

Job Title	Lead Rowing Coach
Reports to	Sports Development Coordinator
Responsible for:	Casual Coaches/Volunteer Coaches
Rate of pay:	£25ph on a Self-Employed Basis (£11k total per annum)
Hours	The role is based on an annualised hours (up to maximum of 440 hours, averaging at 10-12 hours per week during the coaching period) basis in order to maximise the opportunities for a committed, enthusiastic and determined coach to tailor delivery around with key periods and to make rowing at UCL a success. The contract will begin in September 2021 and end in June 2022.

## Purpose of the job

An exciting opportunity has arisen for an ambitious and motivated Rowing Coach to lead our rowing coaching programme, suitable for all levels of athlete, to further support the development of the many student rowers at University College London. You'll work under the guidance of the UCLBC student committee and the TeamUCL staff team to sustain and develop our rowing coaching programme.

Weekend work and Wednesday afternoon work is a minimum requirement, with some flexibility around when the remaining contracted hours take place. This will be set in partnership with the student committee and authorised by the Line Manager.

## About the Union:

Students' Union UCL is an organisation that exists to make more happen. We are the representative body for University College London's (UCL) students, one of the most diverse student communities in the world. UCL students have the potential to do anything, and the Union leads an essential role in helping them to achieve things they may have never thought possible.

## Our Vision:

To be the best part of the UCL student experience.

## Our Mission:

We're here to help students...

- Make more of their time at UCL.
- Get more of the support they need from our advice and welfare services.
- Be more connected with the university and other students as we represent and reflect their views.
- Experience more at university through our societies, activities, sports and events.

- Feel more at home in our excellent spaces.

## Our Values:

Student Driven, Inclusive, Inspiring, Fun and Bold.

The post holder is responsible for delivering the following:

### Coaching

- To lead the coaching programme for UCL Boat Club
- To work with the club committee to set squad and club performance & development objectives
- To work to maximise the number of UCL students who compete in BUCS competitions
- To support the casual/volunteer coaches in developing and delivering their rowing programmes ensuring that they are fully supported in their coaching activity
- To work alongside the captains to select crews
- To work with our Strength & Conditioning coach to provide an overarching training plan for each squad for the year
- To attend various races & regattas as set out and agreed in an annual competition schedule.

### Equipment

- To maintain an accurate equipment inventory
- To aid and advise the club committee on equipment procurement
- To ensure equipment is adequately maintained
- To teach basic boat and equipment maintenance to the student maintenance officer
- To carry out basic boat repairs and advise when external repair work is required
- To advise when an insurance claim for equipment damage may be appropriate

### Health & Safety

- To ensure that all Union and British Rowing safety standards and reporting procedures are adhered to
- To ensure all squads/groups have the appropriate number of coaches and appropriate safety equipment available to them.
- To assist the student committee in completing an annual risk assessment and ensure this is adhered to throughout the year
- To ensure all coaches and coxes conduct activity in a safe manner, following NGB best practice and guidelines
- To advise on exceptional river conditions
- To complete the British Rowing Safety Audit and respond to incidents on behalf of the club

## General Duties

- To take a leading role in managing The Union’s relationship with the boathouse and ULBC
- To establish positive relationships with relevant health and sports professionals and National Governing Body.
- To actively follow and promote UCL Equal Opportunities and Diversity policies.
- To maintain an awareness and observation of fire and Health and Safety Law and Regulations.
- To commit to reducing The Union’s environmental impact and promote environmental and ethical good practice in line with Union policy.
- To attend appropriate meetings as and when required by the Union.
- To carry out any other duties commensurate with the grade and purpose of the post.

This job description reflects the present requirements of the post and as duties and responsibilities change/develop. The job description will be reviewed and be subject to amendment with consultation with the post holder.

## Person Specification

	Essential	Desirable	Tested at Interview	Tested at Application
<b>Qualifications</b>				
UKCC Level 2 Certificate in Coaching Rowing	X			X
Valid First Aid Qualification	X			X
Licence to tow a trailer		X		X
Powerboat Licence		X		X
<b>Experience</b>				
Extensive experience of coaching rowing	X		X	X
A proven track record in coaching successful crews	X		X	X
Sound knowledge of rowing/sculling technique and rigging	X		X	X
Ability to coach rowing at all levels (beginners, intermediate and senior)	X		X	X

Experience of coaching within a university boat club setting		X	X	X
Knowledge of Physiology, Sports Nutrition, and Sports Psychology		X	X	X
Experience of working with elite level rowers		X	X	X
<b>Knowledge</b>				
Extensive knowledge of university rowing, and the wider rowing sector.	X		X	X
A knowledge of basic boat & launch maintenance	X		X	X
A working knowledge of Health and Safety Legislation	X		X	X
Knowledge of basic repair work		X	X	X
<b>Skills</b>				
An effective communicator who is able to adapt their coaching style based on the needs of the group	X		X	X
A well organised and reliable individual who manages their time well	X		X	X
<b>Values, attitudes and personal style</b>				
An enthusiastic, dynamic personality with a passion for rowing	X		X	X
An engaging and professional coaching style	X		X	X
A leader on equality of opportunity who values diversity and removes barriers to equality	X		X	X
Commitment to working in a democratic and student led environment	X		X	X
Commitment to high standards of customer care	X		X	X