

PENTATHLON GB+

2026 GRAND PRIX



28TH MARCH 2026

UNIVERSITY OF BATH

MEN'S & WOMEN'S U24 COMPETITION (STUDENTS | U24 | U19)
U17s COMPETITION (U17| U15)



PENTATHLON GB+



SPORT ENGLAND



UK SPORTS INSTITUTE



UNIVERSITY OF BATH
TEAMBATH



INTRODUCTION

Welcome to this weekend's Grand Prix Competition.

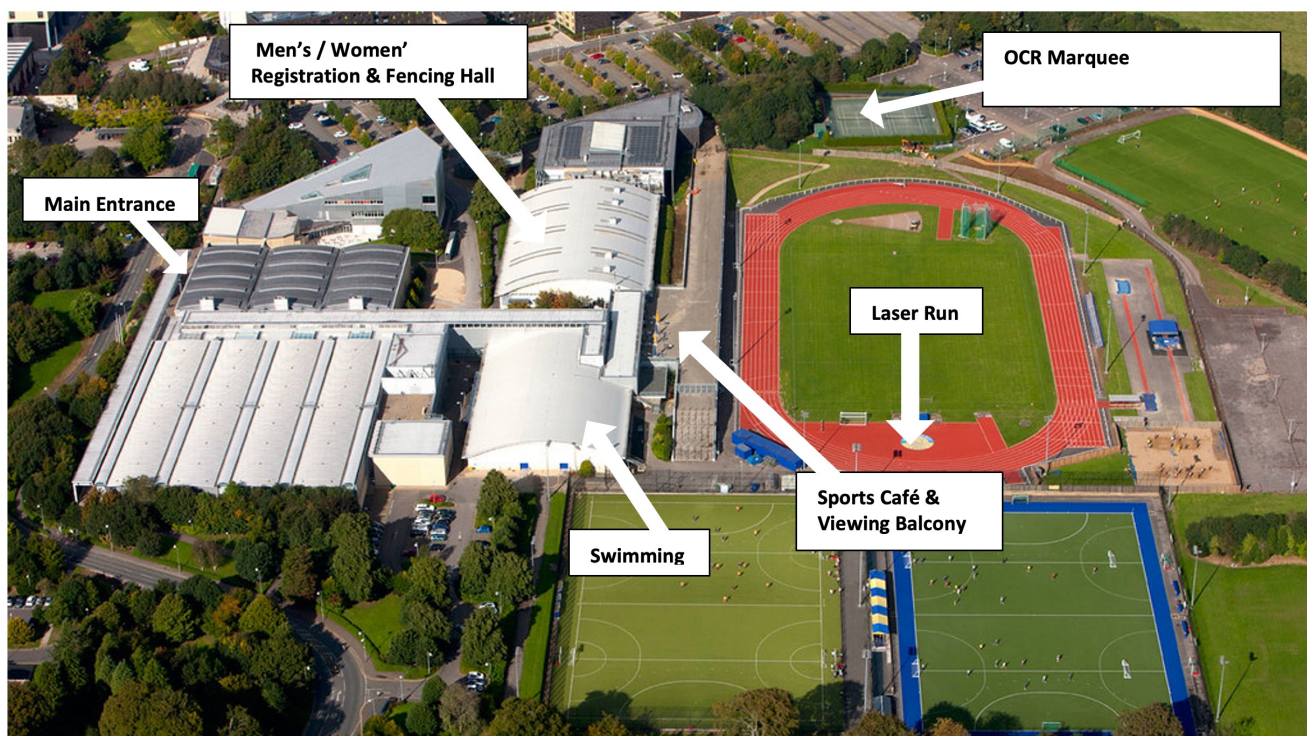
This athlete pack provides all the essential information you need to prepare and compete effectively, including competition details, event timetable, venue and travel information, and key operational guidance for the weekend.

Please take time to read through the pack in advance to ensure a smooth and successful competition experience. We wish you the very best of luck and look forward to an excellent weekend of competition.

COMPETITION OFFICIALS

ROLE	NAME
EVENT & COMPETITION DIRECTOR	RHYS EDWARDS
PARA DIRECTOR	DR NIC ROBINSON
FENCING DIRECTOR	JACQUALINE ESIMAJJE-HEATH
OCR DIRECTOR	MATT KIRK
SWIM DIRECTOR	JEAN CHILDS
LASER RUN DIRECTOR	BILL BLAND

SITE MAP



WITHDRAWALS

If illness, injury or any other reason prevents you from being able to take part, please let us know as soon as possible by emailing pathway@pentathlongb.org or WhatsApp +447458126727 by **4pm on Friday 27TH March.**

COMPETITION FORMAT

This event will be run in accordance with the updated [UIPM Competition Rules & Guidelines](#) with swim now being 100m and an additional shoot in the Laser Run Open competition. The following exceptions apply:

- **Competition:** BUCS & U24 Athletes will complete a Fencing Ranking Round only and their points from this will be used for their Fencing Score. U17s Athletes will compete in a Direct Elimination (DE) format with their seeding based on their fencing ranking collated from the National Ranking Series.
- **U17 Fencing:** All athletes require an 800N Plastron & 1600N Mask. 350N jacket and breeches is permitted for this event as the minimum standard, however we would strongly encourage athletes to wear the higher safety standard kit. Please note, if athletes in this age group qualify to compete for international teams, all international events will require 800N kit & FIE blades.
- **OCR:** Due to the spiral OCR course, athletes in lane B will have a staggered start and obstacles may be in a different order.

FENCING

FENCING HALL (U24s & U17s)

Ranking Round & Direct Elimination
8 Pistes

Weapon control before each bout on Piste.
No Bags in Fencing Hall



OCR COURSE

OBSTACLE	
1	STEPS
2	BIG WHEEL
3	RINGS
4	OVER UNDER THROUGH
5	GIANT STEPS
6	WHEELS
7	MONKEY BARS
8	FINISH WALL

SWIM

Indoor Swimming Pool
25m 6 Lanes
25m Warm Up Pool (Qualification Day)
Manual Time Keeping



COMPETITION TIMETABLE

LASER RUN

Outdoor Running Course:

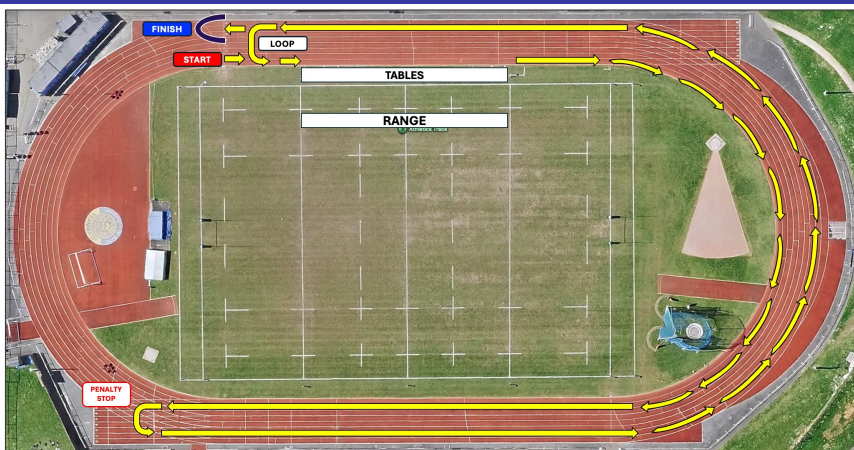
Track 600m lap.

Spikes Are Allowed

25+2 ALS Target

Manual Time Keeping

Route 



TIMETABLE

TIMETABLE (ONE DAY)					
TIME	FENCING	OCR	SWIMMING	LASER RUN	TIME
08:00					08:00
08:15					08:15
08:30	08:30 FENCING WARM UP (MENS OPEN)				08:30
08:45					08:45
09:00	09:00 FENCING RANKING ROUND (MENS)				09:00
09:15					09:15
09:30		09:30 OCR WARM UP (PARA)			09:30
09:45					09:45
10:00		10:00 OCR HEATS (PARA)			10:00
10:15					10:15
10:30		10:30 OCR WARM UP (U17s BOYS & GIRLS)			10:30
10:45		10:45 OCR HEATS (U17s BOYS)			10:45
11:00	11:00 FENCING WARM UP (WOMENS OPEN)				11:00
11:15		11:15 OCR WARM UP (U17s BOYS & GIRLS)			11:15
11:30	11:30 FENCING RANKING ROUND (WOMENS OPEN)	11:30 OCR HEATS (U17s GIRLS)			11:30
11:45					11:45
12:00		12:00 OCR WARM UP (MENS OPEN)			12:00
12:15					12:15
12:30		12:30 OCR START (MENS OPEN)			12:30
12:45					12:45
13:00			13:00 WARM UP OPENS		13:00
13:15			13:20 SWIM HEATS (PARA)	13:15 MENS WUP	13:15
13:30		13:30 OCR WARM UP (WOMENS OPEN)	13:35 SWIM HEATS (MENS)	13:30 U17B WUP	13:30
13:45		13:45 OCR START (WOMENS OPEN)	13:45 SWIM HEATS (U17B)	13:45 U17G WUP	13:45
14:00			14:00 SWIM HEATS (U17G)	14:00 BIATHLON	14:00
14:15			14:15 BIATHLON SWIM	14:15 WOMENS V	14:15
14:30	14:30 FENCING WARM UP (U17 BOYS & GIRLS)		14:30 SWIM HEATS (WOMENS)	14:30 LR WARM UP (Para)	14:30
14:45				14:45 LR (PARA)	14:45
15:00	15:00 FENCING DE (U1)	15:00 FENCING DE (U17B)		15:15 LR WUP (WOMENS)	15:00
15:15				15:30 LR (WOMENS OPEN)	15:15
15:30				15:45 BIATHLON RUN	15:30
15:45					15:45
16:00					16:00
16:15					16:15
16:30				16:30 LR WUP (U17 BOYS)	16:30
16:45				16:45 LR (U17 BOYS)	16:45
17:00				17:00 LR WUP (U17 GIRLS)	17:00
17:15				17:15 LR (U17 GIRLS)	17:15
17:30					17:30
17:45				17:45 PRESENTATIONS	17:45
18:00					18:00
18:15					18:15
18:30					18:30

COMPETITION

COMPETITION STRUCTURE

	PARA TETRATHLON	U17s PENTATHLON	BUCS U24 COMPETITION
FENCE		Direct Elimination (DE)	Ranking Round
OCR	U17s U19s Course	U17s U19s Course	U17s U19s Course
SWIM	100m	100m	100m
LR Run Sequence	3 x 300m	4 x 600m	5 x 600m
LR Total Distance	900m	2400m	3000m
LR Shoot Sequence	3 x 5 hits	4 x 5 hits	5 x 5 hits
LR Target Distance	5m	10m	10m

RESULTS

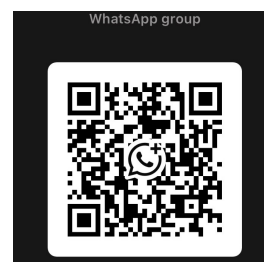
The starting lists and results for this event will be available via the WhatsApp group and weblink [here](#).

This link will also be available via scanning the QR codes to the right, and the QR codes posted around the venue on the day of competition.

Please be aware that the link will only show the results once they have been verified.

Any results query should go to the Event Director who will verify the results with the team.

After the final Laser Run events, please join us in the Fencing Salle as we will conduct the presentations for the 2026 BUCS Championships, as well as the 2026 Grand Prix.



WEBSITE



SPORT:80 

EVENT INFORMATION

DIRECTION TO THE UNIVERSITY

Click [here](#) to plot your route to the Sports Training Village.

If you are using a satnav, use 'Norwood Avenue, Bath', to get to the main entrance of the campus and visitor car parks.

You can also search for 'admiral.salads.ages' on [what3words](#).

Click [here](#) to see Bath University's advice on travelling to Bath city centre and to the University Campus.

PARKING AT THE UNIVERSITY

Parking at the University of Bath is completed via the [JustPark app](#). Please look out for the signs that will tell you the correct code to input into the app to pay for your parking.

DISABLED ACCESS

There is disabled access across the site with a lift from the reception down to the changing rooms / pool access, and again onto the indoor track. If you require this access please let a member of the PGB and / or the Sports Training Village site staff aware and they will be able to assist.

REFRESHMENTS

The Sports Café at the Sports Training Village will be open across the weekend serving a range of hot and cold drinks and food.

In addition to the Sports Cafe, there is also the Lime Tree on the University site which is open from 12 noon to 8pm on weekends. The Lime Tree can be found in The Quad, opposite the Founders Hall.

SPECTATORS

We welcome spectators throughout the day, and there will be viewing balconies in the Swimming and Laser Run.

Please note, there will be no spectator access to the OCR due to the size of the marquee and health and safety.

Our intention is to stream the OCR and show it on the Screen in the Sports Café. This will be confirmed on the day.

Viewing for Fencing may also be very limited.



EVENT INFORMATION

SAFEGUARDING

If you have any safeguarding concerns at this event please report them to our **Safeguarding and Welfare Lead** at safeguarding@pentathlongb.org, and/or the Event Director on site.

Pentathlon GB are always willing to help with any queries that you may have and can provide guidance on safeguarding good practice and procedures. You can view information on how Pentathlon GB protects it's members on our [website](#). You can also view our Safeguarding policies and any additional resources on our [policies page](#).

All those attending this event are reminded that they must abide by Pentathlon GB's [codes of conduct](#). These can be accessed on the [policies page](#) on our website, under the Memberships tab. Pentathlon GB reserve the right to request the removal of an individual from the event if they are not found to be adhering to these codes of conduct.

A copy of our safeguarding incident and concern report form can be found [here](#) if required.

PHOTOGRAPHS

Pentathlon GB are keen to promote positive images of young people participating in sport. Pentathlon GB has adopted the Child Protection in Sport Unit's advice on photography at events, www.thecpsu.org.uk/help-advice/topics/photography which forms part of its overall Child Protection Policy which can be found on the [Safeguarding page](#) of the PGB website.

Parents can take photos and videos of their own child / children. Anyone taking photos / videos must ensure they do so in the knowledge that they are for personal use only – and not for professional publication.

Pentathlon GB and our discipline directors will not accept any form of photographic or video evidence in appeals for this event.

If you do not wish to be photographed, please make a member of staff know at the information desk on your arrival.

FIRST AID

If you require first aid at this event, please make a member of PGB staff, a member of the venue staff / duty manager aware as soon as possible. Lifeguards will be on duty in the pool as provided by the venue.

CHANGING FACILITIES

Competitors / spectators will have access to changing rooms / toilets at the facility. Anyone using the changing rooms / toilets in the facility is asked to respect others using the space.

Spectators/Parents are reminded that they **should not** be entering the changing rooms. This space is for **athletes only**. If your child requires extra assistance in getting changed, you should use the disabled access changing area.

The swimming changing facilities are formed of a unisex changing village with cubicles and group changing areas.

PENTATHLON GB⁺

NATIONAL TRAINING CENTRE
SPORTS TRAINING VILLAGE
UNIVERSITY OF BATH
BA2 7AY

 ADMIN@PENTATHLONGB.ORG

WWW.PENTATHLONGB.ORG



PentathlonGB



pentathlongb

 **pentashot**

Pentathlon GB
Participation Pistol Partner

SPORTSHOTELS.COM

Pentathlon GB
Official Hotel Partner

 **Leon Paul**

Pentathlon GB
Participation Fencing Partner

PENTATHLON GB⁺



**SPORT
ENGLAND**



**UK
SPORTS
INSTITUTE**



**UNIVERSITY OF BATH
TEAMBATH™**

