

**BUCS Indoor Championships 2020**  
**English Institute of Sport, Sheffield**  
**Results - Saturday, 15 February 2020 Track**

**Women 1500 Meter Run**

Name	Year Team	Seed	Prelims	H#
<b>Preliminaries</b>				
1 Amy Griffiths	Loughborough	4:09.71	4:28.11Q	1
2 Khahisa Mhlanga	Writtle	4:20.96	4:30.46Q	2
3 Eloise Walker	Glasgow	4:23.17	4:30.75Q	3
4 Emily Simpson	Sheffield Hallam	4:27.53	4:29.98Q	1
5 Sabrina Sinha	Birmingham	4:17.48	4:31.17Q	3
6 Rosie Johnson	Loughborough	4:19.62	4:32.08Q	2
7 Isobel Cotham	Liverpool Jo	4:39.12	4:32.07q	3
8 Chloe Sharp	Kent	4:25.83	4:33.63q	1
9 Maisie Grice	Birmingham	4:29.29	4:36.01q	2
10 Katie Hughes	St Mary's	4:40.60	4:47.93	1
11 Nicole Edmunds	University C Lon	4:52.09	4:48.68	1
12 Nancie Bowley	Oxford	4:33.61	4:55.56	3
13 Hannah Addison	Aberdeen	4:35.54	4:55.99	2
14 Lauren Nichols	St Mary's	4:52.39	4:58.64	3
15 Alicia Paton	Glasgow	4:54.50	4:59.87	2
16 Emily Hughes	Sheffield	5:21.00	5:05.68	2
17 Victoria Merrick	Leeds Beckett	4:58.31	5:06.96	2
18 Mollie O'hanlon	Exeter	5:09.38	5:13.13	3
19 Chiara Young	Manchester Met	5:15.68	5:13.26	2
20 Rebecca Brown	Central Lancashire	5:14.50	5:14.60	1
21 Lauren Walker	Leeds	5:14.54	5:23.36	3
22 Karina Thornton	London Schoo	5:14.10	5:24.51	1
23 Anja Cox Cunningham	Manchester Met	5:35.97	5:30.30	3
24 Nicole Farrier	Hull	5:30.98	5:30.61	1
25 Amelia Williams	Bristol	5:28.19	5:36.54	3
26 Shamilah Halford	Leeds	5:41.97	5:38.39	1
27 Hannah Thom	Bristol	5:54.73	5:47.13	2

**Men 1500 Meter Run**

Name	Year Team	Seed	Prelims	H#
1 John Howorth	Cardiff	3:52.57	4:01.22Q	2
2 James Heneghan	Cardiff	3:49.14	4:01.41Q	4
3 Mahamed Mahamed	Southampton Solent	3:48.94	4:04.69Q	1
4 David Sheldon	Loughborough	3:48.92	4:06.55Q	5
5 Thomas Keen	Birmingham	3:43.97	4:13.10Q	3
6 Remi Adebisi	Bath	3:54.46	4:01.87Q	4
7 Alexander Gruen	Oxford	3:47.48	4:02.10Q	2
8 James Habergham	Leeds Beckett	3:50.70	4:05.27Q	1
9 Joseph Tuffin	Birmingham	3:52.03	4:06.83Q	5
10 Max Jones	St Mary's	3:52.99	4:13.44Q	3
11 Alfred Yabsley	Swansea	3:55.32	4:02.63Q	4
12 Niki Faulkner	Imperial	3:53.38	4:02.81Q	2
13 Jordan Wood	Cardiff Met	3:54.07	4:06.04Q	1
14 Thomas Fulton	York	3:53.68	4:06.98Q	5
15 Robert Howorth	Cardiff Met	4:02.72	4:13.77Q	3
16 Ricky Lutakome	St Mary's	3:49.46	4:02.90q	4
17 Jacques Cunningham-Marsh	Sussex	4:03.09	4:04.47q	2
18 Andrew Milligan	Durham	3:56.09	4:07.03q	1
19 Sam Sommerville	Sheffield	3:56.18	4:08.49	5
20 Alex Rowe	Bath	3:59.46	4:09.58	2

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21	Thomas Bayley	Imperial	4:09.21	4:11.49	1
22	Sam Cullen	Sheffield Hallam	4:03.98	4:13.12	5
23	Sam Brown Araújo	Oxford	4:01.82	4:15.04	3
24	Ewan Bate	Leeds	4:21.52	4:15.43	2
25	George Grassly	Durham	3:53.05	4:15.95	3
26	Omar Harhara	Exeter	4:16.97	4:17.06	1
27	Joseph Barton	Aberdeen	4:20.29	4:18.36	5
28	Jack Douglas	Newcastle	4:12.99	4:19.37	4
29	Laurence Skidmore	Manchester	4:29.30	4:22.25	1
30	Ethan Dunn	Liverpool Jo	4:24.53	4:24.20	2
31	David Corkey	Bristol	4:24.17	4:26.06	3
32	Prince Reid (T20) F20;T2	East Anglia	4:16.00	4:27.92	4
33	Luke Greenfield	Central Lancashire	4:25.90	4:28.81	5
34	Ben Hampshire	Exeter	4:21.67	4:31.66	3
35	Alistair Haston	Sheffield	4:42.77	4:33.06	2
36	James Wright	Leeds	4:30.30	4:34.81	4
37	Freddy Newberry	Chester:Chester	4:45.00	4:37.38	3
38	Josh Mulley	Oxford Brookes	4:30.97	4:38.81	4
39	Jacob Milburn	University C Lon	4:50.00	4:39.02	3
40	Cian Evans-Cowie	London Schoo	4:37.23	4:39.93	1
41	Jordan Latimer	Sunderland	4:51.52	4:51.60	2
42	Adam Poole	Chester:Chester	4:59.95	5:00.78	5

**Men 1500 Meter Run**

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1	Thomas Keen	Birmingham	4:13.10	3:55.33Q 2
2	James Heneghan	Cardiff	4:01.41	3:58.50Q 1
3	Ricky Lutakome	St Mary's	4:02.90	3:55.61Q 2
4	Remi Adebisi	Bath	4:01.87	3:59.02Q 1
5	Joseph Tuffin	Birmingham	4:06.83	3:56.14Q 2
6	Alexander Gruen	Oxford	4:02.10	3:59.22Q 1
7	John Howorth	Cardiff	4:01.22	3:56.49q 2
8	David Sheldon	Loughborough	4:06.55	3:56.59q 2
9	Jordan Wood	Cardiff Met	4:06.04	3:57.90q 2
10	Mahamed Mahamed	Southampton Solent	4:04.69	3:59.22 1
11	Niki Faulkner	Imperial	4:02.81	3:59.51 2
12	Max Jones	St Mary's	4:13.44	3:59.85 1
13	Alfred Yabsley	Swansea	4:02.63	4:00.86 1
14	James Habergham	Leeds Beckett	4:05.27	4:03.39 2
15	Robert Howorth	Cardiff Met	4:13.77	4:05.99 1
16	Jacques Cunningham-Marsh	Sussex	4:04.47	4:07.39 1
17	Thomas Fulton	York	4:06.98	4:07.89 1