

BUCS GYMNASTICS CHAMPONSHIP GRADE 2 RULES 2022

Difficulty Value [DV] Uncoded elements 0.10 each FIG A elements 0.10 each FIG B elements 0.30 each FIG C elements 0.50 each	Rules and Regulations are as per FIG Cycle 14 [2017-2020] Code of Points, unless stated otherwise. FIG Execution and Artistry Penalties will be applied. BARS/BEAM/FLOOR – 8 highest elements <u>including</u> dismount Only Uncoded/A/B/C elements allowed BEAM/FLOOR – 3 acrobatic + 3 dance + 2 optional FLOOR 4 x Acro lines [max] If only 1 x Acro line performed – no Dismount CR awarded Barred elements are not allowed and no Difficulty Value will be given if they are performed. Uncoded elements as listed below will be recognised and awarded 0.10 each Same element can only count once EXCEPT on Bars where an FIG Coded element [excluding Upstarts] may be repeated for Difficulty Value IMPORTANT At all levels, coaches and gymnasts should concentrate their efforts towards the accuracy of technical execution. EXECUTION DEDUCTIONS AS CYCLE 15 COP. ELEMENT VALUE AS PER FIG COP 2022-2024 Cycle 15 ELEMENT SHEETS			
Short Exercises	FIG Rules apply for BEAM & FLOOR On BARS, an exercise with less than 6 elements will be deducted 1.00 for each missing element			
Vault		Bars	Beam	Floor
No Vault allowed other than as stated below	Barred Elements	All D elements and above Double backaway dismounts	All D elements and above	All D elements and above
Vault 1.00 DV 2.40 Handspring Vault 1.01 DV 2.80 Handspring on -1/2 off Vault 1.10 DV 2.60 Yamashita Vault 1.11 DV 3.00 Yamashita ½ Vault 1.21 DV 3.00 ½ on - ½ off Vault 1.22 DV 3.40 ½ on 1/1 off Vault 3.10 DV 4.00 Tsukahara Tucked Vault 3.20 DV 4.20 Tsukahara Piked Vault 4.10 DV 3.80 Yurchenko Tucked Vault 4.20 DV 4.00 Yurchenko Piked	Uncoded Elements 0.10 each	Squat onto Low Bar, jump to High Bar Backward sole circle tucked Dismount: Straddle on or Stoop on undershoot	Mounts: Straddle ½ lever hold – 2 seconds Jump to 1 or 2 feet Dance: Stretch jump with ½ turn Cat leap , Tuck jump	Backward roll to handstand Handstand forward roll Forward walkover Backward walkover Valdez
Vault Height 125 cm 1 x springboard	Composition Requirements [CR] 4 @ 0.50 each	<ul style="list-style-type: none"> • Bar change from LB to HB [flight not necessary] • Element with handstand • Close bar element • B element on LB Dismount must be included in the counting elements	<ul style="list-style-type: none"> • Connection of 2 [min] different dance elements [one being a leap, jump or hop with 180° cross/side or straddle position] • Turn from Group 3 • Acro series of minimum 2 elements 1 x with flight (not salto) not connected into dismount • Acro elements in different directions [f'wd/s'wd & b'wd] Dismount must be included in the counting elements	<ul style="list-style-type: none"> • Dance passage of 2 [min] different leaps or hops [one with 180° cross/side or straddle position] • Any coded 1/1 spin (min) on 1 foot • Acro line with 2 different saltos • 2 x saltos in different directions – f'wd/s'wd & b'wd – [including aerial cartwheel or aerial walkover] Dismount must be included in the counting elements
Bonus	Bonus	Backward giant to handstand performed without a fall 0.50 Awarded once only	Bonus Exercise without a fall 0.50 [provided all CRs are fulfilled]	No Bonus
2 x Vaults performed Best score to count	Artistry & Specific Apparatus Deductions	Use ARTISTRY and SPECIFIC APPARATUS DEDUCTIONS for Bars/Beam/Floor as in Sections 11/12/13 in Cycle 15 Code of Points Is on the most up to date WTC help sheets EXCEPT AS STATED BELOW where there will be NO DEDUCTION Uncharacteristic movement e.g. Bar change without performing an element	Unnecessary pause [more than 1 second]	

January 2022 For the 2022 competition the vault tariffs will remain as listed in this document