the entire circuit and any other races you may do.





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Upcoming Road Events in the South West (all hyperlinks):

Open:

Thursday-nights - [Cream First Crit Series](#) (Torbay Velopark)
24.05 – [Fibrefusion Wheal Jane Classic 2025](#) (Truro, Cornwall)
07.06 – [Panaracer GP Stage Races](#) (Ilton, Somerset)
20.07 – [Plymouth Corinthian Summer Stage Race](#) (Tavistock, Devon)
27.07 – [Witheridge GP](#) (nr Tiverton, Devon)

Women's Only:

Thursday-nights - [Cream First Crit Series](#) (Torbay Velopark)
24.05 – [Fibrefusion Wheal Jane Classic 2025](#) (Truro, Cornwall)
07.06 – [Panaracer GP Stage Races](#) (Ilton, Somerset)
20.07 – [Plymouth Corinthian Summer Stage Race](#) (Tavistock, Devon)
27.07 – [Witheridge GP](#) (nr Tiverton, Devon)





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Open Start list (1)

Number	Name	University
1	Harry Codd	Bath
2	Jack Rose	Bath
3	Luka Cherriman	Bath
4	Samuel Nisbet	Bath
5	Piers Mahn	Birmingham
6	Isaac Allport	Birmingham
7	Josh Ballinger	Birmingham
8	David Sheldon	Birmingham
9	Harry Howlett	Birmingham
10	Elijah Kwon	Bristol
11	James Maxen	Cambridge
12	George Spooner	Cambridge
13	Cobi Allen	Cambridge
14	Mantas Baksys	Cambridge
15	Tom Hale	Cambridge
16	Will Lowden	Cambridge
17	Ben Neal	Canterbury CC
18	Robert Fautley	Cardiff
19	Tom Charles	Cardiff
20	Oliver Cadin	Cardiff
21	Max Duckworth	Cardiff
22	Tsz Shun Cheung	Coventry
23	Andrew Dalzell	Coventry
24	Rhys Thomas	Derby
25	Benjamin Flatau	Derby
26	Jack Baugh	Derby
27	Evan Schofield	Derby
28	Guy Hutchins	Durham
29	Ciaran McSherry	Edinburgh
30	Kade Straker-Meads	Exeter
31	Louis Hay	Exeter
32	Thomas Gardner	Exeter
33	Matthew Britton	Exeter
34	Craig Paterson	Glasgow
35	Cai Davies	Leicester





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Open
Start list (2)

Number	Name	University
36	Barney Hall	Loughborough
37	Joshua Knowles	Loughborough
38	Caleb Pain	Loughborough
39	Nathan Hardy	Loughborough
40	Mark Agent	Loughborough
41	Sam Chaplin	Loughborough
42	Alexander Harris Montero	Loughborough
43	Dan Galpin	Loughborough
44	Alex Galpin	Loughborough
45	Dan Barnes	Loughborough
46	George Cottrell	Nottingham
47	Gabriel Taylor	Nottingham
48	Edward Charles	Nottingham
49	Matthew Brown	Nottingham
50	George Stephen	Nottingham
51	Barnabas Pickford	Nottingham
52	James Satoor	Nottingham Trent
53	Oscar Eddis	Oxford
54	Carl Jolly	Oxford
55	Max Bolton	Oxford
56	Luke Tamblin	Oxford
57	Matthew Coulson	Oxford
58	Jack Sutton	Sheffield
59	Charlie Mactear	Sheffield
60	Archie Wright	Southampton
61	Jacob Hardy	Southampton
62	Hamish Johnstone	Swansea
63	Archie Peet	Swansea
64	Jack Rees	Teesside
65	Renzo Casale	UCL
66	Zhenyu Li	Warwick





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Women's-
only start list

Number	Name	University
70	Hope Inglis	Birmingham
71	Jessica Morrish	Birmingham City
72	Katherine Barnes	Bristol
73	Lucy Havard	Cambridge
74	Freya Taylor	Cambridge
75	Greta Carey	Cardiff
76	Amelia Tyler	Edinburgh
77	Madeline Cooper	Leeds
78	Eva Callinan	Loughborough
79	Ellen Inglis	Loughborough
80	Elena Day	Loughborough
81	Olivia Kelly	Loughborough
82	Georgia Lancaster	Loughborough
83	Róisín Lally	Loughborough
84	Matilda Gurney	Nottingham
85	Isabel Ellis	Nottingham
86	Eluned King	Nottingham
87	Florence Lissaman	Nottingham
88	Elizabeth Watson	Nottingham
89	Hannah Clough	Nottingham
90	Charlotte Porter-Sparks	Nottingham
91	Phoebe Roche	St Mary's
92	Bethany Barnett	UCL
93	Daisy Barnes	UCLan
94	Natasha Reddy	Warwick



Rider safety guide

This race is run under British Cycling's technical regulations and under standard highway conditions therefore you **MUST** abide by the rules of the road.

Safety

- You are not on closed roads and you will face oncoming traffic

Marshals (static or moto)

- Direct riders around the course and warn other road users a race is taking place
- Marshals do not create road closures or make it safe to race on the right hand side of the road

Actions

- You are responsible for your own actions
- Race on the left hand side of the road – do not cross solid white lines and always avoid crossing broken white lines
- Persistent offenders will be penalised (eg disqualification or a fine)
- If necessary the race will be stopped

Responsibility

- Look after each other, behave responsibly and safely
- Do not take unnecessary risks - your actions could have serious consequences

Think

- About your position on the road
- Rider behaviour is critical to protecting the future of road racing
- We all have a part to play