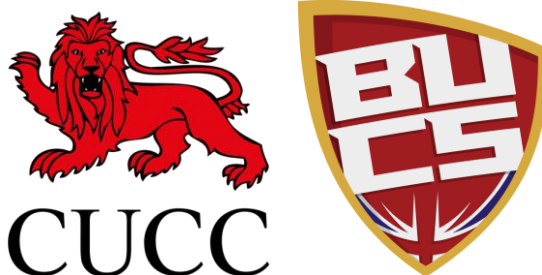


Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Cambridge University Cycling Club
in association with
British Universities & Colleges Sport
present the entry information for the
CIRCUIT 25 MILE TT

to be held on
Sunday 3rd April – Starts at 12:01

HQ: Ellesmere Centre, Stetchworth, Newmarket, CB8 9TS

START half way along lay-by (marked Police only) on the A1303, situated 650 yards south-west of the Stetchworth roundabout. Proceed on the A1303 towards Cambridge, continuing to Dunsley Corner (5.18m) **TAKE CARE SHARP CORNER** were left to follow lane to Six Mile Bottom (8.83m) where left **TAKE CARE TRAFFIC FOM THE RIGHT** onto the A1304 towards Newmarket to Stetchworth roundabout (12.39m) where left onto the A1303, to finish first circuit at the start point (12.76m). Proceed onto second circuit via A1303 to Dunsley Corner (17.94m) **TAKE CARE SHARP CORNER**, lane to Six Mile Bottom (21.59m) where left **TAKE CARE TRAFFIC FOM THE RIGHT** A1304 towards Newmarket to **FINISH** at 'White Direction Board' which is 70 yards north of lay-by and 300 yards south of Stetchworth roundabout. (25.00m).

Course records – Male 48:50 John Archibald (2020) **Female** 55:02 Emily Meakin (2020)

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARDSHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD

YOU MUST HAVE A FRONT FACING WHITE LIGHT AND REAR FACING RED LIGHT FITTED TO YOUR MACHINE, NO LIGHT, NO RIDE.

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.
2. NO 'U' TURNS are allowed within sight of either the start or finish area.
3. Numbers will be situated at the HQ; sign in before and sign out after you have finished.
4. NO cars to stop or park at the start or finish areas.
5. No warming-up by competitors is allowed along any part of the designated course other than going to the start, after the event has started.

COVID-19 REGULATIONS

CTT has issued an updated Covid-19 Risk Assessment as of the 23rd February. If you haven't already please download it from the CTT website here: <https://www.cyclingtimetrials.org.uk/documents/index/covid-19> , and read it carefully. However, the following points plus other instructions are of importance so are repeated here.

Competitors should not attend if they feel ill in **ANY** way especially if they or family members have any Covid-19 symptoms.

Competitors should be aware that an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of **ANY** kind, and that they should DNS and leave immediately and not go to the start line if they feel this is the case.

Competitors are encouraged to undertake a lateral flow test prior to attending the event and should not attend if the test result is positive.

Spectators and anyone not competing are encouraged to also undertake a lateral flow test before attending and remain outdoors wherever possible.

Event Headquarters

Event Headquarters are at the Ellesmere Centre, Stetchworth, near Newmarket. The HQ will be open at 10am. Please aim to arrive only as early as is needed for your start time, no more than 2 hours before is recommended. Please park sensibly and avoid blocking pathways by not parking on the verges. Obey the 30mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these headquarters.

There is step-free access to the main hall, toilets and changing facilities by the main entrance.

Separate toilets and changing facilities for men and women will be available at the HQ and will be well ventilated with a signed capacity limit. Shower facilities will not be available. Access is via the lobby next to the main door of the centre, please wear a mask if you can, queue outside if necessary and use the hand sanitisation stations.

Signing in and out will be outdoors under the marquee (or moved inside in the case of bad weather). Please queue in an orderly fashion at the sign-on station. If moved inside we ask that face masks be worn if possible as a courtesy to others in close proximity.

Riders should bring their own pen for signing in and out, disposable numbers will be laid out individually and riders should only handle their own number, pins will be provided but riders are still encouraged to bring their own should they have any. Make use of the provided hand sanitiser before signing on and collecting your number.

The start is nearly 3 miles from the event HQ with a small hill along the way, allow plenty of time (15-20 minutes) if you are riding from the HQ. The route to the start will be signposted Please see map below.

Please arrive at the start line in good time for your start time and queue on the grass verge leading up to the start maintaining appropriate distance. If there are already a number of competitors waiting to start, you may wait in the slip road signposted 'Equine Hospital' just prior to the start. There will be a pusher-off. Please don't leave any clothing, bottles, etc, at the start as you will not be able to collect it until after the event has finished.

On finishing the race, riders should not stop at the finish but proceed to turn right at the roundabout and take the exit back towards the HQ. Riders should return to the HQ to sign out and may stay for the results and medal presentation.

There will be hot and cold refreshments on sale at the HQ and results displayed in the main hall.

Timekeepers: Tim & Wally Groves

Event Secretary: James Quigley

Fitzwilliam College, Storey's Way, Cambridge, Cambridgeshire, CB3 0DG

Email: jaaq2@cam.ac.uk Mobile: 07532249288

PARKING

There is limited parking at the HQ, only 60 spaces in the standard car park with possible additional grass overflow parking.

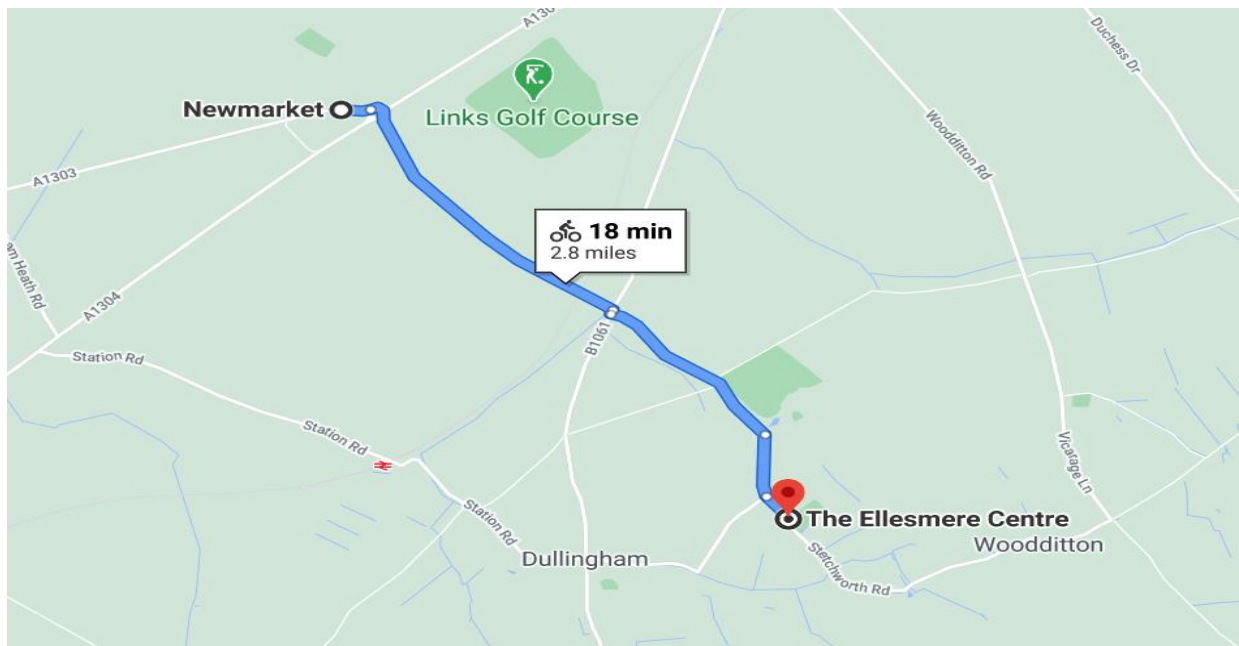
DO NOT PARK ON RESIDENTIAL VILLAGE STREETS, BLOCK DRIVEWAYS OR ON THE GRASS VERGE OUTSIDE THE HQ.

Parking near start available both along the road leading from the start to the HQ, where there are large grass verges, and along the minor exit to north side of the Newmarket RAB with suitable space along the side of the road (both highlighted). Please park considerately and responsibly and be mindful of other vehicles when at the roadside.

Please DO NOT litter where you have parked, take all rubbish to a bin or away with you.



FROM HQ TO START, IT'S NEARLY 3 MILES SO IF YOU ARE RIDING FROM THE HQ LEAVE PLENTY OF TIME. THE ROUTE FROM HQ TO START WILL BE SIGNPOSTED WITH DIRECTION ARROWS.



Results and Prizes

Individual Competition – Fastest Individuals

Men – 1st, 2nd, 3rd

Women – 1st, 2nd, 3rd

Team Competition – Fastest combined time of 3 individuals (Men's) and 2 individuals (Women's) from the same institution

Men – 1st, 2nd, 3rd

Women – 1st, 2nd, 3rd

Results will be displayed during and after the event and a medal presentation will take place following the event. The full compiled results will also be released and distributed online after the day of the event.