

**BUCS Indoor Championships 2020**  
**English Institute of Sport, Sheffield**  
**Results - Saturday, 15 February 2020 Track**

**Women 3000 Meter Run**

Name	Year Team	Seed	Prelims	H#
<b>Preliminaries</b>				
1 Kerry Macangus	Strathclyde	9:25.50	10:06.63Q	1
2 Bryony Gunn	Worcester	9:36.67	10:08.48Q	2
3 Kirsty Walker	Loughborough	9:58.27	10:06.70Q	1
3 Yasmin Austridge	Birmingham	11:55.12	10:06.70Q	1
5 Grace Carson	Loughborough	9:31.56	10:09.13Q	2
6 Isabel Dye	Bath	9:47.12	10:10.63Q	2
7 Lauren Cooper	Cardiff	9:51.20	10:06.76Q	1
8 Louisa Whittingham	Birmingham	10:12.15	10:13.65Q	2
9 Lucy Marland	St Mary's	9:40.01	10:06.77q	1
10 Zoe Bates	Aberdeen	9:50.29	10:07.56q	1
11 Sophie Cowper	Anglia Ruskin	9:45.02	10:15.78q	1
12 Emily Strathdee	Bristol	10:24.68	10:16.41q	2
13 Jasmine Cooper	Cardiff Met	9:53.97	10:20.42	2
14 Juliet Hodder	St Mary's	10:27.30	10:20.51	2
15 Lauren Howe	Sheffield	10:38.38	10:42.68	2
16 Darja Knotkova-Hanley	Brighton	10:25.77	10:47.00	2
17 Stella Cross	Sheffield	10:15.07	10:54.57	1
18 Abigayle Goodrick	Swansea	10:28.00	11:04.01	1
19 Carolyn Cameron	Edinburgh	11:24.22	11:26.66	1
-- Anna Sharp	Oxford	9:48.31	DNF	2

**Men 3000 Meter Run**

Name	Year Team	Seed	Prelims	H#
1 Michael Ward	Birmingham	7:57.22	8:15.51Q	2
2 Jake Smith	Cardiff Met	8:06.11	8:19.69Q	3
3 James Gormley	Birmingham	8:09.40	8:26.31Q	1
4 Tom Mortimer	Loughborough	8:18.78	8:18.48Q	2
5 Mark Pearce	Keele	8:07.45	8:19.77Q	3
6 Ossama Meslek	Huddersfield	7:58.82	8:26.37Q	1
7 Jonathan Hopkins	Cardiff	8:09.42	8:19.79Q	2
8 Jonathan Tobin	Sheffield	8:13.89	8:26.70Q	1
9 Max Heyden	Loughborough	8:14.97	8:27.62Q	3
10 Andrew Smith	Leeds Beckett	8:12.35	8:21.88q	2
11 Abdulqani Sharif	St Mary's	8:16.47	8:28.07q	3
12 Ciaran Lewis	Cardiff Met	8:25.96	8:28.25q	3
13 Joe Wigfield	St Mary's	8:17.95	8:28.66	2
14 Daniel Mulryan	Imperial	8:17.38	8:30.05	1
15 Fintan Stewart	Leeds	8:23.43	8:32.93	1
16 Adam Hay	Uws	8:38.77	8:43.48	2
17 Rory Domville	Bath	8:46.22	8:44.36	3
18 Tom Graham-Marr	Aberdeen	8:58.57	8:44.92	2
19 Jackson Mountford	Bath	8:33.47	8:45.37	1
20 James Coxon	Cambridge	8:27.70	8:47.42	3
21 Aidan Rigby	Cambridge	8:45.92	8:49.05	1
22 Henry Hart	Imperial	8:59.26	8:56.73	2
23 Owen Thomas	Nottingham	9:16.40	9:03.00	1
24 Steven Murray	Aberdeen	9:04.89	9:12.06	3
25 Xavier Blavia Xandri	West London	9:06.91	9:17.88	3
26 Joshua Edwards	East Anglia	9:18.80	9:25.57	2
27 Matt Dwerryhouse	Liverpool Jo	9:35.64	9:47.39	3

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**....Men 3000 Meter Run**

-- James Walker	Nottingham	9:02.27	DNF	1
-- Euan Wilson	Sheffield	8:48.49	DNF	3