

**BUCS CHAMPIONSHIPS 2023  
SATURDAY 22 APRIL 2023  
Red Platform**

Weigh in: 8.00 Start: 10.00 Finish: 11.50	WOMEN 45, 49, 55KG	11 Lifters
Weigh in: 10.00 Start: 12.00 Finish: 13.10	WOMEN 59KG B GROUP	7 Lifters
Weigh in: 11.20 Start: 13.20 Finish: 14.30	WOMEN 59KG A GROUP	7 Lifters
Weigh in: 12.40 Start: 14.40 Finish: 16.40	WOMEN 64KG B GROUP	12 Lifters
Weigh in: 14.50 Start: 16.50 Finish: 18.50	WOMEN 64KG A GROUP	12 Lifters
Weigh in: 17.00 Start: 19.00 Finish: 20.10	WOMEN 71KG B GROUP	7 Lifters

**BUCS CHAMPIONSHIPS 2023  
SATURDAY 22 APRIL 2023  
Blue Platform**

Weigh in: 8.00 Start: 10.00 Finish: 11.50	MEN 61, 67KG	11 Lifters
Weigh in: 10.00 Start: 12.00 Finish: 13.10	MEN 73KG B GROUP	7 Lifters
Weigh in: 11.20 Start: 13.20 Finish: 15.00	MEN 81KG C GROUP	10 Lifters
Weigh in: 13.10 Start: 15.10 Finish: 16.20	MEN 73KG A GROUP	7 Lifters
Weigh in: 14.30 Start: 16.30 Finish: 18.00	MEN 89KG C GROUP	9 Lifters
Weigh in: 16.10 Start: 18.10 Finish: 20.00	MEN 81KG B GROUP	11 Lifters

**BUCS CHAMPIONSHIPS 2023  
SUNDAY 23 APRIL 2023  
Red Platform**

Weigh in: 08.00 Start: 10.00 Finish: 11.30	MEN 89KG B GROUP	9 Lifters
Weigh in: 09.40 Start: 11.40 Finish: 12.50	WOMEN 71KG A GROUP	7 Lifters
Weigh in: 11.00 Start: 13.00 Finish: 14.40	WOMEN 76, 81 GROUP	10 Lifters
Weigh in: 12.50 Start: 14.50 Finish: 16.20	WOMEN 87, 87+KG	9 Lifters

**BUCS CHAMPIONSHIPS 2023  
SUNDAY 23 APRIL 2023  
Blue Platform**

Weigh in: 08.00 Start: 10.00 Finish: 11.50	MEN 81KG A GROUP	11 Lifters
Weigh in: 10.00 Start: 12.00 Finish: 13.20	MEN 89KG A GROUP	8 Lifters
Weigh in: 11.30 Start: 13.30 Finish: 14.40	MEN 96KG	7 Lifters
Weigh in: 12.50 Start: 14.50 Finish: 16.40	MEN 102, 109, 109+KG	11 Lifters

All start and finish times are subject to change on the day of the competition subject to the running speed.