

BUCS SWIMMING TEAM CHAMPIONSHIPS 2025-26

INFORMATION AND SCHEDULE

SWIMMER RESTRICTION

Note that a swimmer may compete in a maximum of three individual events. There is no restriction on relays.

ORDER OF EVENTS:

- 1) 4 x 50m Medley Relay
- 2) 4 x 1 Length Individual Medley (100IM)
- 3) 100m Freestyle
- 4) 100m Butterfly
- 5) 100m Backstroke
- 6) 100m Breaststroke

*****COMFORT BREAK - 20 Mins for Officials*****

(Both pools available for further warm up during this time)

- 7) 200m Freestyle
- 8) 50m Butterfly
- 9) 50m Backstroke
- 10) 50m Breaststroke
- 11) 50m Freestyle
- 12) 4 x 50m Freestyle Relay

WARM UP & COOL DOWN

Warm-ups in the competition pool are allocated to teams as per the schedules published. The second pool is available for warm-up and swim-down throughout the competition.

FINALS

- | | |
|-------------|--|
| 09:30-10:30 | Registration (BUCS Help Desk in Omega Suite) |
| 10:00-10:25 | Shield Warm Up in Competition Pool |
| 10:25-10:50 | Trophy Warm Up in Competition Pool |
| 11:00 | COMPETITION STARTS |
| 13:30 | ESTIMATED FINISH TIME |
| 13:45 | RESULTS & PRESENTATIONS |

WARM UP LANE ALLOCATION - FINALS

Teams should warm up in the allocated warm up for their final in the lane that their team has qualified in.

Ht/Lne	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Trophy		Southampton 2	Swansea 2	Loughborough 2	Nottingham 2	Swansea 3		
Champ	Northumbria	Swansea 1	Birmingham	Loughborough 1	Nottingham 1	Southampton 1	Stirling	Nottingham Trent

RUNNING ORDER OF RACES - FINALS

Each event will have 6 races, 3 Female and 3 Open/Male, held in the following order:

- 1) Female Trophy
- 2) Female Championship
- 3) Open Trophy
- 4) Open Championship