

**University Indoor Rowing
and Adaptive Series
2025**



HOST: Cardiff

Open Championship Men			
Place	Name	Institution	Result
1	Abdirahman Hassan	Cardiff	06:54.2
2	Josh Reid	Cardiff	07:22.6
3	Zachariah Salmon	Cardiff Met	07:54.0

Open Championship Women			
Place	Name	Institution	Result
1	Keira Delaney	Cardiff	07:28.0
2	Menna Sutton	Cardiff	07:28.4
3	Beth Weaver	Cardiff	07:35.8
4	Milly Rawles	Cardiff	07:36.6
5	Poppy Stuart	Swansea	07:51.2
6	Lily Dermott	Cardiff	07:55.9
7	Rachel Davies	Swansea	07:57.9
8	Lucy Gardiner	Cardiff	07:59.2
9	Amelia Eldridge	Cardiff Met	08:01.3
10	Freya Teweleit	Swansea	08:02.0
11	Alice Marriott	Cardiff	08:22.1

Championship Lwt Men			
Place	Name	Institution	Result
1	Elliot Marsden	USW	07:24.6

Championship Lwt Women			
Place	Name	Institution	Result
1	Mel Cockayne	Gloucestershire	08:01.5

Beginner Men			
Place	Name	Institution	Result
1	Evan Curtis	Exeter	03:03.9
2	James Bourne	Exeter	03:06.4
3	Tommy Aston	Exeter	03:06.6
4	fergus scott	Exeter	03:10.5
5	Max Pritchard	Exeter	03:11.4
6	Joshua Reeves	Exeter	03:11.5
7	Lewis Morris	Exeter	03:11.7
8	Tom Guilpain	Exeter	03:13.9
9	Charlie Williamson	Swansea	03:14.0
10	Ben Platt	Exeter	03:16.2
11	Igoa Bilbao	Cardiff Met	03:16.3
12	Harry McGill	Exeter	03:16.7
13	James Morland	Exeter	03:16.7
14	Tom Webster	Exeter	03:17.0
15	Tom Butcher	Swansea	03:18.0
16	Samuel Webber	Cardiff	03:18.5
17	James Bird	Exeter	03:18.8

**University Indoor Rowing
and Adaptive Series
2025**



Beginner Men cont...			
Place	Name	Institution	Result
18	Jack Hannah	Cardiff	03:19.9
19	Danyal Salman	Cardiff	03:20.1
20	Sam Bruce	Cardiff	03:20.2
21	Miles Keller-jenkins	Cardiff	03:21.1
22	Theo Cook	Swansea	03:24.1
23	James Nancekivell	Cardiff	03:25.6
24	Cameron Montgomerie	Cardiff	03:26.1
25	Aled Edwards	Cardiff	03:26.2
26	Samuel Fowkes	Hartpury	03:26.5
27	Joseph Collins	Hartpury	03:29.7
28	Khalid Saud	Swansea	03:30.3
29	George Anderson	Cardiff	03:32.7
30	Tommy Dack	Cardiff Met	03:38.5
31	Joseph Hinks	Cardiff	03:40.2
32	James Fleetwood	Gloucestershire	03:44.8
33	Daniel Beat	Cardiff	03:46.0
34	Lucy Box	Cardiff	03:47.1
35	Jacob Bermudez	Cardiff Met	03:47.8
36	Drew Bexon	Gloucestershire	03:48.0
37	Max Leming	Cardiff	03:50.9
38	Daniel Felgate	Swansea	03:52.1
39	Lauren Sturdy	Cardiff	03:55.7
40	George Evans	Cardiff	03:56.3
41	Joseph Campang	Swansea	03:56.3
42	Daniel Stanley	Cardiff	03:57.3
43	Ben Kloos	Swansea	03:57.6
44	Issy Bevan	Cardiff	04:00.3
45	Daisy Greenway	Cardiff	04:05.5
46	Ella Paterson	Cardiff	04:06.2
47	Kira Craigie	Cardiff	04:10.7
48	Kaitlyn Moran	Cardiff	04:11.8
49	Sisily Cardwell	Cardiff	04:31.5
50	Afia Danquah	Cardiff	00:04:34
51	Raghad Alsufyani	Cardiff	04:59.4
52	Alex Cooper	Swansea	03:07.4
53	Alexander Walton	Cardiff	03:31.7

**University Indoor Rowing
and Adaptive Series
2025**



Beginner Women			
Place	Name	Institution	Result
1	Ellen Stokes	Exeter	03:32.7
2	Eva Bolton Lake	Hartpury	03:35.2
3	Grace Chaffey	Cardiff Met	03:39.9
4	Rosie Baker	Exeter	03:40.2
5	Eleanor Reilly	Exeter	03:44.1
6	Ella Napier	Swansea	03:44.9
7	Zara Holligan	Exeter	03:46.2
8	Lili Doubler	Hartpury	03:46.4
9	Lucy Box	Cardiff	03:47.1
10	Evie Tucker	Swansea	03:47.8
11	Louise Brown	Exeter	03:47.8
12	Sophia Olive	Cardiff	03:48.2
13	Lucy Donnelly	Cardiff Met	03:49.7
14	Adelaide Ramsdale	Exeter	03:50.0
15	Lexie Edwards	Exeter	03:50.3
16	Kate Butterwick	Swansea	03:50.4
17	Grace Cunliffe	Exeter	03:50.9
18	Olivia Gold	Exeter	03:52.7
19	Alice Draper	Exeter	03:53.5
20	Natasha Reynard	Exeter	03:53.8
21	Millie Armstrong	Cardiff	03:54.5
22	Elan Jones	Cardiff	03:54.9
23	Lauren Sturdy	Cardiff	03:55.7
24	Felicity Coote	Exeter	03:55.8
25	Eliza Irving	Exeter	03:56.0
26	Millie Thomas	Cardiff Met	03:58.2
27	Liliana Saro	Cardiff	03:58.4
28	Annabel Edwards	Exeter	04:00.2
29	Issy Bevan	Cardiff	04:00.3
30	Ava Kearsley	Swansea	04:00.9
31	Teagan Nash	Cardiff	04:01.6
32	Daisy Foote	Exeter	04:03.1
33	Sofya Bigham	Exeter	04:03.5
34	Lexie Chilton Bates	Swansea	04:04.0
35	Katie Mulgrew	Swansea	04:04.1
36	Annabel Kent	Swansea	04:04.2
37	Millie Bird	Cardiff	04:04.8
38	Tumi Mbithi	Cardiff	04:05.4
39	Annabel Gee	Exeter	04:05.6
40	Lucy Williams	Cardiff	04:05.8
41	Amy Friend	Gloucestershire	04:06.1
42	Ella Paterson	Cardiff	04:06.2
43	Alphonsine Djenguet	Exeter	04:06.7
44	Lily Nketiah	Exeter	04:07.4
45	Emily O'neil	Cardiff	04:09.0
46	Isla Osman	Exeter	04:09.2

**University Indoor Rowing
and Adaptive Series
2025**



Beginner Women cont...			
Place	Name	Institution	Result
47	Jessica Gambier Tompkins	Cardiff	04:10.7
48	Kaitlyn Moran	Cardiff	04:11.8
49	Lauren Page	Exeter	04:14.1
50	Libby Hughes	Cardiff	04:15.1
51	Freya Hammond	Exeter	04:17.6
52	Ashlyn Townhill	Cardiff	04:18.8
53	Daisy Hart	Swansea	04:20.2
54	Isabella Mediratta	Cardiff	04:20.4
55	Lola Preston	Hartpury	04:22.0
56	Jemima McGrigor	Cardiff	04:24.2
57	Amelie Williams	Hartpury	04:29.1
58	Chloe Addison	Cardiff	04:29.2
59	Erika Sooy	Swansea	04:32.9
60	Afia Danquah	Cardiff	04:33.9
61	Erin Colclough	Cardiff	04:37.1
62	Scarlett Tanner	Cardiff	04:43.9
63	Ruby Sadler	Cardiff	04:17

Adaptive			
Place	Name	Institution	Result
1	Saffron Mitchell	Cardiff	04:07.4

Open 250m Sprint			
Place	Name	Institution	Result
1	Joe Rapson	Exeter	00:38.6
2	Igoa Bilbao		00:41.8
3	Samuel Fowkes		00:44.2
4	Oscar Phillips		00:45.3

Open 250m Sprint			
Place	Name	Institution	Result
1	Eva Bolton Lake		00:48.9
2	Grace Chaffey	Cardiff Met	00:50.6
3	Lili Doubler	Hartpury	00:51.5
4	Millie Thomas		00:51.7
5	Maddie Jones	Cardiff Met	00:53.7
6	Lola Preston		00:55.1
7	Amelie Williams	Hartpury	00:59.0