

Marshalling Instructions (for Time Trials)

Time Trial numbers should be collected from Regatta Marshal's Cabin – at the bottom of the road into the boating area. Numbers per institution will be in envelopes for collection from a table outside the cabin. This will be supervised.

Crews will be given boating times and must be ready to boat 30 minutes before the scheduled start time of their Time Trial. Crews should endeavour to boat in boat number order but please do not "push" in to the queue which would lead to overcrowding in the boating area.

Crews and scullers should go afloat to race using the outward rafts in the main boating area. Crews may use the Country Park raft with care: this raft is for embarkation only (not to be used for returning crews). The rafts on the southern shore of the course towards the finish tower are not for the general use of competitors and any crews using these risk incurring a penalty or, for repeated use, disqualification of their crews from the Regatta.

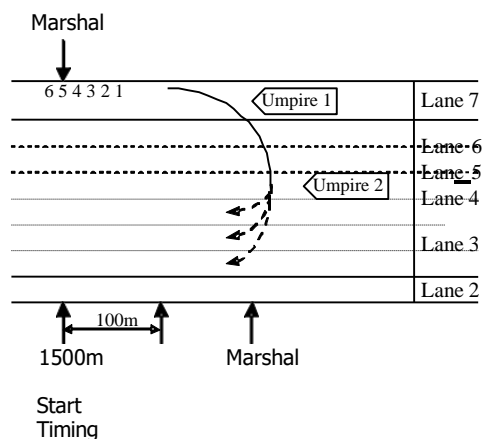
When queuing to access the boating pontoons crews will be under the supervision of land marshals. Crews must maintain distance between boats and no boats should overlap bow to stern (or vice versa)

Please put your oars and sculls by the pontoons before you bring your boat down. To ensure Covid safety only one eight or one four / quad will be permitted on each side of the outgoing pontoons (or Country Park pontoon) at any one time. Two Pairs / double sculls or two single sculls will be permitted on each side of the pontoon. Only one coach or supporter with each crew will be allowed on the pontoon with the crew and that person must remove all shoes and other kit from the pontoon as the crew moves away

Crews may be asked by Control Commission Umpires to demonstrate that their boats pass the normal safety checks – the Umpire will not touch the boat. . Any boat failing inspection will not be allowed to boat unless the problem can be fixed in a timely manner.

Crews should paddle down slowly towards the start in lane 7 only until instructed to stop and wait by the Marshal on the bank. Warming up by turning into lane 5 (nor any other lane) is **NOT** allowed during the Time Trial. Shortly before the time trial for each boat category is about to start, remove spare kit under the direction of the Start Marshal and then follow the Marshals' instructions to paddle round in a continuous semi-circle ("hard on strokeside, bowside light / easy / hold") into lanes 1 to 3 (for Beginner and Intermediate crews) and Lane 2 (and possibly 3 in addition) for Championship crews.

Lanes 0, 4, 5 & 6 are safety lanes and are not in use for racing. Lane 0 is to be used only for crews in distress. See diagram below.



After completing the turn, crews should keep paddling in their allotted lane towards the timing line.

The Starter will say 'Go' approximately 100m before the timing line and crews will be timed from the 1500m marker to the normal Finish. It is the responsibility of crews that are being caught to move across to an empty lane to allow faster crews to overtake.

Crews should be careful in the Finish area, and proceed straight to the rafts quickly and safely; crews **may not cool down** on the course after their Time Trial.

Only one eight or one four / quad will be permitted on each side of the incoming pontoons at any one time. Two Pairs / double sculls or two single sculls will be permitted on each side of the pontoon. Only one coach or supporter with each crew will be allowed on the pontoon with the crew and that person must have all shoes and other kit available for the crew to collect on the pontoon as they arrive.

Your bow number will be collected from the boat whilst on the pontoon and placed in a bucket with sanitized water. If the number has not been collected please would the coach remove it and place in the bucket

Note: If the time trial needs to be stopped, umpires in launches will wave bells, red flags and shout 'stop racing' through megaphones. The organizing committee will also raise cars to drive along the South bank hooting the car horns. All crews should stop and await instructions from the nearest race official

