

# TRAMPOLINE COMPETITION CARD

<b>Name:</b>
<b>University:</b>

<b>Category:</b>	<b>Flight:</b>
<b>Panel:</b>	<b>Number:</b>

Exercise 1					
#	FIG	S	*	Adjustments	DD
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
				<b>Total</b>	

Exercise 2					
#	FIG	S	*	Adjustments	DD
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
				<b>Total</b>	

**Notes:**  
**All competitors should complete a competition card.**

**BUCS Level 1, and Performance Level competitors must \* the required elements in their first exercise.**

**Exercises must be completed in English or FIG.**

**Coaches signing competition cards are taking responsibility for the gymnast, competitors must not perform moves above the qualification of the attending coach.**

Final					
#	FIG	S	*	Adjustments	DD
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
				<b>Total</b>	

<b>Competitor Signature:</b>
<b>Coach Signature:</b>
<b>Coach Qualification:</b>